



Materials I Need:

Legend:



-  = Option 1, Appropriate for 1st – 2nd Grade
 = Option 2, Appropriate for 3rd – 6th Grade

Memory Work:

“Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience.” Hebrew 4:11 (NIV)

 **Hook:**

My Wilderness Experience (Role-Play). ,  Have a teacher play the role of Moses. Have him share details of his long trip through the desert (it was no vacation) to provide background for today's lesson in Hebrews. To prepare, cut apart pictures from all pages of **HEB02.GF1 Pgs. 1-7**. Then cut apart the divided narrative and glue each part of the story to the back of the corresponding picture.

Rest Versus Unrest (Activity/Discussion). ,  You will need:
an elder
TV and VCR
lawn chairs, blankets, bean bag chairs, body pillows or any type of comfortable lounging device
popcorn or candy
something to drink

This will require a little pre-planning. The intent of this activity is to present the contrast between rest, a sense of being at peace, versus unrest, a sense of anxiety. Talk to an elder about the lesson and ask them to come into the room, about 20 minutes after class starts, for the purpose of evaluating the curriculum. Set up the room as a comfortable place to hang out with the items you brought in and watch a video.

Tell the students you decided that they have been doing such a great job of learning the Bible lessons that you are giving them a time of rest today from learning Bible lessons. Offer the treats you brought and let them enjoy resting and relaxing. Then about five minutes before the elder is supposed to come into the room, send a classroom assistant to get supplies from the resource room. When the helper comes back, he/she announces that he/she saw Mr. Elder in the hall, and he is coming by in a few minutes to evaluate the curriculum and teachers.

Acting nervous, tell the students you need their help in cleaning up the room before Mr. Elder comes in. Tell them they must hurry because time is short. Get your Bible and lesson papers out. Have the students sit at the table as soon as they're done cleaning. Just as the elder is about to come in, begin recapping last week's lesson, like you had been teaching all that time. Observe the students' reactions and see if they are very good at keeping a straight face or if they look guilty of something. The elder should ask the students how they're doing and what they're learning. Listen carefully for their answers. After the elder has left, ask the students if they felt nervous, and if so, why they felt nervous. Explain to them that often when we sin, we feel the same way. We worry about being caught and this is a form of unrest. Whereas, if we weren't guilty of sin, we would be at ease and more relaxed, like in the beginning of class. Let them know that in today's lesson they will learn about spiritual rest versus unrest.



Encouragement (1) (Activity/Discussion). 🍌, 🦋 This activity requires advance preparation.

Prepare a small gift bag for each student. Put the student's name on the outside of the bag and fill it with candy, stickers, pencils, cookies, a drink, small puzzles or toys, or whatever you desire. Then write a short note to each student. Personalize the note by telling the student what you appreciate about having him or her in the class. At the beginning of class tell the students you appreciate having them in class and to show your appreciation you have put together a gift bag for them. Pass out the bags and let them know they may open the bags. After they're done checking out the contents of their bag, ask them:

1. How did it feel to receive an unexpected gift and word of encouragement?
2. Does it make you feel like you want to come again next week?
3. Did it leave you with a warm, fuzzy feeling or an uneasy feeling?

Discuss how believers experience spiritual unrest everyday. It's a time when they are not at peace with themselves or with God. This happens for many reasons such as sin in their life, death in the family, loss of a job, poor grades, etc. When we sin, we are often overcome with guilt and worry, which is also a form of spiritual unrest. It's during those times when a word of encouragement from a parent or friend, reminding us that Jesus forgives us when we confess our sins, can be very helpful. If you know someone has sinned or is still sinning and you really love that person, you would talk to them about their sin in hopes that they would get right with God. When death happens in a family, it's very encouraging if close friends prepare meals and deliver them to the family who lost a loved one. It provides a sense of rest for their grieving spirit. When someone loses their job, it's encouraging for others to come alongside and help support them, like buying groceries for them until they find a job again. This helps to relieve some of their worries about how they will provide food for the family.

Often a word or deed of love can provide the encouragement a person needs to move on. It can provide rest for their weary soul. Ask the students: Is there someone you know today who could use some encouragement? What are some ways you could encourage them? Tell the students that in today's lesson they will learn about spiritual rest versus unrest.




Encouragement (2) (Object Lesson/Discussion). 🍌, 🦋 Blow up a balloon and tie it off the week before the lesson. Your hope is that by Sunday it is a little flat due to air loss. Bring a bag of balloons to class to give one to each student.

Begin class with the following discussion: When balloons are blown up they are light and their colors are brighter. However, when left alone they slowly lose air like this one (show them the balloon you blew up during the week) and is no longer pretty. Ask the students: What happens if I blow up a balloon and let go of it? *It spins out of control.* (Model this happening.) All the air inside is quickly gone.

A balloon can help us understand the difference between believers being at their best, which is a form of spiritual rest, and not being at their best. Filling the balloon with air is similar to God filling us with His power. We need to keep adding air to the balloon to keep it at its best, just like we need to keep filling our spirit with God's Word to be at our best. Sometimes we do something wrong (we sin) on purpose, and God's power leaves us quickly like the balloon we let go, or slowly like the flat balloon. That is a time of spiritual unrest because we are often overcome with guilt and worry. It's during those times when a word of encouragement from a parent or friend, reminding us that Jesus forgives us when we confess our sins, can be very helpful. If you know someone who has sinned or is still sinning, and you really love that person, you should talk to them about their sin in hopes that they would get right with God. In order to be at peace with God, we must ask for His forgiveness. God is able to forgive us because Jesus took the punishment for our sins.

Often a word or deed of love can provide the encouragement a person needs to get right with God. It can help give them spiritual rest. Ask the students: Is there someone you know today who could use some encouragement? What are some ways you could encourage them? Some ideas might be to write them a note, bake them some goodies, invite them over for dinner, etc. Tell the students that in today's lesson they will learn about spiritual rest versus unrest.

