

Materials I Need:

Key for symbols:

- This symbol represents ideas that can be used for two-year-olds through kindergarten. Please remember to slow way down for two-year-olds and keep the pace moving for five-year-olds.
- ② This symbol represents ideas that can be used for two- and three-year-olds.
- ④ This symbol represents ideas that are best used for four-year-olds through kindergarten.

Memory Verse for 2s and 3s:

Hebrews 4:15: We have (a high priest) who...was without sin.

Memory Verse for 4s and 5s:

Hebrews 4:15: We have (a high priest) who has been tempted in every way, just as we are—yet was without sin.

Hook:

- Teacher Tip:** Some teaching times may not go as smoothly as you envisioned while preparing the lesson. The Holy Spirit is at work any time His Word is given out, and we can learn to be at peace with that knowledge. "As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, so is My word that goes out from My mouth. It will not return to Me empty, but will accomplish what I desire and achieve the purpose for which I sent it." (Isaiah 55:10-11)
- Teacher Tip #2:** Substitute the word "obedience" for the word "righteousness" for the young children. Abraham's faith was the kind that brought righteousness and obedience (see Hebrews 5:13-14 and 6:12).
- What Is a Descendant?** Bring in a family photo album or family books from the library. Talk about a family tree, grandparents, great-grandparents and ancestors. Tell something about the time in which they lived. "In today's Bible Adventure, we will learn that God promised to bless Abraham's descendants because of Abraham's true faith. Abraham had children who grew up and had children until there were many descendants with Abraham as their great-grandfather."
- Baby Isaac Center:** Provide dolls, clothes, blankets, bottles, etc., for the children to play with and pretend to be parents. "Today's Bible Adventure reminds us that father Abraham waited patiently for 25 years before his promised son was born. He was so happy to be a father in his old age. His son, Isaac, grew up and had children so Abraham became a grandfather. Do you have a grandfather? What do you like to do with your grandfather?"
- "Count to 25 with Me!"** Set out three tubs with little toys (cars, farm animals, soldiers, chips, beans, etc.). One tub should contain 25 items, and the other two tubs should contain less. Let a child choose a tub of toys to count. After he gives you a number, allow him to play with the toys for a while and then count them again to put them away. "We are looking for the tub with 25 items in it. Abraham had to wait 25 years for a son that God had promised him. It was a long time to wait, but his faith in God's promises helped him to obey." Decide how many items are in each tub and make sure they get back into the right tub for the next group to count.

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- Bette Lukens Flannel Board Activity:** Choose numerous characters to represent Abraham and Sarah, Isaac and Rebekah, Jacob and his sons and their children. Show how the family grew with children who were born through a family tree design on the flannel board. "In today's Bible Adventure, we'll learn that Abraham is the father of many Hebrew people."
 - Abraham's Descendants Are as Numerous as the Stars: (HEB04ECGF1)** Using the GF1 picture, color Abraham. Carefully cut along the line representing the horizon. Glue the Abraham picture to the bottom half of black construction paper. Glue stars or put stickers on the upper section of the construction paper. (Younger children can color the GF1 page and stick stars in the sky.) "Today's Bible Adventure tells us that Abraham was given a wonderful promise from God. He was told he would have many descendants, as many as there were stars in the sky. Abraham believed God."
 - Star Gazing Activity:** Tack stars with different attributes (big, small, yellow, red, missing a point, half a star, two stars that are the same, etc.) on a chalkboard or the wall. Make a "telescope" using a paper towel roll. Have the children look through the "telescope" to locate a particular star that the teacher suggests. "In today's Bible Adventure, Abraham believes God's promise of being the father of the people of faith. Abraham's descendants would be as many as there were stars in the sky. Not all of our stars are the same, just as people are not the same. Can you find the star with only four points? The yellow star?"
 - "Look to the Sky" Center:** Provide illustrations, pictures, or books depicting the different constellations found in the sky. Using a star-shaped sponge or cookie cutter, have the children sponge-paint along lines of drawn shapes or objects to make their own "constellations." If possible, attach constellations to the ceiling so children can lie on the floor like Abraham and look at the "sky" and the "stars." Smaller star stickers could also be used on smaller lines of "constellations" and when finished, tacked to the bottom of a table which the children could lie down under to view the "sky."



Book:

Presentation Ideas

- Color the **HEB04ECGF1**, **HEB04ECGF2**, and **HEB04ECGF3** pictures and glue them onto colored construction paper. Show these pictures as you tell the Bible Adventure. Save the pictures for review in future Hebrews lessons.
- "Superiority of Christ" Review Mobile: (HEB02ECGF12 and HEB02ECGF14)** Hang this week's picture (#4 of the GF12 page) by yarn or string (different length) below the GF14 picture of Jesus. Review the first three lessons (Jesus is superior to angels, Moses, and Aaron the high priest) and then add this week's picture as you remind the children that Abraham trusted in God's promises and obeyed. Display this mobile in such a way that you can use it for review throughout the morning.
- Stars in the Dark:** Just before the Bible Adventure, turn off the lights to show glow-in-the-dark stars on the walls and ceiling of the classroom. Ask the children who they think had descendants as numerous as the stars in the sky? (Abraham) How many stars do they count? (Hopefully, too many to count)
- Family Descendants:** Invite a great-grandparent to visit the classroom with family pictures. Have them show pictures of their children, grandchildren and great-grandchildren. Request they use the term "descendants" as they talk about their family.
- "Grandma's Glasses" Finger Play:**

Here are Grandma's glasses.	<i>(Fingers around eyes)</i>
Here is Grandma's hat.	<i>(Hands on head)</i>
This is the way she fold her hands	<i>(Fold hands)</i>
And lays them in her lap.	<i>(Folded hands in lap)</i>
Here are Grandpa's glasses.	<i>(Larger glasses)</i>
Here is Grandpa's hat.	<i>(Larger hat)</i>
This is the way he folds his arms,	<i>(Fold arms across chest)</i>
Just like that.	<i>(With emphasis)</i>

Bible Adventure for 2s & 3s

(Show the review *HEB01ECGF5* picture or refer to the "Superiority of Christ" Review Mobile.) In the book of Hebrews we have learned that Jesus is superior to angels because He is God the Son. Angels worship Jesus.

Jesus is superior to Moses and all the Old Testament prophets. The prophets worshiped Jesus.

Jesus is superior to Aaron and all the Old Testament high priests. The high priests worshiped God using the blood of animals, but Jesus died once on the cross for all our sin. He came back to life and lives in heaven.

(Show the *HEB04ECGF1* picture.) Abraham was the first Hebrew in the Old Testament and became the father and grandfather of all the Hebrew people. God promised Abraham that he would have many descendants in his family. Abraham's descendants included his children and his grandchildren and his great-grandchildren, all the children born into his family. God said to Abraham, "I will bless you and give you as many descendants as there are stars in the sky." There are millions of stars in the sky, so Abraham knew that God was promising him a very big family!

