

February 6, 2000
2 yr olds - Kindergarten
1st - 6th Grade



Psalms 18 & 57
PSA01

Psalms



Materials I Need:

Legend:

- 2 = Option 1, Appropriate for 2yr olds - 3 yr olds
- 4 = Option 2, Appropriate for 4yr olds - Kindergarten
-  = Option 3, Appropriate for 1st - 2nd Grade
-  = Option 4, Appropriate for 3rd - 6th Grade

Memory Work:

"When I am afraid, I will trust in You." (Psalms 56:3)

Aim Questions for 2 yr olds - Kindergarten:

1. Did King Saul try to kill David? (Yes)
2. Was David afraid of Saul? (Yes)
3. Why was Saul trying to kill David? (He was jealous of David's success)
4. What did David do when he was afraid? (David prayed and trusted God)
5. What can we do when we are afraid or people don't like us? (We can pray and trust God)

Aim Questions for 1st - 6th Grade:

1. Who was trying to kill David? (King Saul)
2. Why was Saul angry with David? (He was jealous of David's success)
3. What did David do when Saul chased Him? (David prayed and trusted God)
4. What can we do when we are afraid or people don't like us? (We can pray and trust God)
5. What kind of things did David say to God when he prayed? (Asked for help, Praised God for His power)



Hook:



Standing on the Rock (Activity). Tell the children to make believe story about 3 little lambs. The first little lamb thought he would be safe on a basket. Select one child to climb on a basket, but there was no strength in that. Select another child to climb on a box. This little lamb thought this box would be strong enough to hold him up, but it bent. Select another child to climb on a rock. This little lamb thought that this rock was solid, would never change and could certainly hold him up and he was...right! A real young man named David in our story today called our heavenly Father his rock. That means that our God is strong, could hold David up, and could keep David safe. This could be played again, but this time the little lambs (different children) could hide behind the basket which the teacher could "blow away" (with your foot), the box which could "blow away", and then the rock which the teacher could try and try and try to "blow away." The little lamb thought the rock was a safe place where no one could get him and he was...right! A real young man named

David called our heavenly Father his safe place. That means that our God is our safe place too. The children may want to take turns playing both of these games and are permitted to make lamb noises.

Hiding in a Cave (Activity). 2 Have a tent set up in the room covered with dark blankets. Have the children come inside. Have one of the workers walk around outside the tent calling out the names of the children inside. Play it a little like hide and seek asking what will happen if the person finds out where they are. Explain that in today's lesson David was in a similar situation when Saul was looking for him.

God's Lovingkindness Is Even Greater than Parents' (Discussion). 4, 🐛 As children color or work on a craft, talk to them about what their parents do for them. What do your Dad and Mom do for you? How do they show you that they love you? What does God do for you? How much more love does God have for you than your parents do? Point out that God's love is great. When things seem scary, think about God's great love.

Childhood Fears (Discussion). 4 Ask children if they have ever been afraid. What kinds of things are they afraid of? What do they do when they are afraid? Ask how powerful God is? How big is He? How loving he is? If we remember that God is great, powerful, and loving, we can trust Him to take care of us when we are afraid. Talk to children about what they should pray when they are afraid. Move to trusting in God through prayer. David is an example.

Musical Instruments (Craft). 2 See Took craft. These musical instruments would be fun for preschool children to make during your hook time. They could be used throughout the morning or in song time to praise God like David did. Collect them to use every week during singing time.



Book:

Presentation Ideas –

David Praying (Illustration). Use this picture to help illustrate this week's Bible Adventure, **PSA01.GF1.**

Saul Pursued David (Illustration). Use this picture to help illustrate this week's Bible Adventure, **PSA01.GF2.**

David Talks with Saul (Illustration). Use this picture to help illustrate this week's Bible Adventure, **PSA01.GF3.**

Bible Adventure –

2's and 3's

Have you ever been afraid? You wanted mommy or daddy to come and help you. Maybe it was when other children were mean to you. Maybe someone you loved was very sick. Maybe you were lost in a store and couldn't find your parents. Maybe you had a bad dream. Whatever the case, where do you turn when you are afraid? In the Old Testament we learn of a man named David who was afraid. We can learn what to do when we are afraid by looking at him. David turned to God for help when he was afraid.

David was just a boy when his father sent him to the battlefield to see how his older brothers were doing against the Philistine Army. The Philistine giant, Goliath, was making fun of Israel and God. David grew angry because no one was standing for the Lord against Goliath. David fought

Goliath and defeated him with a small rock and a sling. King Saul was impressed with this young boy and put him in charge of a part of the Israelite army.

Everyone heard about what David did. The people made up songs to celebrate and the women sang, "Saul killed his thousands and David his ten thousands." Everywhere David and Saul traveled together, Saul heard this song and became jealous of David. Saul wanted to kill David. One day, Saul got so mad that Saul threw a spear at him. David ran away and hid. He had to hide for many years. Sometimes David was afraid that Saul would catch him.

David did what we should do when we are afraid. He prayed. David praised God for being powerful, and asked God to help him.

In Psalm 18, David said, "I thought I was going to die" (Psalm 18:4,5). But "I cried to my God for help," and "He heard my voice" (Psalm 18:6). David had knew that he was supposed to pray for help. He trusted that God would hear and answer Him. Children, God will hear and answer you too. In verses 16-19, David said "He reached down and helped me"

In Psalm chapter 57, after he asked for help, he praised God for his power. "I will praise you, O Lord, among the peoples. For great is Your love, reaching to the skies. Be exalted, O God above the heavens; let your glory be over all the earth" (Psalm 57:7-11).

David knew he had done nothing wrong to make Saul's angry. David praised God for his mercy and wanted the whole world to know about God's great glory.

When David was chased by Saul he got very scared, but in the end he always turned to God for help and comfort. David always came to God and prayed.

David remembered that God was great and could help him.

Prayer: Thank you Lord that you are powerful and can answer our prayers when we are afraid.