 **Rest is Good (Activity).** 🐛, 🦋 In preparation for this Bible lesson, the students may need to be persuaded to see rest as a good thing. Children are often required to go to bed before they feel tired or sit still for long, what seems like long, periods of time. Sometimes forced inactivity (such as a time-out) is familiar to them as a form of punishment.

Ask the students if they would like to rest. They will probably say no. Tell them that they soon will. Have them raise their arms and hold them straight out to the side. Tell them to let you know when they really need to rest. Next, have them lie down on their backs and raise their legs a little ways off the ground. Rest will sound very good in a short time. Allow the students to enjoy a time of **rest** with a snack and something to drink. Discuss why they changed their minds about wanting to rest.

 **Building the Church (Object Lesson/Activity).** 🐛, 🦋 You will need:

Legos or building blocks


The writer of Hebrews said that Jesus Christ is far superior to Moses since He created and built God's family and Moses only managed it. Give the students Legos, building blocks, or other objects that can be used to create a structure, and allow the students to build their structure. Use this time to explain the difference between a person who manages the building and the person who builds it. The person who managed it, Moses, was a part of the building while Jesus is the creator and builder.



Book:

Presentation Ideas –

 **Moses and the Burning Bush (Illustration/Coloring Page).** 🐛, 🦋 Exodus 3:2-4, HEB02.GF2.

 **Moses with the Two Tablets of the Law (Illustration/Coloring Page).** 🐛, 🦋 Exodus 20, HEB02.GF3.

 **Moses Fails to Enter into the Promised Land (Illustration/Coloring Page).** 🐛, 🦋 Deuteronomy 32:48-52, HEB02.GF4.

 **Warning No. 2 (Teacher Aid).** 🐛, 🦋 HEB02.GF5.

Bible Adventure for 1st – 6th Grades –

Last week we began our journey through the book of Hebrews. An unknown author wrote this letter to Christian Jews who were encountering great persecution for their newfound faith. Some of them were wondering if they should give up on Christianity and return to their old Jewish ways in order to escape the suffering. Hebrews was written to encourage them in their Christian faith and warn them about falling away. The theme of the book rings loud and clear—**Jesus is Superior!**

In chapters one and two, the author made the case that Jesus is far superior to the angels. Today we will see that Jesus is also superior to Moses. Now why would he have to make a case that Jesus is superior to Moses? Because, in Old Testament times Moses was considered the greatest leader of Israel. He had a high reputation among the Jews because of his faithful loyalty to God and to the people of Israel as he led them through the wilderness. The Scriptures tell us that he spoke to God “face to face” and received the Law from Him. Even when Jesus Himself walked the earth, His Jewish enemies tried to trap him with clever questions and arguments to make Moses seem more important.

However, the author of Hebrews left no doubt that Jesus is superior to Moses. Jesus is the creator and builder of the family of God. Moses may have led God's people out of Egypt and was indeed very faithful to the Lord, but ultimately he was just a member of God's family like any believer. On the other hand, Jesus **is** God and provided a way of salvation by His death and resurrection. Moses only served Him. These Jewish “believers” (many of them were believers but some may not have been) needed to be warned to remain faithful to Jesus and not return to the inferior Old Testament ways of Moses and the Law for their salvation. As we learned last week, Jesus had come so it made no sense for them to cling to the shadows of the Old Testament!

The author then went on to give the second of five warnings in the book of Hebrews. He referred to a passage in the Psalms to caution his readers not to disobey God like the Israelites did when Moses led them in the wilderness. The Psalmist wrote about Israel's failure to believe God and trust in His promises despite all that God had shown them through His many miracles. Because of their unbelief, the vast majority of Israelites never got to rest from their wanderings and enter the Promised Land. In a similar way, if the Jews, to whom Hebrews was written, failed to believe God and trust in His promises, they also could fall away from the faith and not be able to enter into the "rest" of heaven. However, it was not too late for them. They still could place their faith in Jesus, who is much greater than Moses was because He can forgive sin and provide rest that will last forever.

The person who is in danger of falling away from the faith and not being able to enter heaven is the person who claims to be a Christian yet lives a life of continual sin. Sin has hardened his heart and he deceives himself into thinking he is a true believer. In reality, he has never surrendered his life to the Lord and will eventually fall away from his faith. For this reason, the writer of Hebrews emphasized the need to persevere in the faith and remain loyal to Christ to the very end.

These Jewish believers did not have to wonder just what the promises of God were because they had the wonderful privilege of possessing His Word. The author explained that the Word of God is like a sword that can judge the motives of our hearts and pierce right to the very thoughts we are thinking. If anyone does not trust God and believe His promises, His Word will make it obvious. It was essential that the Jewish Christians cling to it and obey it just as it is essential for us today.

Have you ever been so tired that the only thing you could think of was finding a place to rest? Perhaps you had just run a long race or practiced hard for a sport in the hot summer sun. For non-Christians, there will always be a "restlessness" because of one thing—sin that remains unforgiven in their lives. Sin ruins peace in our hearts and makes us feel upset inside. It robs us of the "rest" of knowing for certain that God has forgiven us and that one day we will enter into heaven, our final "rest stop."

Some of the people in today's Bible passage were trying to find their rest in Old Testament ways. They needed to stop relying on their own opinions of what was best and cling tightly to the Word of God. They were in danger of doing the same thing the Israelites did as they wandered in the wilderness for 40 years, never finding rest because of their unbelief.

Only Jesus Christ offers true, everlasting "rest." He took care of our sin problem once and for all and promises peace and joy to all who come to Him in faith. If you are restless, lacking in peace, and constantly struggling with sin, turn to Jesus Christ for the forgiveness of all your sins and find "true rest" in Him alone. Do it today!