And Abraham believed God's promise. But many years went by, and Abraham and his wife Sarah were getting older and still had no children. They wondered how they would have many descendants when they did not even have one child! Yet Abraham had faith that God would keep His promise. God never tells a lie. God always does what He promises.

(Show the *HEB04ECGF2* picture.) For 25 years Abraham patiently waited for God to keep His promise to give him a son. Finally, Isaac was born when Abraham was 100 years old! The book of Hebrews tells us that Abraham had faith in God's promise and that faith is what helped him obey God.

(Show the *HEB04ECGF3* picture.) The book of Hebrews tells us to learn all we can from God in the Bible. We are to believe in God's promises and patiently wait for Him to do what He has promised. True faith in Jesus will help us to obey with a good attitude. We will learn patience when we don't get what we want. We will learn to be kind to the people in our families and in our neighborhoods. If we have faith like Abraham, we will learn to have thankful hearts every day.

(Show the review *HEB03ECGF4* picture.) God always keeps His promise to help us obey when we believe in Him. Jesus is our High Priest in heaven. He has all the power of God, and He helps us when we patiently wait for Him to do what is best.

Prayer: Dear God, thank You for Jesus who is superior to everyone. Help me to have a faith like Abraham so I can learn to obey You. In Jesus' name I pray, amen.

Bible Adventure for 4s, 5s & K

(Show the review *HEB01ECGF5* picture or refer to the "Superiority of Christ" Review Mobile.) In the book of Hebrews we have learned that Jesus is superior to angels because He is God the Son. Angels worship Jesus because He is superior to them.

(Show the review *HEB02ECGF2* picture.) We learned that Jesus is superior to Moses and all of the Old Testament prophets, even though Moses was a very good leader who spoke God's words to the Hebrew people. God did miracles through Moses as He led His people across the Red Sea and through the wilderness, but Jesus is superior to Moses.

(Show the review *HEB03ECGF3* picture.) Last week we learned that Jesus is superior to Aaron and all the Old Testament high priests—the men chosen by God to take the blood of an animal into the Holy of Holies to receive God's forgiveness for the sins of all the people. Jesus is superior to every high priest because He gave His own life blood on the cross to take the punishment you and I should have for our sins. Then Jesus proved He is the Son of God by coming back to life. Now He is alive in heaven and will never die again. Jesus keeps His promise to take us to live with Him when we come to Him by faith.

(Show the *HEB04ECGF1* picture.) Abraham was the first Hebrew in the Old Testament and became the father and grandfather of all the Hebrew people. God promised Abraham that he would have many descendants in his family. Abraham's descendants included his children and his grandchildren and his great-grandchildren, all the children born into his family. God said to Abraham, "I will bless you and give you as many descendants as there are stars in the sky." There are millions of stars in the sky, so Abraham knew that God was promising him a very big family!

And Abraham believed God's promise. But many years went by, and Abraham and his wife, Sarah, were getting older and still had no children—not even one. "How would they have descendants if they did not even have one child," they wondered. Abraham had faith that God would keep His promise because God never tells a lie. God always does what He promises.

(Show the *HEB04ECGF2* picture.) For 25 years Abraham patiently waited for God to keep His promise to give him a son. Finally, Isaac was born when Abraham was 100 years old and Sarah was 90 years old. God kept His promise. Isaac and Rebekah had twin sons named Jacob and Esau. When

Jacob grew up, he had 12 sons who had many sons and grandsons and great-grandsons. God kept His promise, and there were millions of Hebrew people.

The book of Hebrews tells us that because Abraham believed God's promise, God called him righteous and helped him obey. Abraham kept on believing God's promise, and God blessed him with many children.

(Show the review HEB02ECGF3 picture.) Most of the Hebrew people that Moses led through the wilderness did not have faith in God's promise. They complained and disobeyed. They did not have faith that made them righteous. They did not obey with a good attitude. That's why they did not get to go to the Promised Land.

(Show the HEB04ECGF3 picture.) The book of Hebrews says, "Don't be like the Hebrews in the Old Testament who had no true faith in God. Learn all you can from God in the Bible. Believe in God's promises and patiently wait for Him to do what He has promised."

Having true faith in Jesus will help us to obey with a good attitude. We will learn patience when we don't get what we want right away. We will learn to be kind to the people in our families and in our neighborhoods.

If you have faith like Abraham, you won't act like the grumbling Israelites in the wilderness. You won't complain and whine and beg and pout when you don't get what you want. You will learn to have a thankful heart every day as you patiently wait for God to keep His promise.

(Show the review HEB03ECGF4 picture.) Remember that God always keeps His promise to help us obey and do the right thing when we believe in Jesus. Jesus is our High Priest in heaven. He has all the power of God, and He helps us when we come to Him and patiently wait for Him to do what is best.

Prayer: Dear God, thank You for Jesus who is superior to angels, Moses and every priest. Help me to have faith like Abraham who patiently waited for God to keep His promise of giving him a son. In Jesus name I pray, amen.

Aim Questions

Aim Questions for 2s & 3s:

1. **Who does the book of Hebrews say Jesus is superior to?** *(Angels, Moses, Aaron, everyone)*
2. **Who promised Abraham he would have as many descendants as there are stars in the sky?** *(God)*
3. **Who promises to help us obey when we believe in Him?** *(God, Jesus)*

Aim Questions for 4s & 5s:

1. **What is the name of the book of the Bible we learned from today, and what is the theme?** *(Hebrews; superiority of Christ)*
2. **What did Abraham do when God promised to give him many descendants—grandchildren and great-grandchildren?** *(Abraham believed that God would keep His promise, and he obeyed.)*
3. **What does true faith in Jesus give us?** *(Righteousness, obedience, patience, a good attitude)*
4. **Did the complaining Israelites in the wilderness have true faith that gave them patience and obedience?** *(No. They didn't go to the Promised Land.)*
5. **In the book of Hebrews, who does it say Jesus is superior to?** *(Everyone—angels, Moses, Aaron and all high priests)*



Look:

- Aim Questions:** Write the Aim Questions on large stars that are tacked to the wall before the Bible Adventure. Call for a specific color, size or number of star to be pulled down by the child and taken to the teacher to be read.
- Transition Idea:** Have the children cup their hands around one eye as though they were looking through a telescope. "While we move to another room, we'll be looking for stars."
- Snack Suggestion:** Serve star cookies or star-shaped Finger Jello.
- "Superiority of Christ" Review Mobile:** **(Last week's HEB02ECGF12 and HEB02ECGF14)** If you are making a mobile for each child, hang this week's picture (#4 of the GF12 page) by yarn or string (different length) below the GF14 picture of Jesus. Review the first three lessons (Jesus is superior to angels, Moses, and Aaron the high priest). Display each child's mobile on the wall.