4's and 5's

Have you ever been afraid? Have you ever felt unsafe? You wanted somebody-anybody-to come and help you. Maybe it was when other children were mean to you or you heard that someone you loved was very sick. Maybe you were lost in a store and couldn't find your parents. Maybe you had a bad dream. Whatever the case, where do you turn in times like these? In the Old Testament we learn of a man named David who faced many frightening situations. By seeing how he responded, we can see that he turned to God for help because he knew that God is all-powerful, just, and loving.

David was just a teenager when his father sent him to the battlefield to see how his older brothers were doing against the Philistine army. The Philistine giant, Goliath, was making fun of Israel and God. David grew angry because no one was standing for the Lord against Goliath. David fought Goliath and defeated him with a small rock and a sling. King Saul was impressed with this young boy and made him commander of a portion of the Israelite army.

Everyone heard about what David did. The people made up songs to celebrate and the women sang, "Saul killed his thousands and David his ten thousands." Everywhere David and Saul traveled together, Saul heard this song and became jealous of David. David was a skilled musician and would often play his harp to calm Saul down, but his jealousy grew and grew. Saul wanted to kill David. He sent him into a battle he couldn't win, but God helped David win. The people of Israel liked David more and more.

One day, Saul got so mad that Saul threw a spear at David. David fled the palace and went into hiding. He had to stay that way for many years. David was an excellent commander and many

soldiers followed him. He had over 600 men on his side but David could never rest without the fear of being captured by Saul and his army. In addition to escaping Saul, David fought the Philistines according to God's command. Saul was not grateful and at one point, he had 3,000 men chasing David around the wilderness. David often had to sleep in caves but he continued to conquer small bands of the Philistines.

In Psalm 18, David said, "I thought I was going to die" (Psalm 18:4,5). But, in my distress I called to the Lord; I cried to my God for help. From His temple He heard my voice" (Psalm 18:6). David knew that he was supposed to pray for help. He trusted that God would hear and answer Him. Children God will hear and answer you, too. In verses 16-19, David said "He reached down and rescued me from my powerful enemy." In Psalm chapter 57, after he asked for help, he praised God for His power. "I will praise you, O Lord, among the peoples. For great is Your love, reaching to the skies. Be exalted, O God, above the heavens; let your glory be over all the earth" (Psalm 57:7-11).

David knew he had done nothing wrong to make Saul angry. David praised God for His mercy and wanted the whole world to know about God's great glory.

When David was chased by Saul, he got very scared, but in the end, he always turned to God for help and comfort. David always came to God and prayed.

David remembered that God was great and could help him.

Prayer: Thank you, Lord, that you are powerful and can answer our prayers when we are afraid.

1st - 6th

Have you ever been in a situation that was so frightening that you longed for safety, comfort and escape? You wanted somebody—anybody—to come and help you. Perhaps it was when other children were cruel at school or you heard news of a serious illness of someone you love. Maybe you were lost in an unfamiliar place and couldn't find your parents. Whatever the case, where do you turn in times like these? In the Old Testament we learn of a man named David who faced many frightening situations. By studying his life and writings, we can see that he turned to God for help because he knew that God is all-powerful, just, loving and faithful.

When David was a young shepherd boy, he was chosen by God to be the next king of Israel. King Saul was still on the throne but one day David would replace him. It was God's plan to have David and his descendents rule the country of Israel. God promised him that his kingdom would last forever. Eventually, Jesus, a descendent of David, would rule the earth as king. David was just a teenager when his father sent him to the battlefield to see how his older brothers were doing against the Philistine army. The Philistine giant, Goliath, was taunting the Israelite army and David grew angry because no one was standing for the Lord against him. David fought Goliath and defeated him with a small rock and a sling. King Saul was impressed with this young boy and made him commander of a portion of the Israelite army.

The news of David's victory spread quickly throughout Israel. The people made up songs to celebrate and the women sang, "Saul killed his thousands and David his ten thousands." Everywhere David and Saul traveled together, Saul heard this song and his admiration of David turned into a seething jealousy which led to terrible, dark moods. David was a skilled musician and would often play his harp to soothe Saul but his jealousy grew and grew. Saul secretly plotted ways in which to kill David. He sent him into battle against overwhelming odds but God gave him victory instead of death. David's victories gave him increasing popularity with the Israelite people.

One day, Saul's jealousy grew completely out of control. David was playing his harp for Saul when Saul hurled a spear at him. David fled the palace and went into hiding and had to stay that way for many years. David was an excellent commander and many soldiers followed him. He

had over 600 men on his side but David could never rest without the fear of being captured by Saul and his army. In addition to escaping Saul, David fought the Philistines according to God's command. Saul was not grateful and at one point he had 3,000 of his men chasing David around the wilderness. David often had to sleep in caves but he continued to conquer small bands of the Philistines.

During this time, David struggled greatly with fear but in the end he always turned to God for help and comfort. David never strayed long from focusing on the greatness of God and returned to Him in times of trouble. In the book of Psalms, many of David's cries to God are recorded. Also written are David's praises to God for His greatness and His answer to prayer.

In Psalm chapter 18, David described the times when Saul and other enemies surrounded him. He cried, "the cords of death entangled me; the torrents of destruction overwhelmed me. The cords of the grave coiled around me; the snares of death confronted me" (Psalm 18:4,5). But David did not stop there. He went right on to declare, "In my distress I called to the Lord; I cried to my God for help. From His temple He heard my voice; my cry came before Him into His ears." (Psalm 18:6) David had confidence that God desired him to pour out his heart in prayer. He knew God was completely trustworthy and would hear and answer Him. In verses 16-19, David beautifully records God's answer to his cries of distress. "He reached down from on high and took hold of me; He drew me out of deep waters. He rescued me from my powerful enemy, from my foes who were too strong for me. They confronted me in the day of my disaster, but the Lord was my support, He brought me into a spacious place; He rescued me because He delighted in me."