Aim Questions

1. **Who wrote the book of Hebrews?** *(The author is unknown.)*
2. **Why was the book written?** *(It was written to confirm Jewish Christians in their faith and to caution them from falling away.)*
3. **What was going on with these Hebrew Christians?** *(They were being persecuted for their faith and were tempted to go back to Judaism.)*
4. **What is the theme of Hebrews?** *(The Superiority of Christ.)*
5. **In chapters 1 and 2 the author proves that Jesus Christ is superior to whom?** *(Moses.)*
6. **Give one reason why Jesus Christ is superior to Moses?** *(Jesus is the creator and builder of God's family; Jesus provides true spiritual rest, unlike Joshua or Moses.)*
7. **What did the Israelites fail to do that these Jews also were in danger of losing?** *(They failed to enter into the Promised Land. These Jews were in danger of forfeiting their spiritual rest.)*
8. **What did the writer of Hebrews tell them to do in order to avoid this danger?** *(Place their faith in the Lord and His Word and to stop sinning.)*



Look:



Old Testament in the New Testament (Worksheet). 🐜, 🦋 Have the students use **HEB02.GF6** to underline all the references to the Old Testament.

- Israel's Failures (Worksheet).** 🍌, 🦋 Use this worksheet, **HEB02.GF7**, to see how Israel continually failed the Lord, even though they were greatly blessed by Him. The point is to show the students the responsibility of spiritual privileges and the dangers of abusing them.
 - True Peace (Worksheet).** 🍌, 🦋 Have the students avoid the hazards in the maze but continue in faith in Christ to get to the kingdom on this worksheet, **HEB02.GF8**.
 - Multiple Warning/Single Choice (Worksheet).** 🍌, 🦋 Have the students complete this multiple choice worksheet on facts about the book of Hebrews, **HEB02.GF9**.
 - Aim Questions (Worksheet).** 🍌 Have the students answer the Aim Questions about today's Bible Adventure, **HEB02.GF10**.
 - Passage Review Questions (Worksheet).** 🍌, 🦋 This booklet contains many questions from the Scripture passage covered in today's lesson. Students may work on them in class and complete them during the week at home, **HEB02.GF11 Pgs. 1 & 2**.
 - Hebrews 4:11 (Memory Verse Song).** 🍌 Words and music for today's memory verse are available upon request from Children's Ministry.
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Took:

- Triple Warning (Worksheet).** 🍌, 🦋 Have students fill in the missing parts of each repetition of the warning by looking at the words supplied in the other repetitions. The purpose of this worksheet is to give opportunity for discussion in small groups about the response of the students to the Gospel, **HEB02.GF12**. Ask the following questions for a discussion:
 1. Why did the author of Hebrews repeat this warning so many times?
 2. Why did the Israelites miss out on their promised rest? (Disobedience and unbelief, 3:17-19).
 3. What does "rest" mean for us today?
 4. Is it possible for us to miss out on God's rest? "Therefore, since the promise of entering His rest still stands, let us be careful that none of you be found to have fallen short of it. For we also have had the gospel preached to us, just as they did, but the message they heard was of no value to them, because those who heard did not combine it with faith" (4:1-2).
 5. Can a person go to church and hear the gospel over and over without becoming saved?
 6. What does it mean to have a hard heart? God knows our secret thoughts and attitudes. "Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of Him to whom we must give account" (4:13).
 7. What does God see in your heart?
 Urge the students to examine their own hearts and talk to you if they are not sure whether they have entered God's 'rest.' "Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience" (4:11).
- Good News Box (Craft)** 🍌, 🦋 Each student will need:
 - HEB02.GF13 Pg. 1** directions and dialogue
 - HEB02.GF13 Pgs. 2 & 3** duplex copied onto heavy cardstock
 - scissors
 Have the students cut out the Gospel Box and assemble into a box with the doors on the outside. Make sure the assembly tabs are inside the box. Share the Good News with a friend by using the directions and dialogue on page 1.



What Kind of Heart Do You Want? (Craft) 🍌, 🦋 Each student will need:

- HEB02.GF14 Pgs 1 & 2 printed on cardstock
- scissors
- markers

Tell the students that they can decide what type of heart they want. They can either have a hardened heart or a soft heart. Write on the board the following:

- A Hardened Heart:
 - Do not listen, do not obey.
 - Go your own way.
 - There'll be consequences to pay.
 - Sin and sadness will come your way.
- A Soft Heart:
 - Listen and obey. Go God's way.
 - And you shall stay.
 - In Love, Joy, and Peace today.

Have the students assemble the heart folder and write their name across the front and then put the cards that they want into their heart pocket.



Superiority of Christ Ribbon Incentive (Review). 🍌, 🦋 Utilize this overview tool and incentive program to motivate the students and their parents to memorize the outline and key verses for the book of Hebrews. Devote time in your classroom to equip the students with a framework for assimilating and retaining the deep truths of Christ's superiority in the letter to the scattered Hebrew Christians. Review the incentive program at length with the students and encourage them to ask their parents to participate with them. Show the students both components of the program, the 'Jesus Is Superior' button and the ribbon loops that will be rewarded each week for completed memory work. Direct them to memorize the first verse in order to receive the first ribbon loop on the button. Hot glue each awarded ribbon loop to the button in the following order:

Lesson	Text	Theme ~ Memory Verse	Ribbon loops
HEB01	Hebrews 1-2	Christ Is Superior over the Angels ~ 1:4	White - represents angels
HEB02	Hebrews 3:1 - 4:13	Christ Is Superior over Moses ~ 4:11	Brown - represents Moses
HEB03	Hebrews 4:14 - 5:10	Christ's Superiority over the O.T. Priesthood ~ 4:15	Blue - represents the priest's garments
HEB04	Hebrews 5:11 - 7:28	The Danger of Falling Away ~ 6:11	Yellow - represents the danger of falling away (as in a warning sign)
HEB05	Hebrews 8:1 - 10:18	Christ Is Superior over the O.T. Covenant ~ 8:6	Red - represents the blood of Christ
HEB06	Hebrews 10:19 - 12:29	Holding Fast by Faith ~ 11:1	Purple - represents faith
HEB07	Hebrews 13	Superiority of Christ in the Christian Life ~ 13:15	Green - represents the Christian's walk

My Wilderness Experience

Introduction:

“My name is Moses. Do you know who I am? Let’s see; did I live before or after Jesus Christ? That was an easy question. Now answer me this: Who is greater, Jesus or myself? I’m glad you got that right because there’s been some confusion on the subject. You’ll learn more about it later.