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- “God Keeps His Promises” Activity Page: (HEB02ECGF2 and HEB02ECGF4)** Give each child a GF2 page and a half dozen babies from the GF4 page to glue on their GF2 page. As the children color Abraham and Sarah and glue GF4 babies around the page, talk about all the descendants God gave Abraham and Sarah. Older children can name the descendants (Reuben, Simeon, Levi, Judah, Issachar, Zebulun, Gad, Asher, Dan, Naphtali, Joseph, Benjamin). It might be fun to cut small pictures of people from magazines and let the children glue some of those pictures on their pages.
- “Abraham Believed God’s Promise” Booklet: (HEB04ECGF5 and HEB04ECGF6)** Copy a GF5 page for each child and fold it in fourths to make a booklet. Let the children glue GF6 pictures on the appropriate page of the booklet. Use small sticker stars for the children to put in the sky on page 2 of the booklet. Sing the Memory Verse Song as the children work on their booklets.
- Memory Verse Review:** "True faith in Jesus always leads us to obey. While we sing the Memory Verse, we will obey what our teacher asks us to do." Have the children sing their verse standing on one foot, hands on head, while clapping hands, etc.
- "Find the Stars" Game: (HEB04ECGF8)** Have the children move outside the classroom for a brief period of time while 25 GF8 cutout stars are hidden in the room. Tell the children that the girls are "Sarahs" and the boys are "Abrahams." They would have many descendants, as many as there are stars in the sky. They are to enter the classroom, and when they find a star, pick it up and hold it until all the stars are found. Everyone sits down and the two teams count their stars. Who found more stars? Are there 25 total? Repeat if time allows.
- "Connect the Dots” Star: (HEB04ECGF11)** Give each child a GF11 page and let them connect the dots to make a star. Talk about what is happening in the picture inside the star. Sing “Faith Is Just Believing” and teach the children that God always keeps His promises.
- "Clap Your Hands" Finger Play:**
1. Clap, clap, clap your hands
As slowly as you can.
Clap, clap, clap your hands
As quickly as you can.
 2. Shake...your hands
 3. Roll...your hands
 4. Rub...your hands
 5. Wiggle your fingers
 6. Pound your fists
- Song Activity: Father Abraham**
1. Father Abraham had many sons.
Many sons had Father Abraham.
I can be one of them and so can you,
So let's all praise the Lord.
Right arm! (*Clench fist, bend and extend arm upward repeatedly throughout song.*)
 2. Father Abraham had many sons.
Many sons had Father Abraham,
I can be one of them and so can you,
So let's all praise the Lord.
Right arm, left arm! (*Add left arm in same motion as right.*)
 3. Right arm, left arm, right foot! (*Add right foot stepping up and down.*)
 4. Right arm, left arm, right foot, left foot! (*Add left foot stepping up and down.*)
 5. Right arm, left arm, right foot, left foot, chin up! (*Add head nodding up and down.*)
 6. Right arm, left arm, right foot, left foot, chin up, turn around! (*Add turning in place while continuing other motions.*)
 7. Right arm, left arm, right foot, left foot, chin up, turn around, sit down! (*Sit down.*)

Songs:

② **Hebrews 4:15 Memory Verse Song for 2s & 3s:** (tune: "When the Saints Go Marching In")

We have a High Priest
Who was without sin.
We have a High Priest without sin.
We find it in the book of Hebrews.
Hebrews fo-our, verse fifteen.

④ **Hebrews 4:15 Memory Verse Song for 4s & 5s** (tune: "When the Saints Go Marching In")

We have a High Priest Who has been tempted
In every way, just as we are—
Yet was without sin—not o-one.
Hebrews fo-our, verse fifteen.

Verse 2
Oh, when we come to our High Priest,
Oh, when we come to Him for help,
Jesus always has the answer.
That's why He's su-per-i-or.

Faith Is Just Believing

Faith is just believing
What God says, He will do.
He will never leave you.
His promises are true.

Superiority (tune: "Bringing in the Sheaves" chorus)

Super-i-or-i-ty
Super-i-or-i-ty
Jesus is the best! He has
Super-i-or-i-ty.

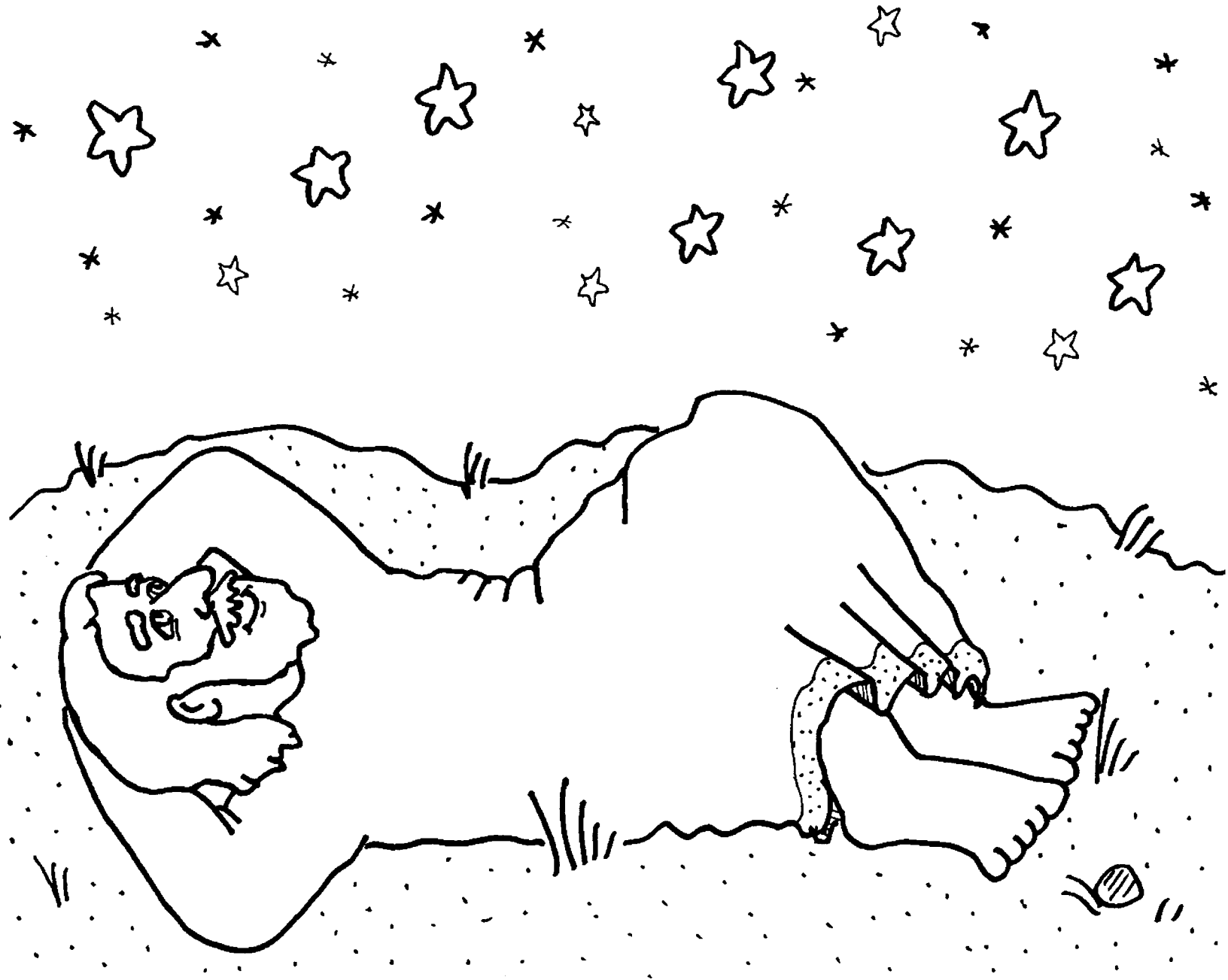


Took:

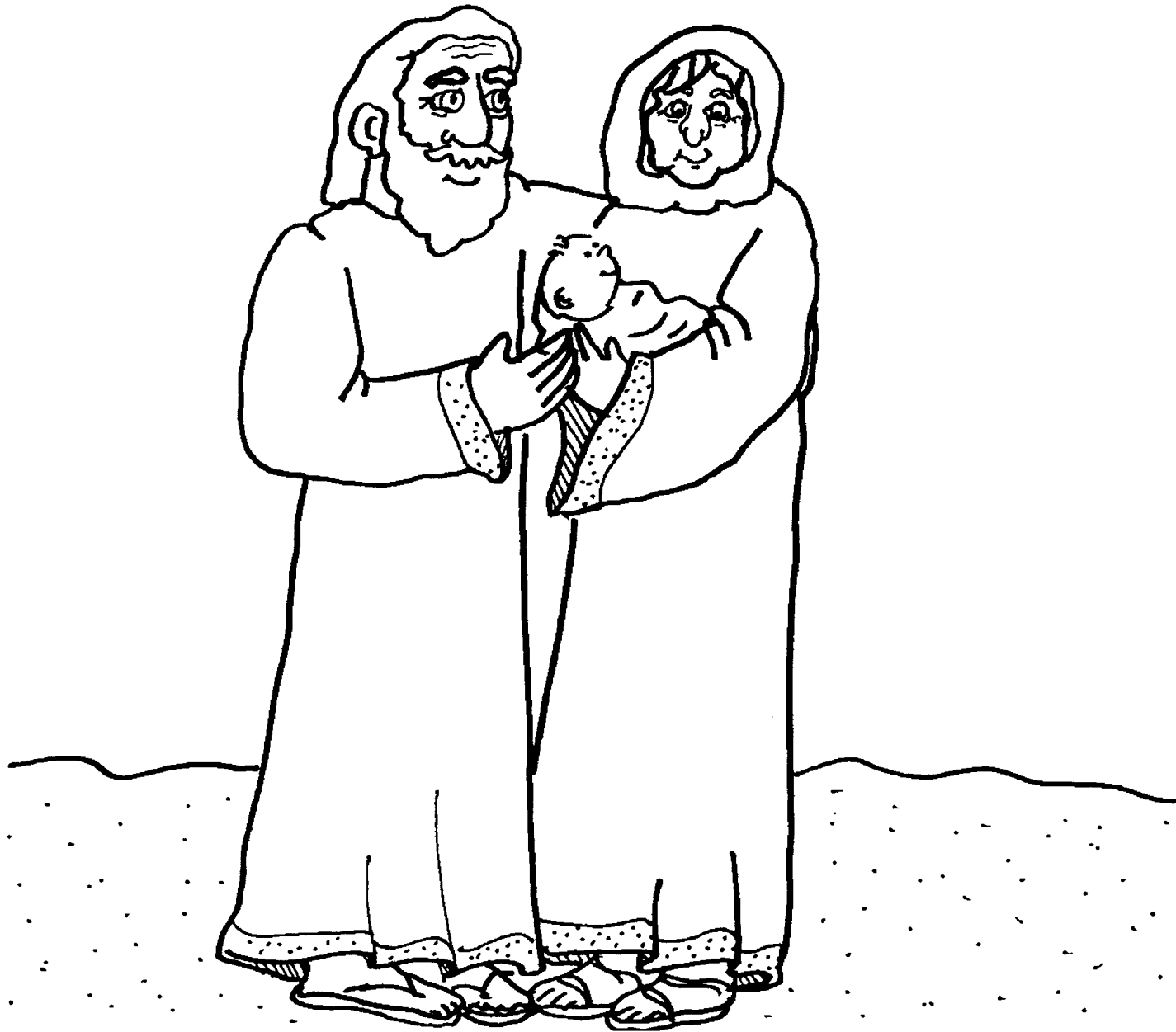
"Faith in Jesus Helps Us Obey" Project: (HEB04ECGF9 and HEB04ECGF10) Cut out the windows and door in the GF9 house and fold on the dotted lines. Have the children color the houses. Glue the house on top of colored construction paper. Have the children choose from several GF10 pictures of ways they can obey at home and glue those pictures on the construction paper under the windows and door. "Jesus helps us obey our parents even when we don't feel like doing something the first time we are asked. Abraham obeyed even though he had to wait a long time to receive God's promise of his son, Isaac."

"Bible Promises Are True" Activity Page: (HEB04ECGF3 and HEB04ECGF7) Give each child a GF3 page to color and two GF7 Memory Verses to glue on the page. Play the tape of the Memory Verse Song as you review the superiority of Jesus from the book of Hebrews.

Preschool Page for Parents: (HEB04ECPPP) Send a page home with each child, encouraging parents to reinforce the Bible truths at home. Spend a few minutes before the children go home creatively reviewing the song and Memory Verse.



God promised Abraham as many descendants as there were stars in the sky.



Abraham believed God's promise and had a son named Isaac.

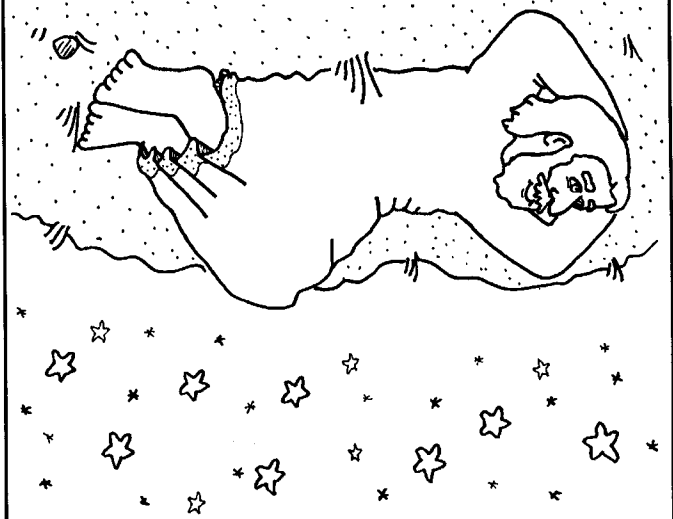


Be like Abraham and trust God's promises in the Bible.