Psalm chapter 57 was written while David was hiding from Saul in a cave in the middle of a wilderness. It starts out with a cry of distress. "Have mercy, O God, have mercy on me, for in you my soul takes refuge. I will take refuge in the shadow of your wings until the disaster has passed." After David reminded himself that God had promised to save him from his enemies and make him king over Israel, he was able to boldly declare, "My heart is steadfast, O God, my heart is steadfast; I will sing and make music. Awake, my soul! Awake, harp and lyre! I will awaken the dawn. I will praise you, O Lord, among the peoples. For great is Your love, reaching to the skies. Be exalted, O God above the heavens; let your glory be over all the earth" (Psalm 57:7-11). David knew he had done nothing wrong to provoke Saul's hatred of him. He had confidence that God would protect him and punish his enemies. David praised God for his loving kindness and wanted the whole world to know about God's great glory.

In the book of Psalms, there is a wealth of things we can learn about how God wants us to respond when difficult and frightening situations occur in our lives. From David's example, we know we can come to God in prayer and tell Him everything. Many of David's prayers started with David crying out to God and telling Him how awful he felt. But then David remembered how God had taken care of him in the past and he trusted God for the future. He would list all the wonderful things that are true about God—His love, awesome power, control of all things, holiness and justice to name only a few. Let's be like David next time we are troubled and frightened. God is a powerful and loving Father who takes perfect care of His children!



Trust God vs. Peer Pressure (Discussion). 🐍, 🦋 Doing what is right can be hard.

Discuss with students what David did when he was being chased by Saul and other enemies. Look through Psalm 57 and find out why David could trust God when his enemies seemed too strong.

- Power to Answer Prayers (Discussion/Activity).** When David's enemies were against him and he was afraid, he prayed. Read Psalm 18:7-15 and find the power of God to answer prayer. Find a children's version or describe it for their level. For small children, make hand motions for the different verses that show God's great power in helping David. God is powerful and can answer a child's prayer, too.

- God's Attributes out of Psalms (Wall Hanging).** 4, 🐛, 🦋 Hang a large piece of butcher paper from the ceiling to the floor. As we study through the Psalms, write attributes of God in large letters. Next to each attribute, make a symbol, picture, or cut out a picture from a magazine that represents the attribute and a verse. Review the attributes each week and keep adding new ones. For young children, put the symbol, or picture, first and the words second and smaller than the picture.

- ABC's of God's Attributes (Discussion).** In a circle have the children take turns going from A to Z with God's attributes. If a child gets stuck have another student help or give them help yourself.

- Psalm 57 Challenge (Worksheet).** 🦋 Can you find in Psalm 57 the things listed below. Be sure to have the student put the verse numbers next to their answers. Go over the paper and discuss what God did for David and what He can do for us. Make the application personal, **PSA01.GF4**.

- When I Am Afraid (Song).** 2, 4
When I am afraid, I will trust in You; I will trust in You; I will trust in You.
When I am afraid, I will trust in You; I will trust in You; I will trust in You.

- Memory Verse Song (Song).** 2, 4 (Tune: "Row, Row, Row Your Boat")
When I am afraid, I will trust in you.
I will ask for help each day.
Your promises are true.

- Trust and Obey (Song).** 2, 4 Sing this song as the children use their **PRV01.GF4** shields and swords.

- My God is So Great (Song).** 2, 4
My God is so great, so strong, and so mighty
There's nothing my God cannot do.
(Repeat.)

- See David in a cave (Finger Play Activity).** 2

See David hiding in a cave (Hold one finger under a cupped hand pointing down)
He prayed to God (Put two palms together)
That made David Brave (Hold one finger straight and tall next to the hand that is cupped and pointing down)
David knew that God was strong (Hold hands and arms up like flexing biceps)
Even when Saul was angry. (Hold one finger up on each hand and have the left wag at the right)
God's help wouldn't be long (Hold the left hand high and bring it down and under the right hand that has one finger up)



Took:

David Was a Mighty Man (Craft). 4, 🐛, 🦋 David was a mighty man of war. He was a powerful warrior in battle against his enemies. His weapons included not only a sword and a shield, but His trust in God and the promises of His word to gain victory. This craft includes a shield and a sword. Early Childhood should only make the shield and not the sword, **PSA01.GF5**.

Musical Instruments (Craft). 2, 4 Musical instruments were used to accompany the singing of many Psalms. Make your own instruments to sing some of the praise Psalms. Read Psalms 150 and note all the musical instruments mentioned. These instruments would be fun for preschool children to make during the Hook time. They could be used throughout the morning as the children praise God like David did.

Paper plate tambourine: Decorate two paper plates on the backsides. Put small beans, peas, or popcorn in one; put the other on top with the right sides together. Glue or staple the edges together. Add streamers and shake. Have fun.

Paper cup shakers: Use two paper, foam or plastic cups, and add a small amount of peas, beans, or popcorn. Tape them together and shake. You may decorate with paper tassels on the ends; add stickers.

Tube kazoo: Use cardboard tubes. Put wax paper over one end and fasten with a rubber band. These should be decorated, too. If you want to, card stock or cardboard rolled into a tube will work. **Variation:** To make a flute, punch four holes in a line on top for fingers.

Box fiddle: Any small box (mac & cheese, cereal, shoe, tissue) will work. Cut an oval hole on what will be the top. Tape the open end(s) shut, then use rubber bands to make the strings. Different thicknesses will produce different sounds. Pluck or strum to make music. Decorate as desired.

David Paper Doll (Craft). 4, 🐛 Use the David doll to tell the life story of David as he was a shepherd, singer, warrior, and king. The doll and clothes may be enlarged on a copier to be used for a visual during the Bible narrative, **PSA01.GF6**.