Yes, I’m Moses, the man God chose to lead the nation of Israel out of slavery in the land of Egypt. God promised to bring my people a land of their own where they could rest from their hard labor.

You might remember that at first, Pharaoh, the ruler of Egypt did not want to let my people go. But God sent 10 miraculous plagues to convince him. We were finally allowed to leave, so we gathered our families and belongings, and set out on our journey.

It wasn’t very long, though, before we were in serious trouble. The Red Sea blocked our way and Pharaoh’s army was coming after us—he had changed his mind about letting us go. That’s when God opened the Sea and gave us a dry path to walk on—all the way across. Not only that, but when Pharaoh’s army tried to follow us through the sea, God let the water close back in and they all drowned. You would think that after such a wonderful and amazing beginning, our journey to the land of promise would be full of worship and total trust in God. Well not exactly. Would you like to see some of my pictures while I tell you about the trip?”

#1 “This is a place called Marah in the desert of Shur. After we crossed the Red Sea, we went for 3 days without finding water. There was water at this place, but it was bitter and unfit to drink. The people began to grumble, so I asked the Lord for water. He showed me a piece of wood and told me to throw it into the water. When I did what He said, the water became sweet and good to drink!

You might think that this was awfully soon for the people to start complaining and doubting God, but this wasn’t even the first time! Before we crossed the Red Sea, they had already accused me of bringing them out in the desert to die!”

#2 “This is the desert of Sin which is between Elim and the Sinai. We arrived here about a month and a half after we left Egypt. Now, the people accused me of bringing them out here to starve to death! God was patient with us and told us He would cause bread to rain down from heaven. It tasted good—like honey and we called it manna. However, God tested us with some special instructions. He said not to keep any manna over night. Many people disobeyed and their manna was stinky and full of maggots the following morning. Then on Friday morning, God said to gather extra so there would be some left over for the Sabbath. This time, the left-over manna was good for an extra day, but those who disobeyed and went out to find manna on Saturday morning found none!”

#3 “Next, we came to Rephidim. The people were out of water again and they forgot all about what God had done before. I asked God, “What am I to do with these people? They are almost ready to stone me.” God told me to go on ahead with the elders of Israel and strike the rock at Horeb. God proved once again that He could take care of us.

Then, before we moved on, the Amalekites attacked us. During the battle, whenever I held up the staff of God, we were winning. But whenever my hands got tired and went down, we began to lose. So I sat down on a rock and Aaron and Hur helped me hold the rod up in my hands until sunset. Joshua led the fight, but I know it was God who gave us victory.”

#4 “In the third month of our journey, we came here, to mount Sinai. God spoke to us from the mountain and began giving us His laws. Then He told me to come up the mountain to meet with Him. I did so and stayed on the mountain forty days and forty nights. During this time, He gave me all the instruction for a new place of worship—the tabernacle.

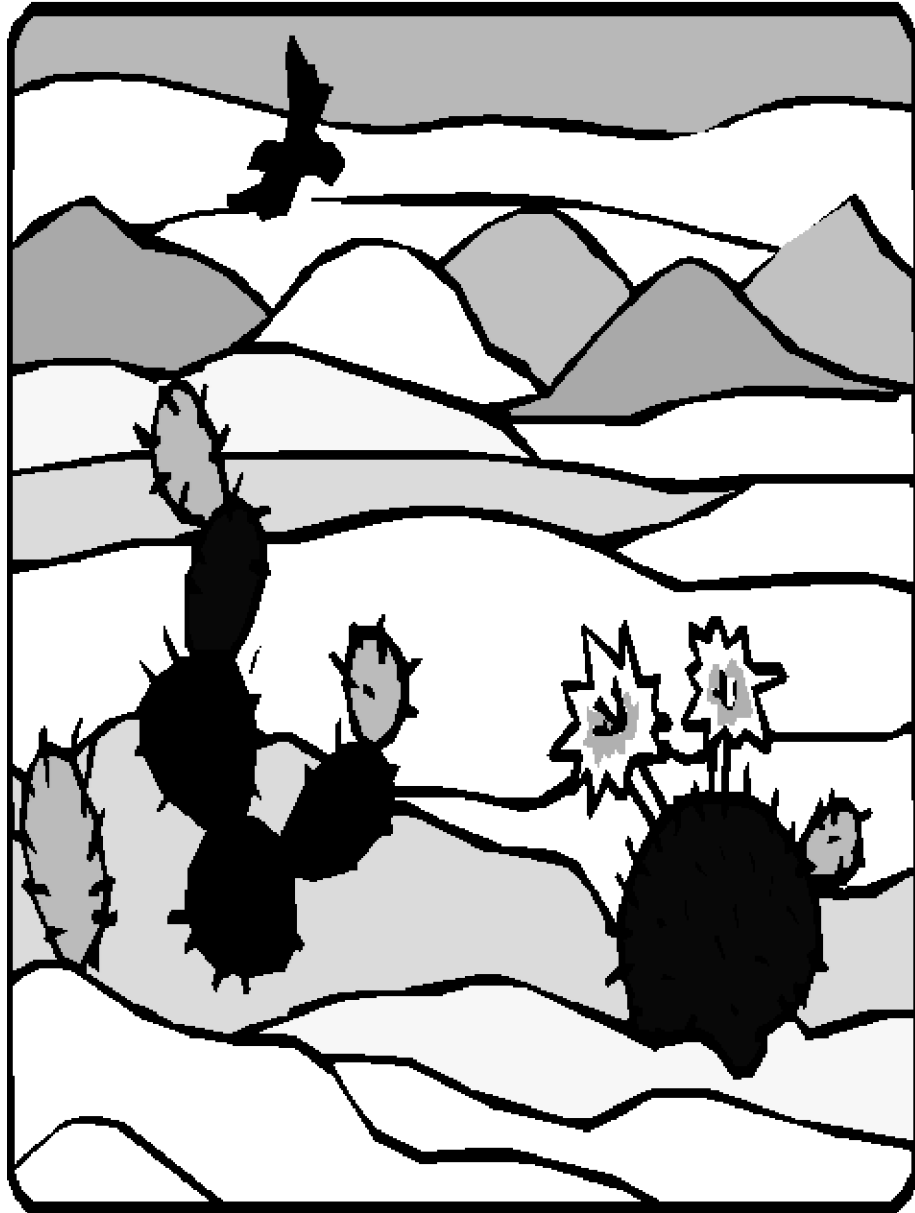
I am very sorry to have to tell you about the kind of worship I discovered when I came back down from the mountain. The people had melted down all their gold earrings from Egypt and made an idol to worship—a golden calf! God was very angry with them and so was I! I destroyed the idol and God punished the people.”