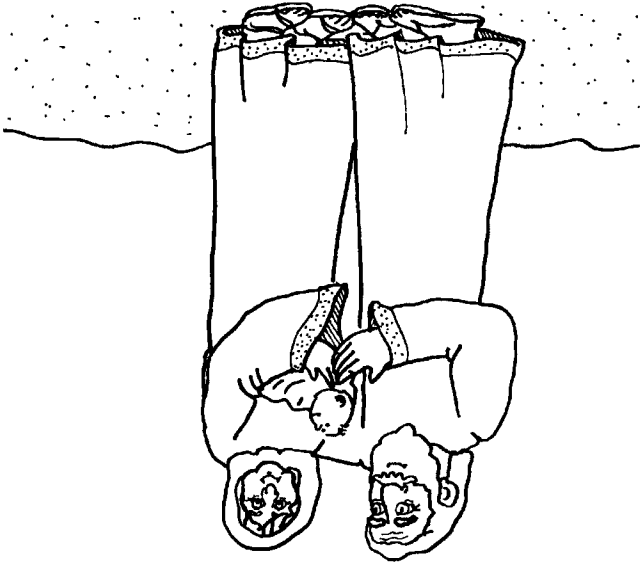
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God promised Abraham as many descendants as there were stars in the sky.

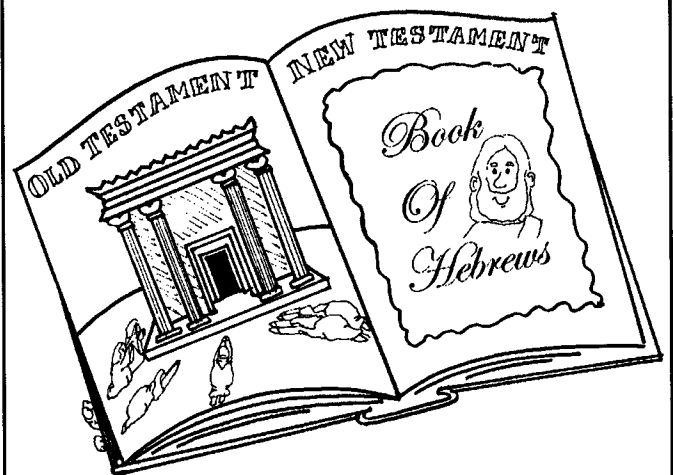


3.

Abraham believed God's promise and had a son named Isaac.



Hebrews-- Superiority of Christ

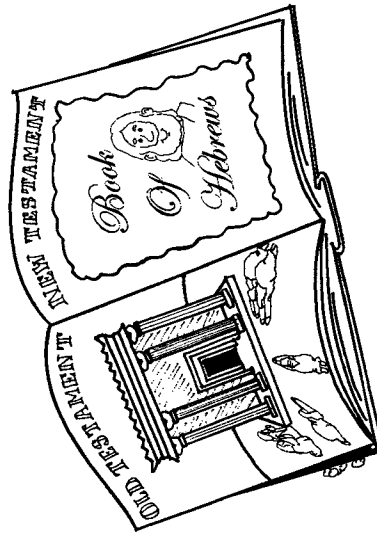
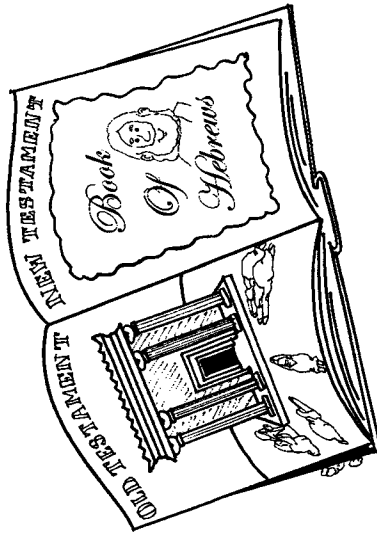
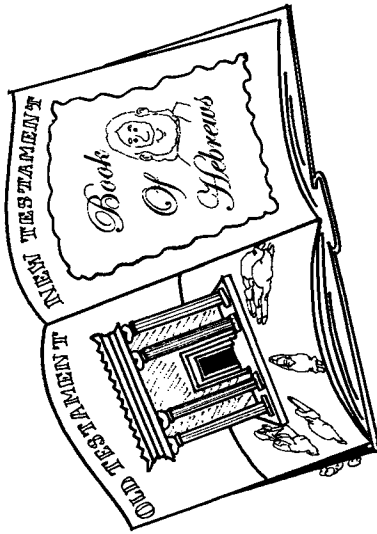
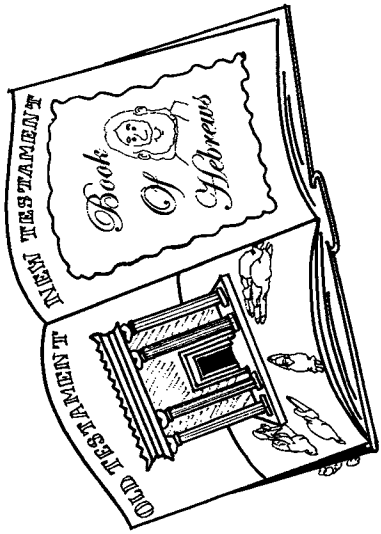


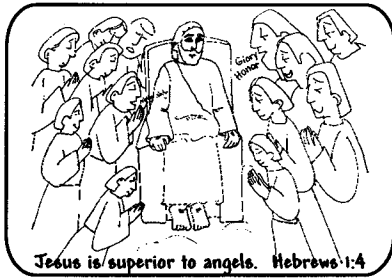
The book of Hebrews tells us that Jesus is superior, and we can trust His promises.

1.

Be like Abraham and trust God's promises in the Bible.

4.

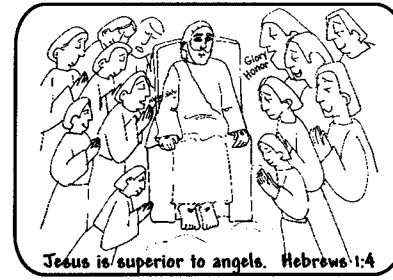




Jesus is superior to angels. Hebrews 1:4



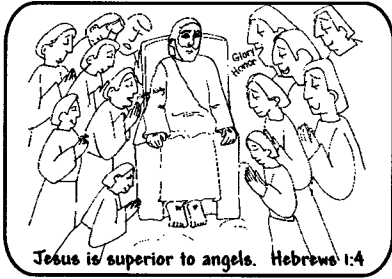
We have a high priest who...was without sin.
Hebrews 4:15