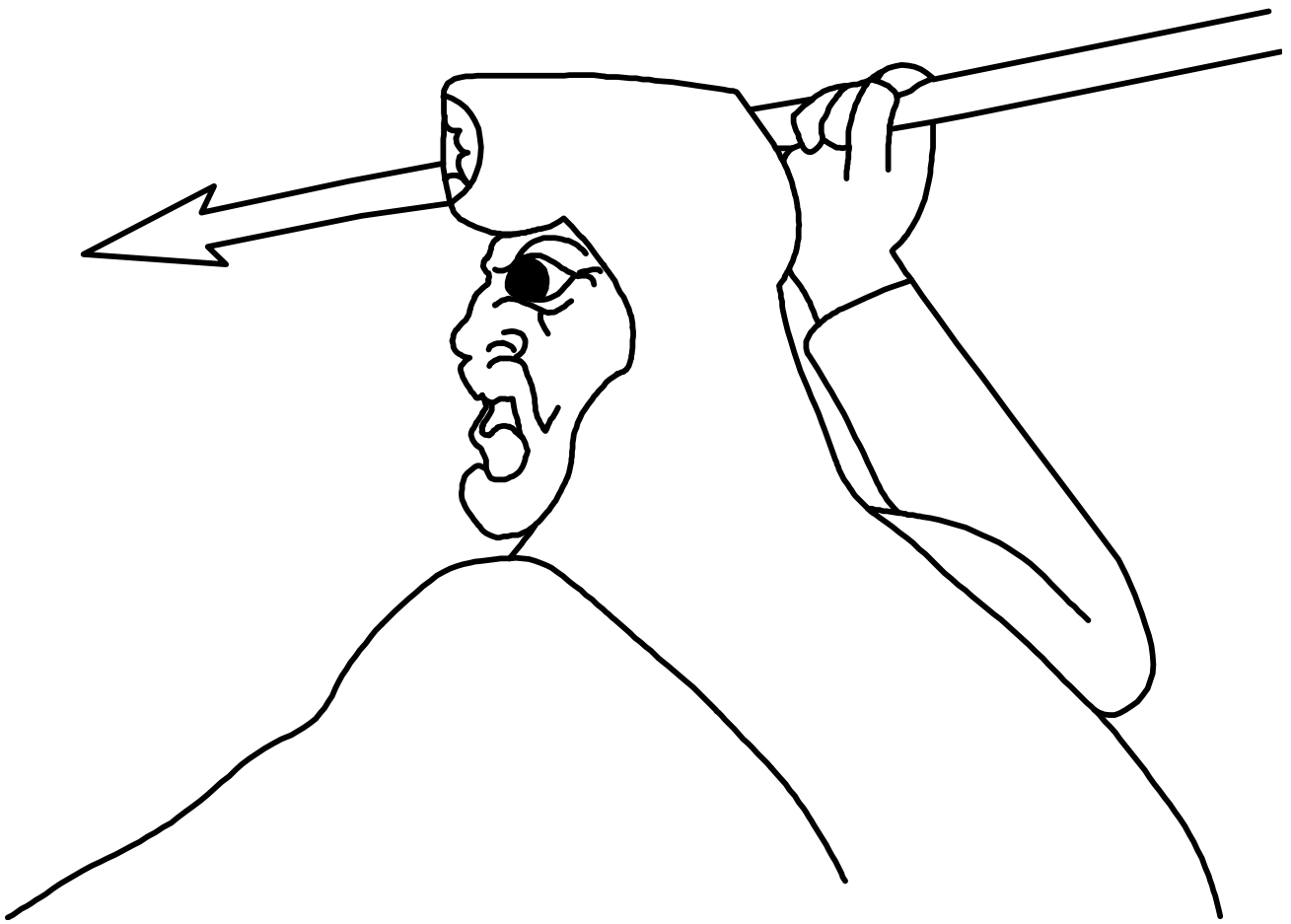
Memory Verse Review Puzzle (Craft). 🦋 Read Psalms 56:11, solve the memory verse puzzle to find out what today's memory verse is, **PSA01.GF7**.

A-Z Attributes of God (Worksheet). 🦋 Read the A-Z column in **PSA01.GF8** that lists some of God's Attributes. What a great God we have! He reveals His character to us through His Word. He loves us and wants us to know Him! Now read the 23rd Psalm one verse at a time. How many attributes from the A-Z list can you find in each verse? Write the number of the verse on the line next to each attribute shown in that verse.