#5 “Before we went any farther, we made the Tabernacle according to the instructions God had given. It took several months, but when we were ready, we began to worship in just the way God had commanded. Then God’s glory filled the Tabernacle. It was like a cloud, and as long as it stayed over the Tabernacle, we camped where we were. Whenever the cloud lifted, we followed it wherever it led us. Fire was in the cloud at night so we could always see it.”

#6 “Just after we left the Sinai desert, the people started to complain again. This time, it was because they were tired of eating manna and wanted meat. I was troubled and the Lord was angry. He said He would send meat, but the people would have to eat it for a whole month—until they were sick of it! Then God sent a wind that brought Quail into the camp. When they fell, the little birds were piled three feet deep!”

#7 “Then we camped in the desert of Paran. This was very close to the land of Canaan which God had promised to give us. As the Lord commanded, I sent out 12 men to explore the land. After 40 days they returned, carrying a cluster of grapes so big, they had to carry it on a pole between two of the men! The explorers gave a mixed report. The land was good—it flowed with milk and honey just as God said, but the people were large and strong and scary. ‘They made us feel like grasshoppers and we looked like grasshoppers to them,’ the explorers said. They were afraid to take the land. Only Caleb trusted God and said, ‘We should go up and take possession of the land for we can certainly do it.’”

#8 “All night the people grumbled and cried. They accused God of bringing them into the wilderness to die by the sword! They wanted to replace me with a new leader. Now, God was very angry with His people. He said that no adult (over 20-years old when this happened) would rest in the promised land as long as they lived, except Joshua and Caleb. These people would wander in the desert until all of them had died there. Only their children would enter the promised land, and that would be forty-years later.”