Jesus is superior to angels. Hebrews 1:4



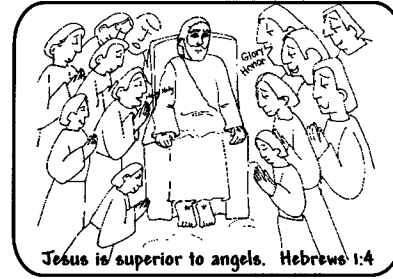
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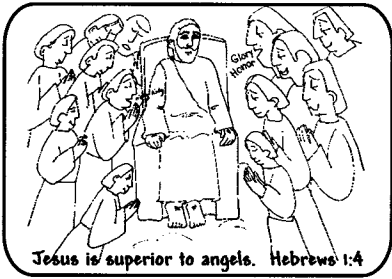
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Hebrews 4:15



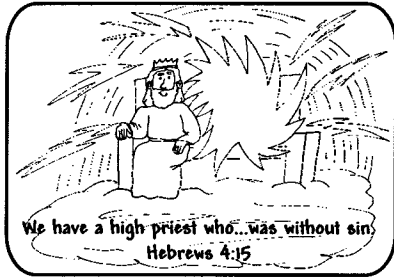
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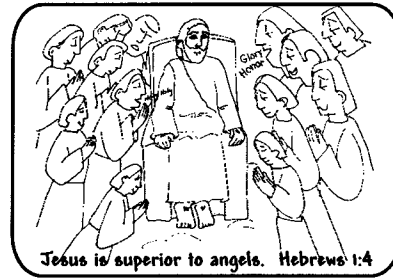
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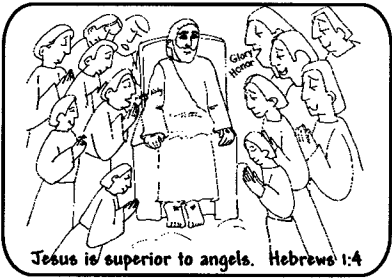
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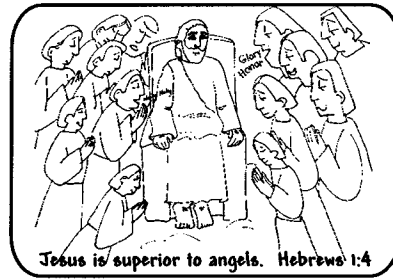
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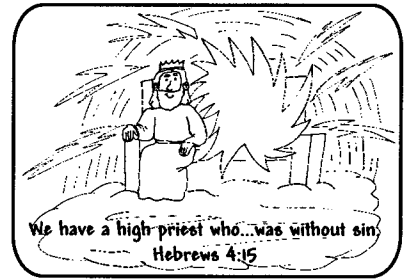
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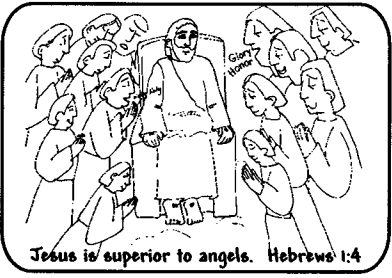
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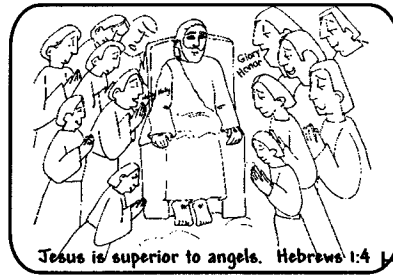
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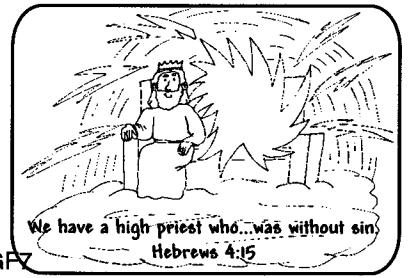
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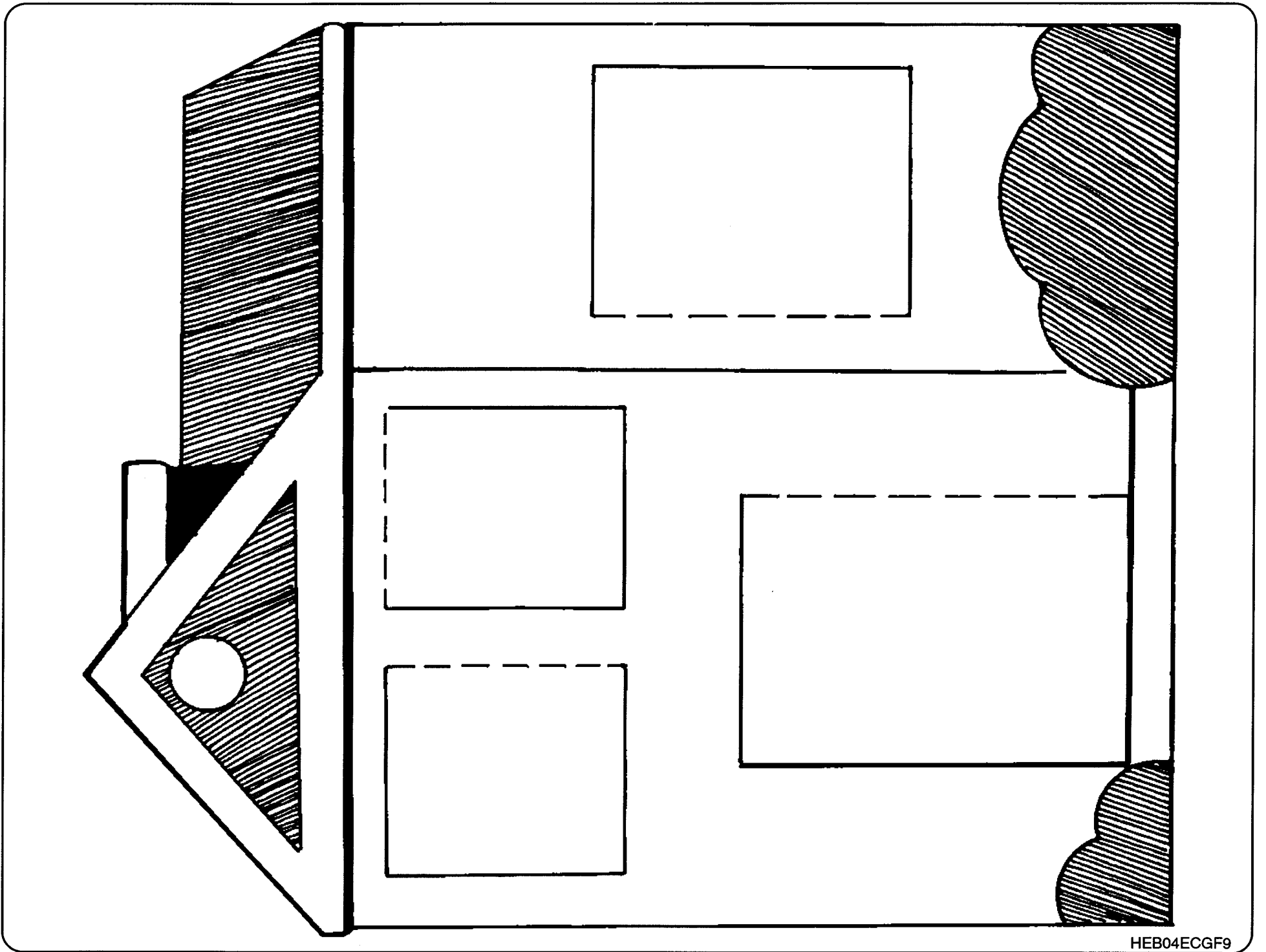