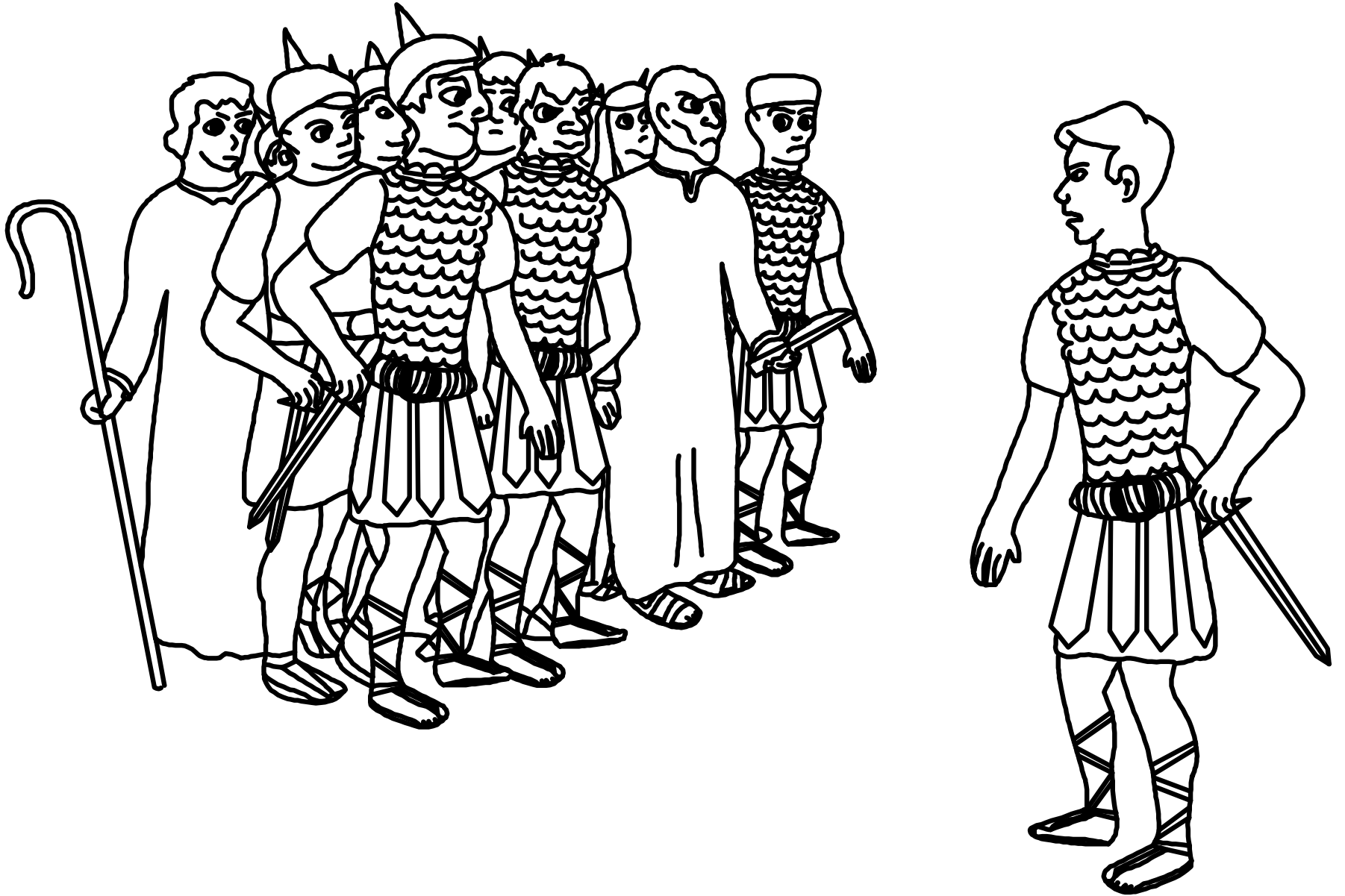
David Praying



Saul Pursued David



David Talks With Saul



PSALM 57 CHALLENGE

Can you find in Psalm 57 the things listed below.

Be sure to put the verse numbers next to your answers

The things God has done.

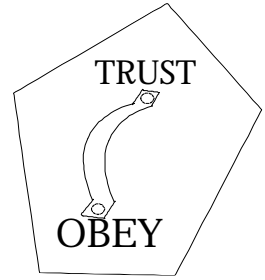
The things David did

Things the Enemy tries to do?

David Was a Mighty Man

Directions

Print the shield front and back on white cardstock. Cut out the shield before class using a paper cutter. Be sure to cut off the bottom strip first to make the shield handle. The child can decorate the shield with color, paint, or glitter glue. Poke a hole with a pencil or pen through the circles. Put small brads through to attach the handle. The handle goes on the TRUST and OBEY side.