#2

#1



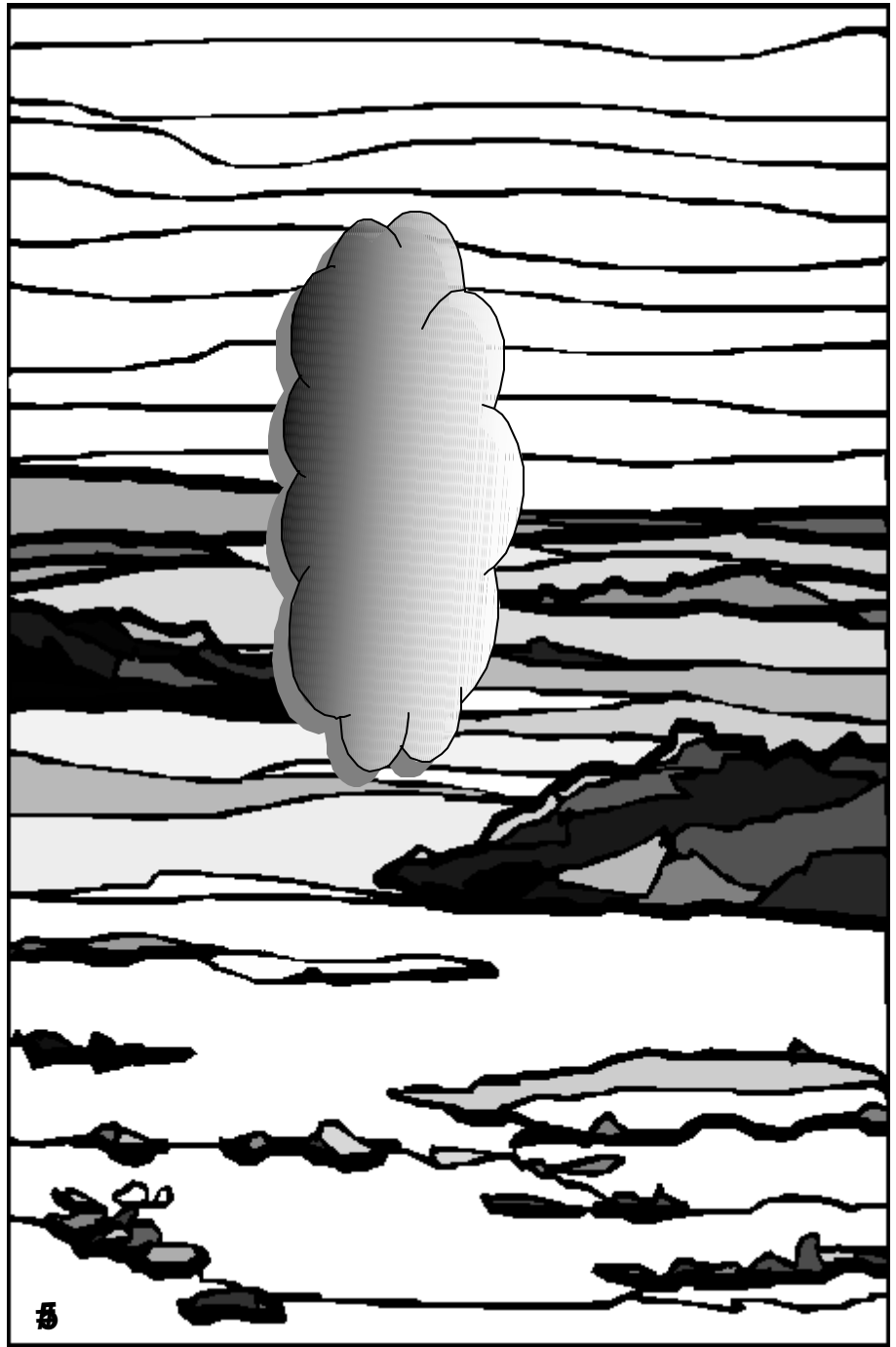
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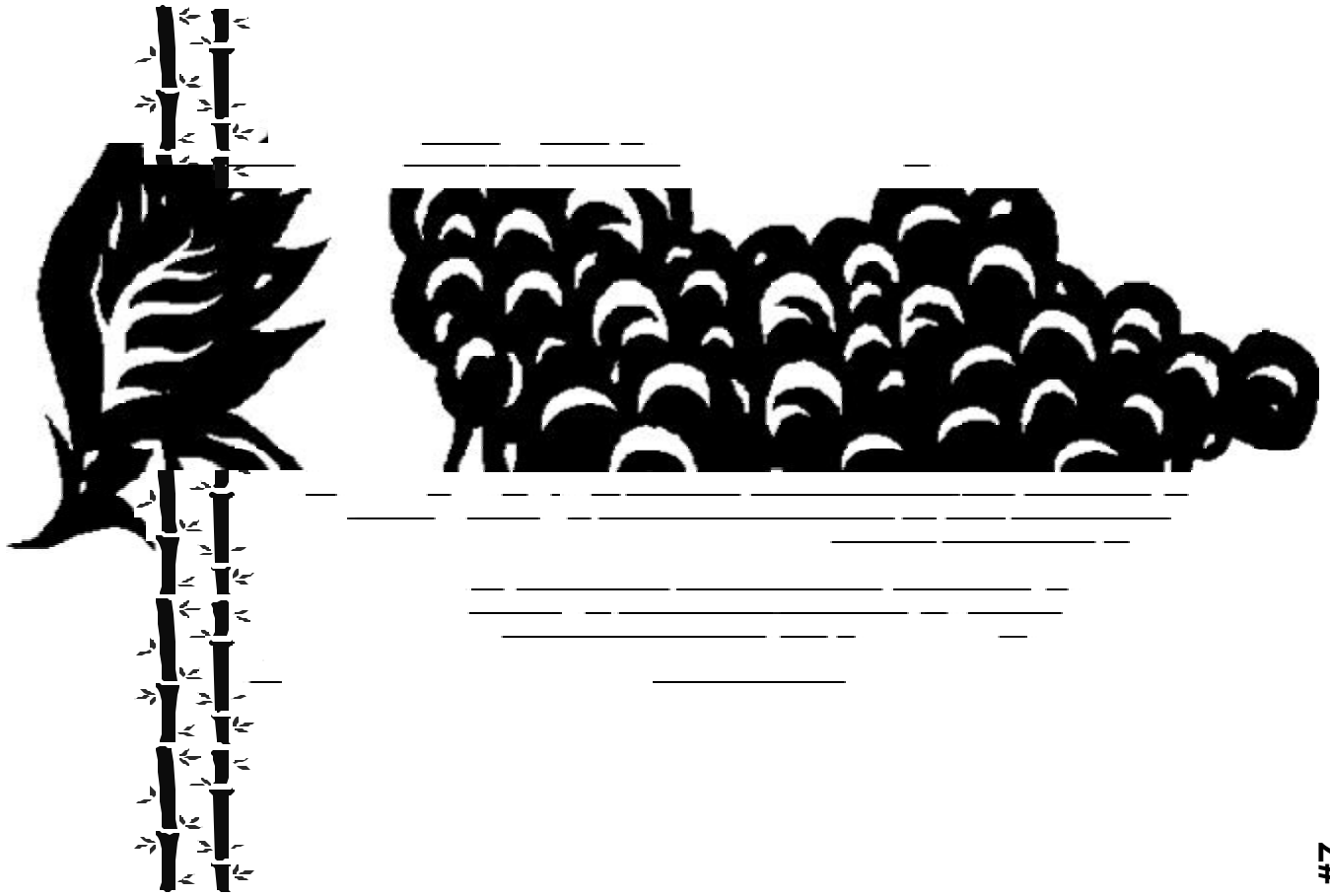
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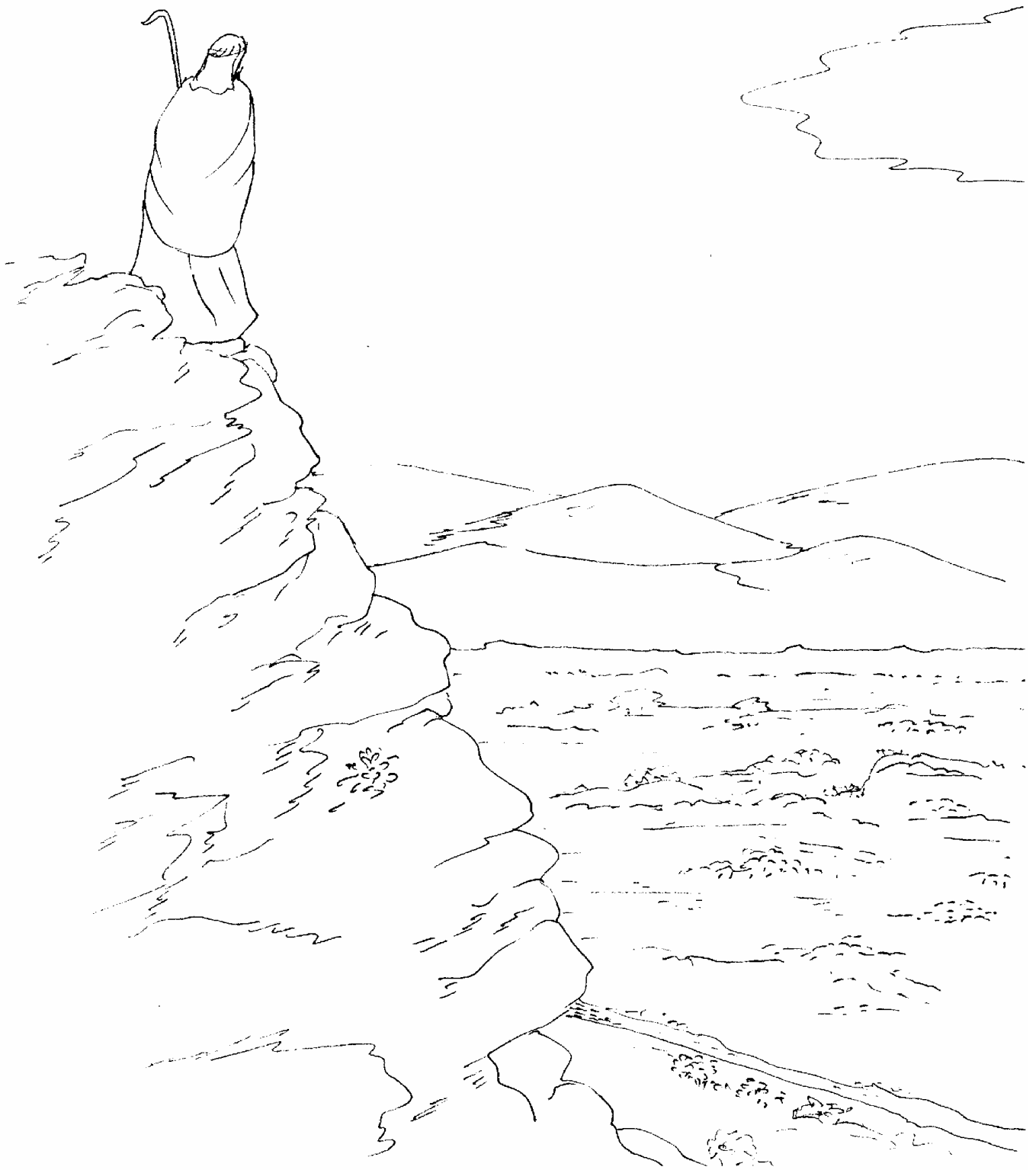
Moses and the Burning Bush