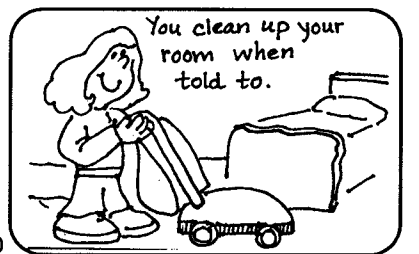
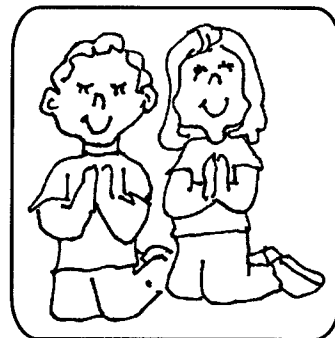
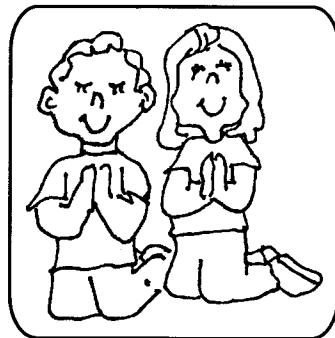
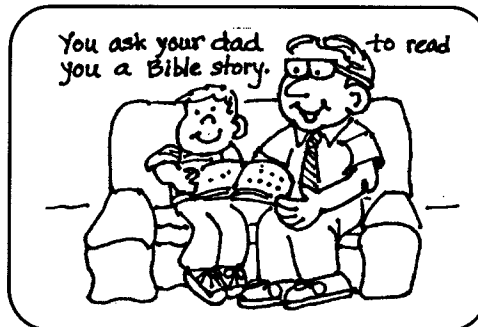
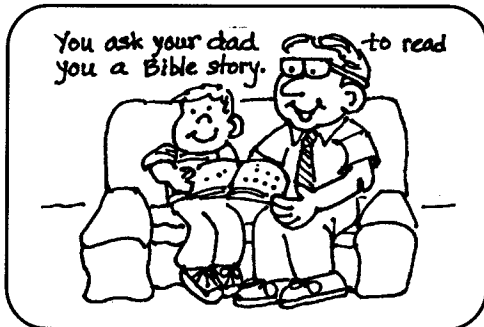
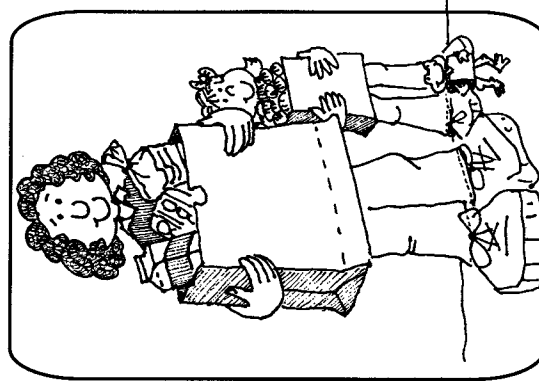
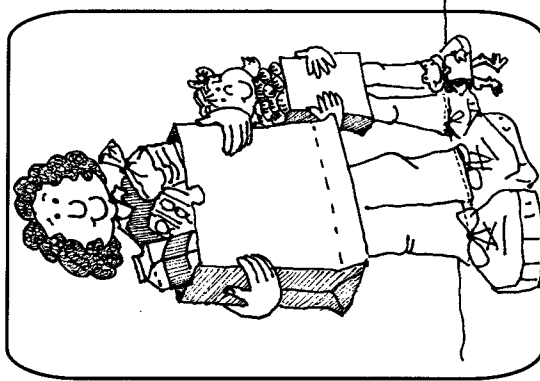
Jesus is superior to angels. Hebrews 1:4