GOD'S



PROMISES

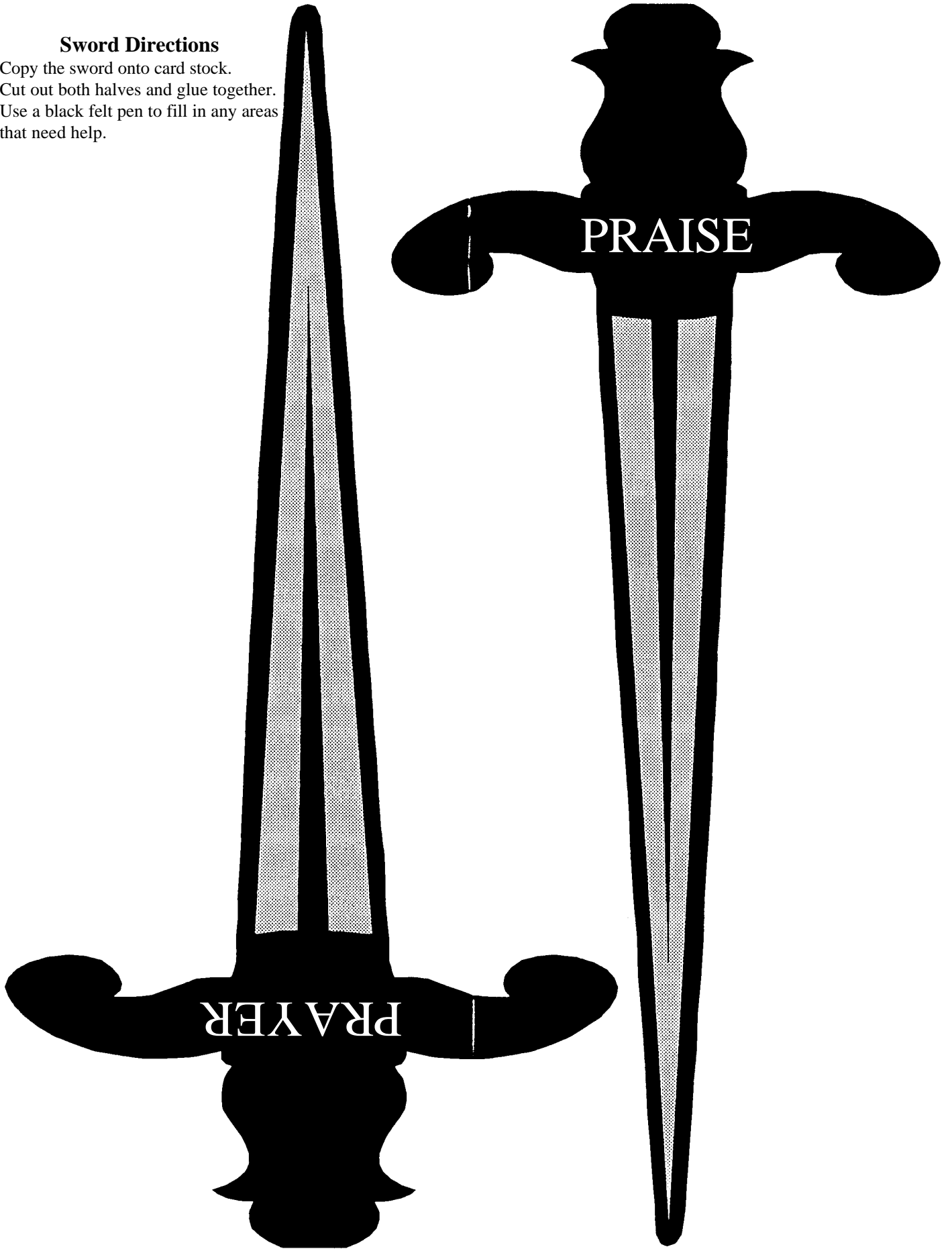


TRUST

OBEY

Sword Directions

Copy the sword onto card stock.
Cut out both halves and glue together.
Use a black felt pen to fill in any areas
that need help.



MEMORY VERSE REVIEW

PSALM 56:11

START AT THE CROSS AND GOING CLOCKWISE TAKE THE NEXT LETTER AND PUT IT IN THE SPACE BELOW. CROSS IT OFF, SKIP A LETTER, TAKE THE NEXT LETTER PUT IT IN THE SPACE BELOW, AND SO ON ALL THE WAY AROUND THE PENNEY TWICE TO FIND OUT WHAT THE MEMORY VERSE IS.