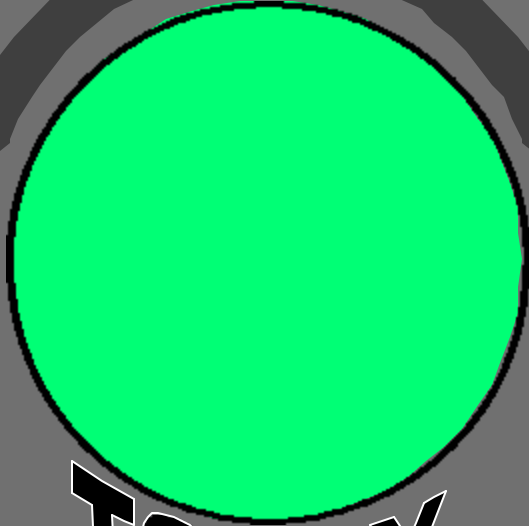


Moses with the Two Tablets of the Law



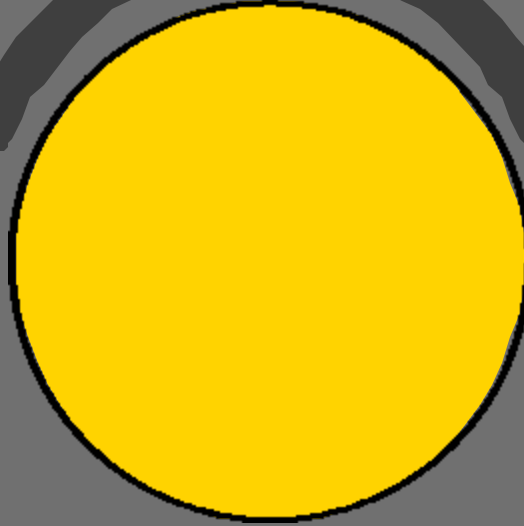
Moses Fails to Enter into the Promised Land





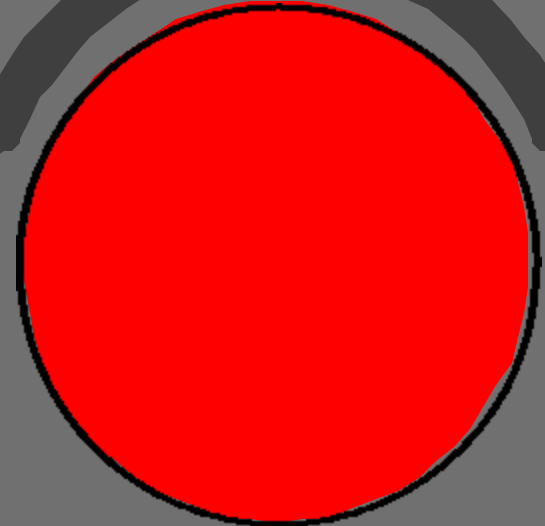
TODAY,

**if you hear
his voice,
do not harden
your hearts
as you did
in the rebellion,
During the time
of testing in the
desert... (Heb. 3:7, 8)**



TODAY,

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TODAY,

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O.T. in the N.T.

The writer of Hebrews refers back to the Old Testament several times in Chapter 3. Underline all of the words or phrases that refer back to the Old Testament. One has been done for you.

¹Therefore, holy brothers, who share in the heavenly calling, fix your thoughts on Jesus, the apostle and high priest whom we confess. ²He was faithful to the one who appointed him, just as Moses was faithful in all God's house. ³Jesus has been found worthy of greater honor than Moses, just as the builder of a house has greater honor than the house itself. ⁴For every house is built by someone, but God is the builder of everything. ⁵Moses was faithful as a servant in all God's house, testifying to what would be said in the future. ⁶But Christ is faithful as a son over God's house. And we are his house, if we hold on to our courage and the hope of which we boast.

⁷So, as the Holy Spirit says:

"Today, if you hear his voice,

⁸do not harden your hearts
as you did in the rebellion,
during the time of testing in the desert,

⁹where your fathers tested and tried me
and for forty years saw what I did.

¹⁰That is why I was angry with that generation,
and I said, 'Their hearts are always going astray,
and they have not known my ways.'