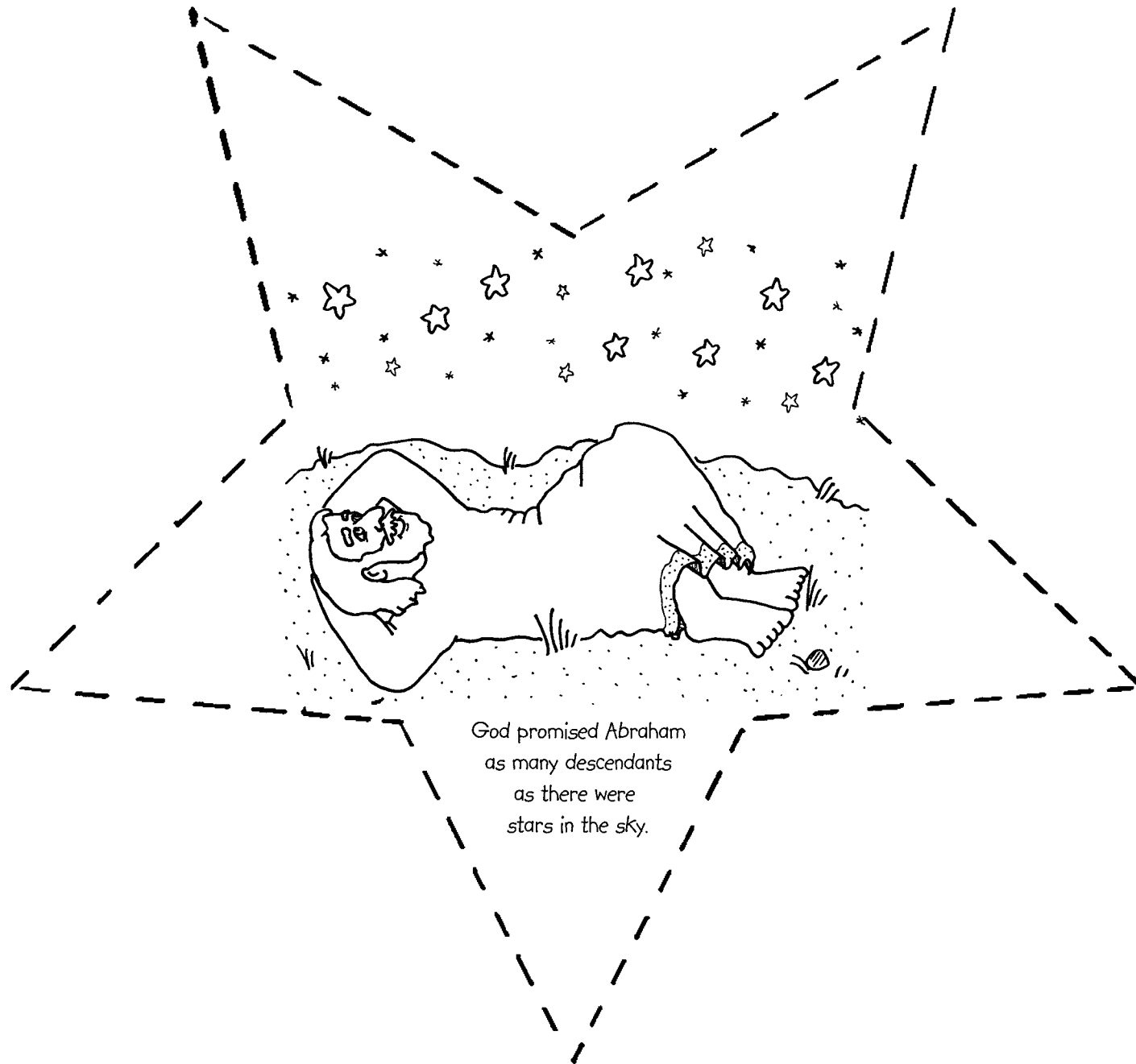


We have a high priest who...was without sin.
Hebrews 4:15



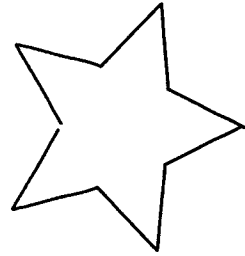






God promised Abraham
as many descendants
as there were
stars in the sky.

March 23, 2003
Hebrews Chapters 5:11-7:28



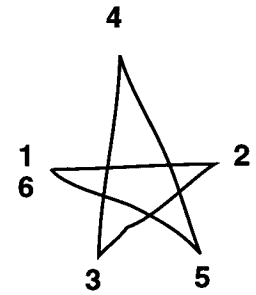
This is what I learned today!

Jesus is superior to angels, to Moses, to Aaron and every Old Testament priest. Because Jesus is superior, our true faith in Him always leads us to obey what He says with a good attitude. Abraham was the first Hebrew in the Old Testament and had true faith in the promises of God. He became the father of all the Hebrew people. God had promised him a son. Abraham had to patiently wait 25 years for his son, Isaac, to be born. God kept His promise. The book of Hebrews tells us that Abraham had faith in God's promise that helped him obey while he waited. God always keeps His promise to help us obey when we believe in Him.

Hebrews Memory Verse

We have (a high priest) who...
was without sin. Hebrews 4:15

Remember God's Promises

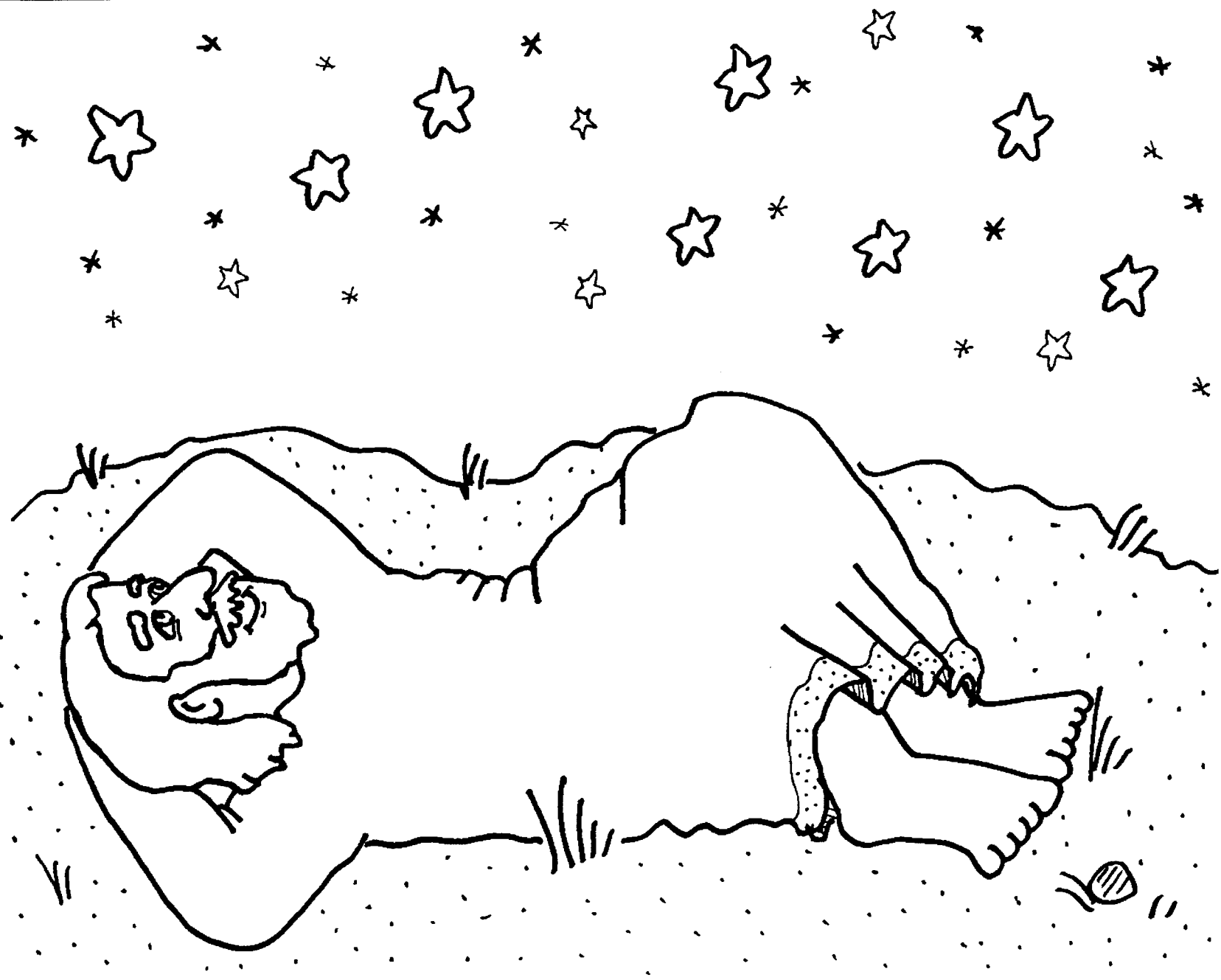


Teach your preschool child to make a star by drawing lines like the ones above. Draw the first horizontal line, then let the child draw one. Continue having a good time drawing lines. If it's too frustrating, let your child trace over your lines. Tonight look at the stars and talk about God's promise to Abraham to give him as many descendants as the stars in the sky. Count stars (to ten or however many your child can count to). Talk about our creative and powerful God who makes the stars stay in the sky and who makes promises in the Bible that He always keeps.

Faith Is Just Believing

Faith is just believing
What God says, He will do.
He will never leave you.
His promises are true.

* For tunes to songs, ask about the preschool tape.



God promised Abraham as many descendants as there were stars in the sky.