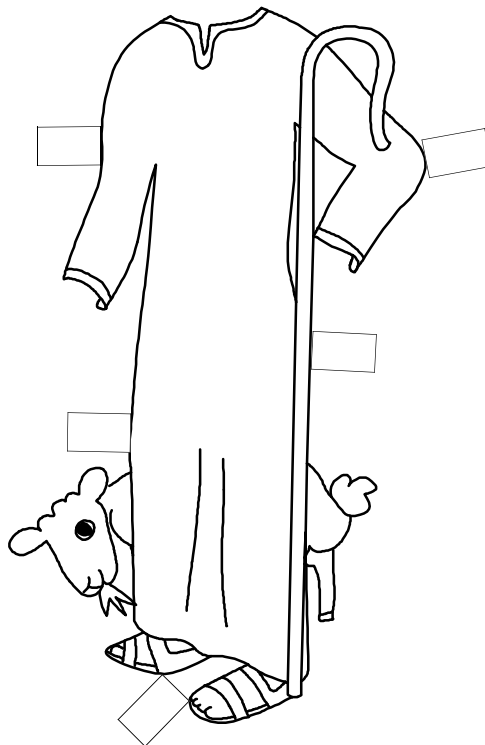
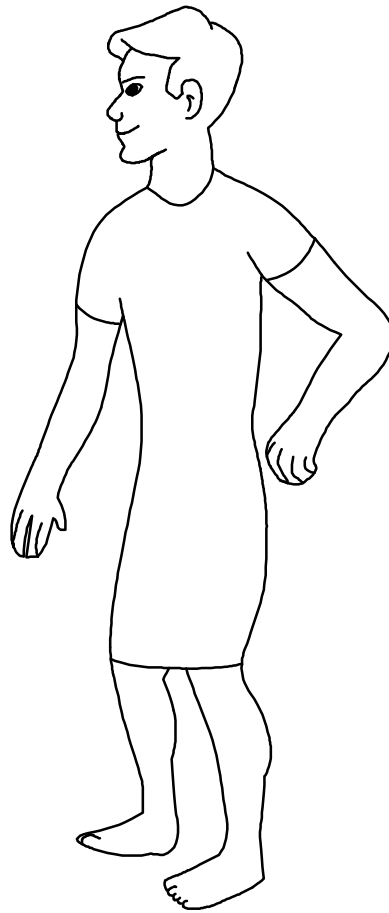
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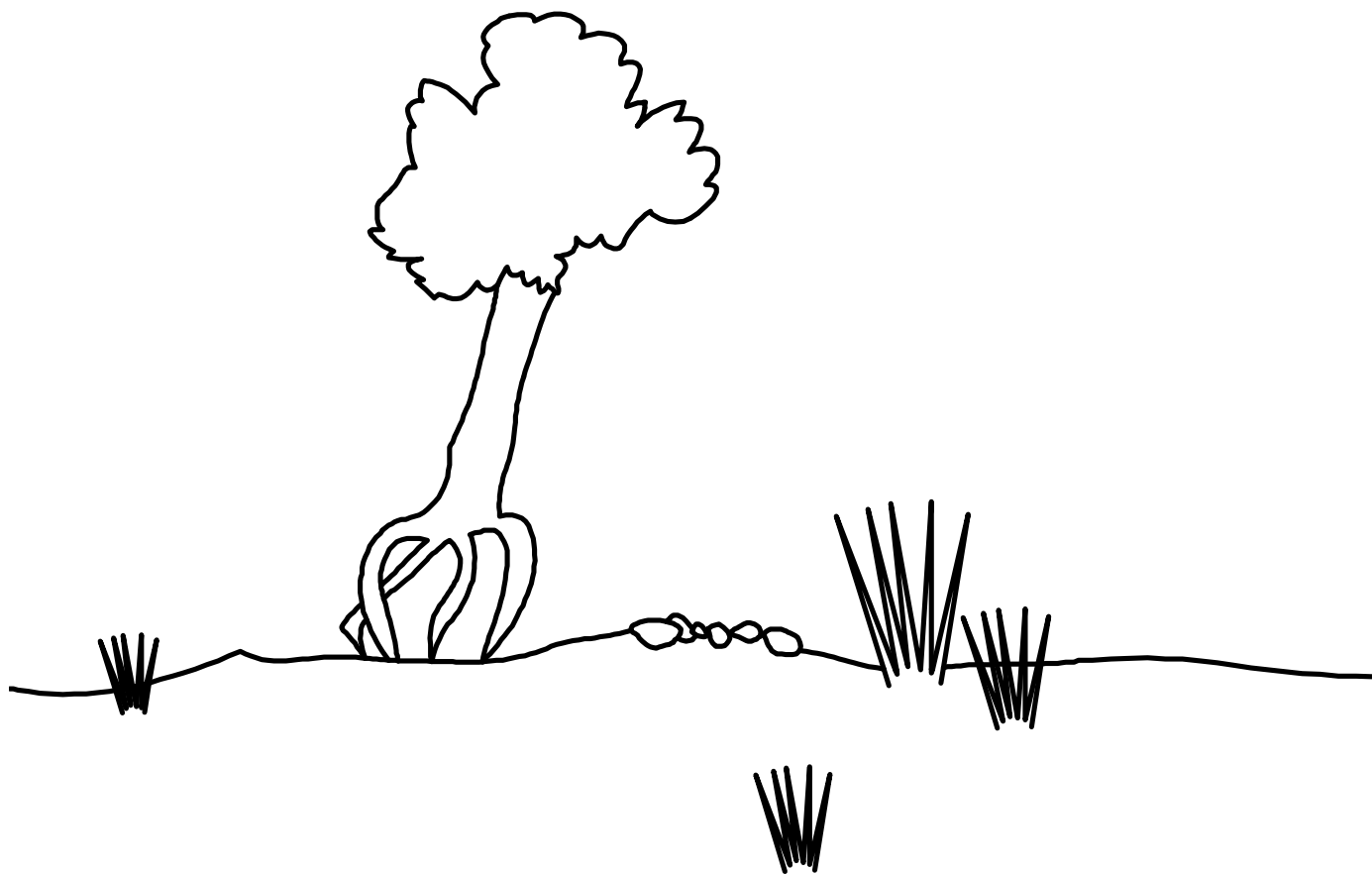
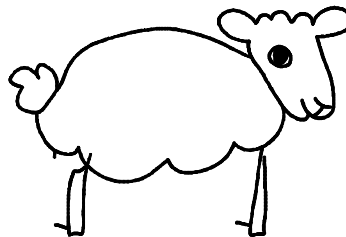
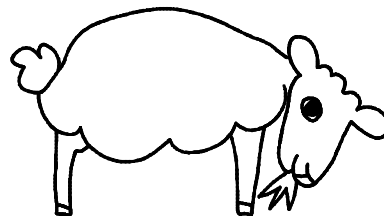
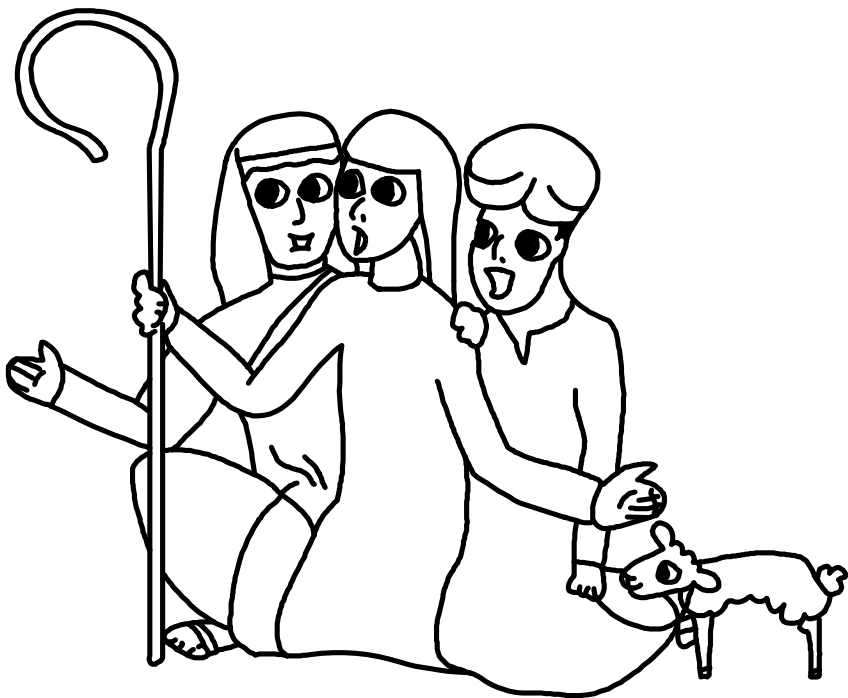
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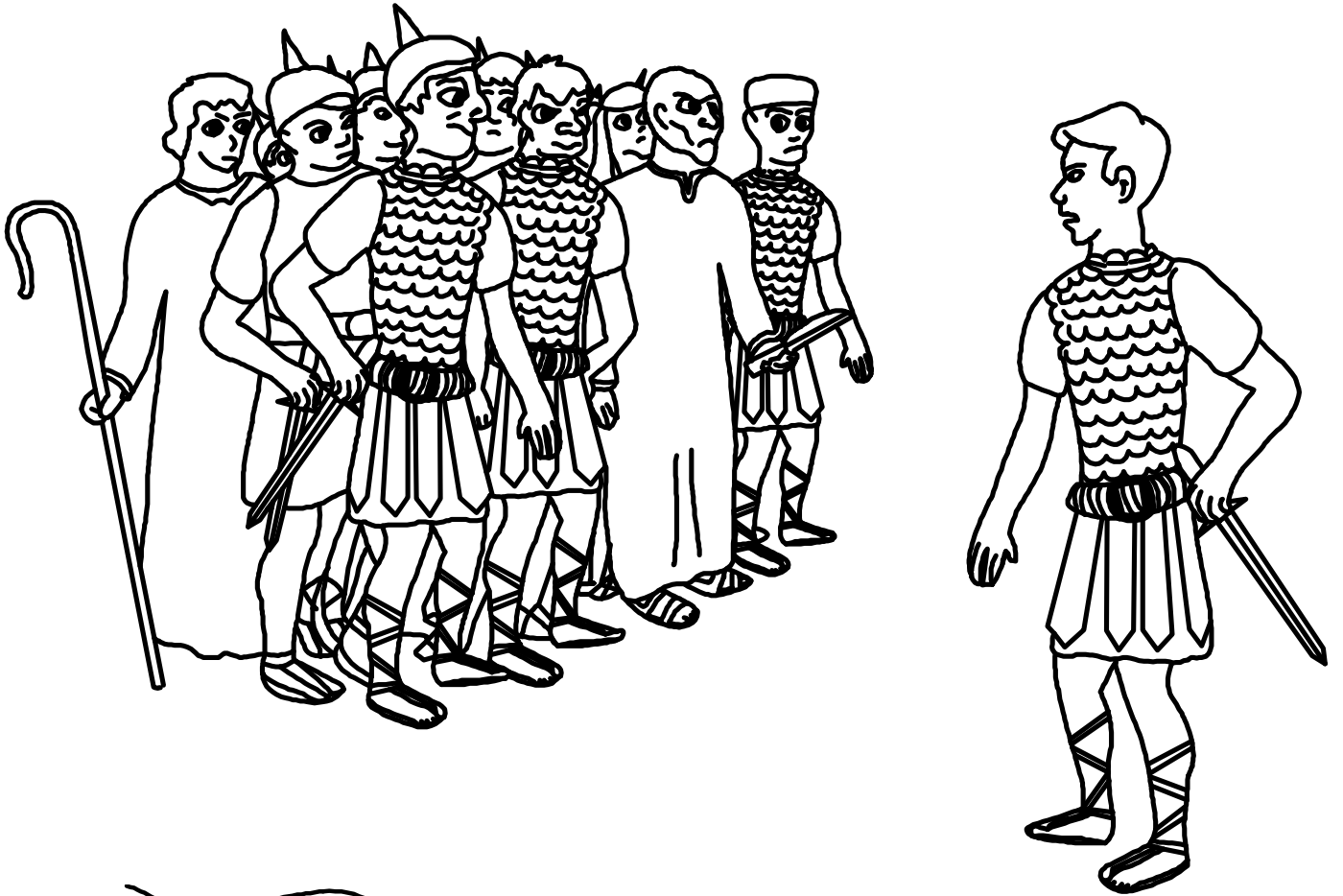
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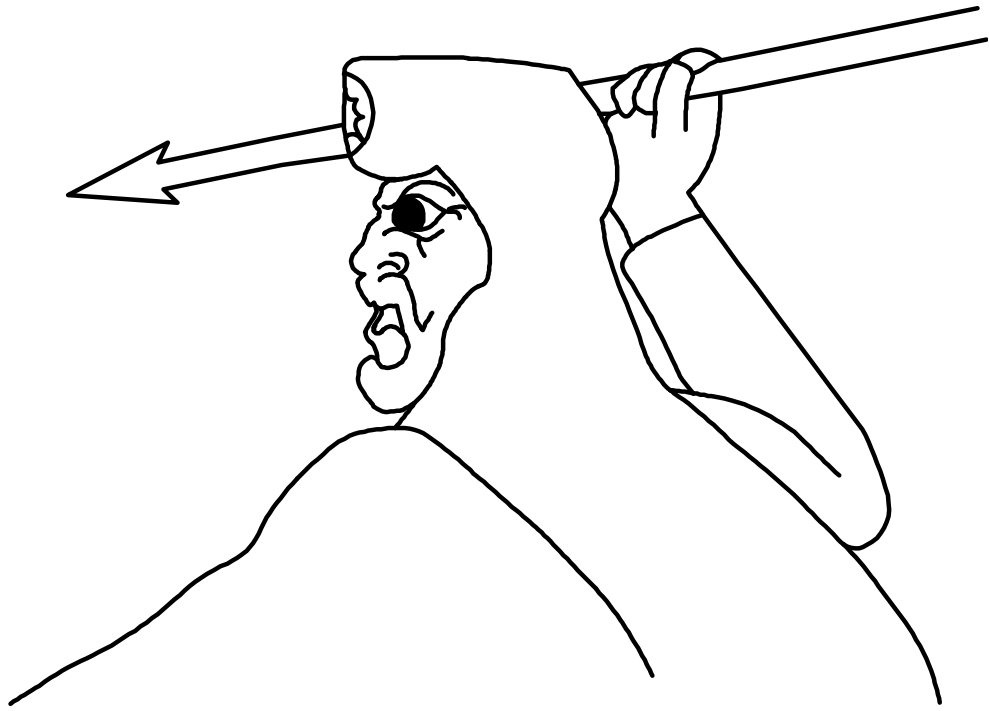
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David Paper Dolls









A - Z Attributes of God

Read the A - z column below that lists some of God's Attributes. What a Great God we have! He reveals His character to us through His Word. he loves us and wants us to know Him! Now Read the 23rd Psalm one verse at a time. How many attributes from the A-z list can you find in each verse? Write the verse # on the line next to each attribute shown in that verse.

| | |
|------------------|-------|
| Almighty | ----- |
| Believable | ----- |
| Comfort | ----- |
| Defender | ----- |
| Eternal | ----- |
| Goodness | ----- |
| Holy | ----- |
| Instructor | ----- |
| Just | ----- |
| King of Kings | ----- |
| Love | ----- |
| Merciful | ----- |
| Nourisher | ----- |
| Only True God | ----- |
| Provider | ----- |
| ConQuerer | ----- |
| Righteous | ----- |
| Saviour | ----- |
| Truth | ----- |
| Unchanging | ----- |
| Victory | ----- |
| Wisdom | ----- |
| EXalted | ----- |
| Worthy of Praise | ----- |
| Zealous | ----- |