¹¹So I declared on oath in my anger,
'They shall never enter my rest.' "

¹²See to it, brothers, that none of you has a sinful, unbelieving heart that turns away from the living God. ¹³But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness. ¹⁴We have come to share in Christ if we hold firmly till the end the confidence we had at first. ¹⁵As has just been said:

"Today, if you hear his voice,
do not harden your hearts
as you did in the rebellion."

¹⁶Who were they who heard and rebelled? Were they not all those Moses led out of Egypt?

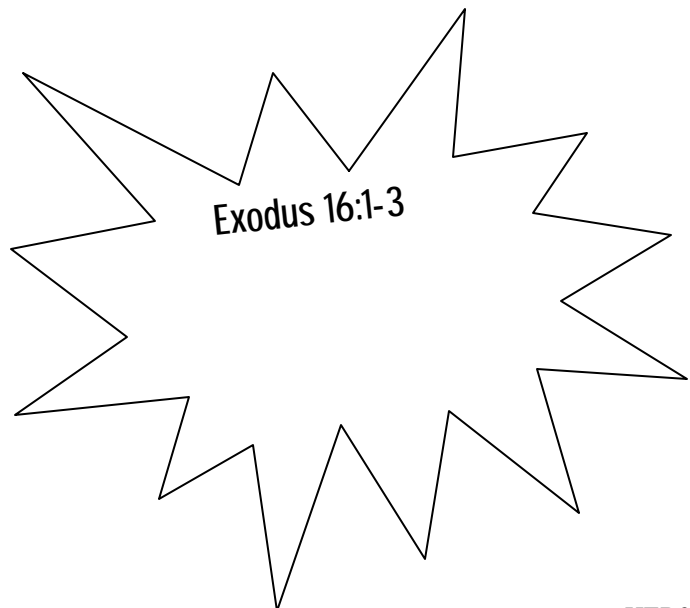
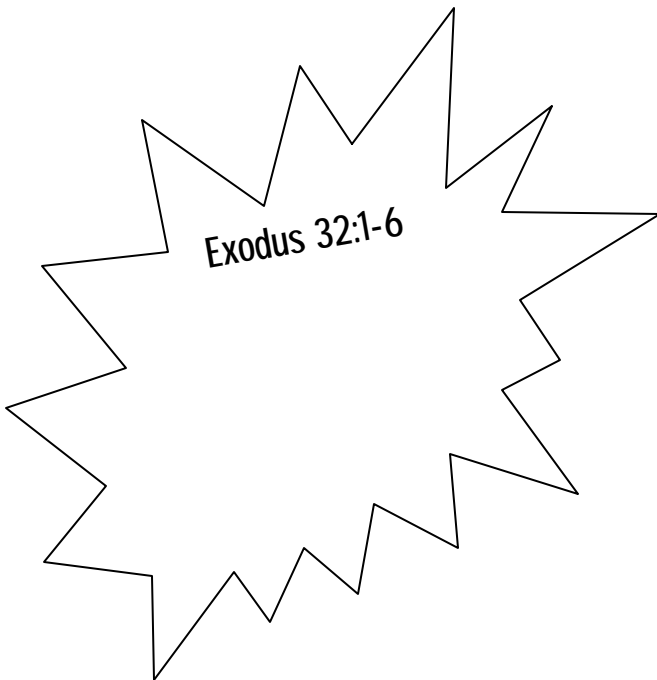
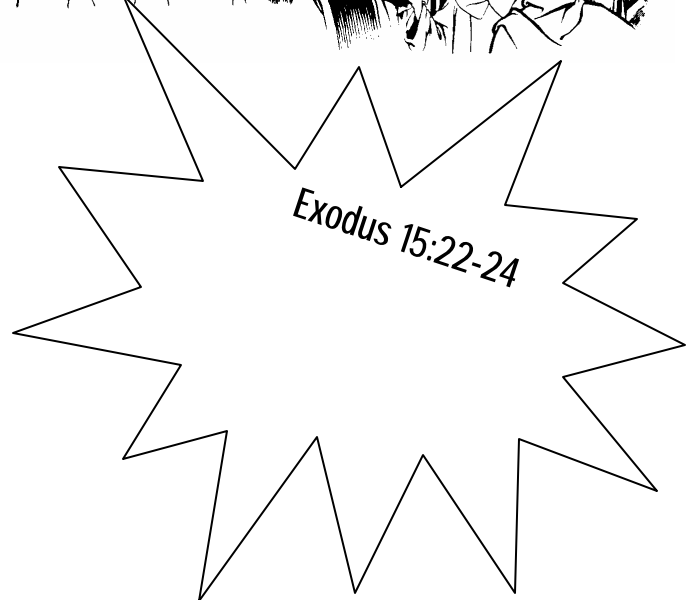
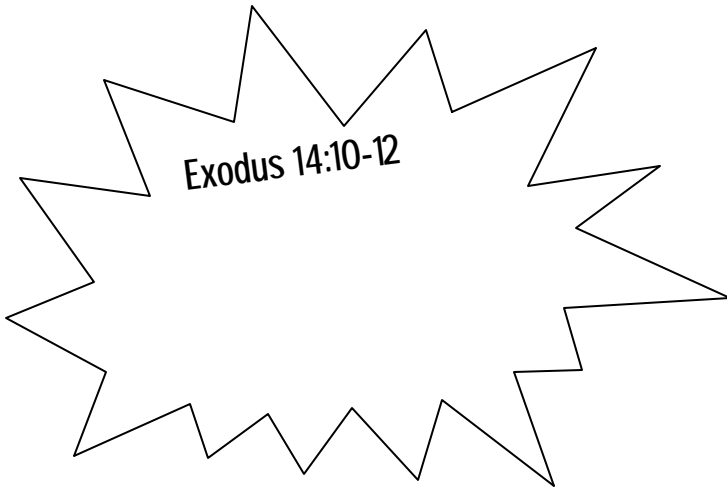
¹⁷And with whom was he angry for forty years? Was it not with those who sinned, whose bodies fell in the desert? ¹⁸And to whom did God swear that they would never enter his rest if not to those who disobeyed? ¹⁹So we see that they were not able to enter, because of their unbelief.



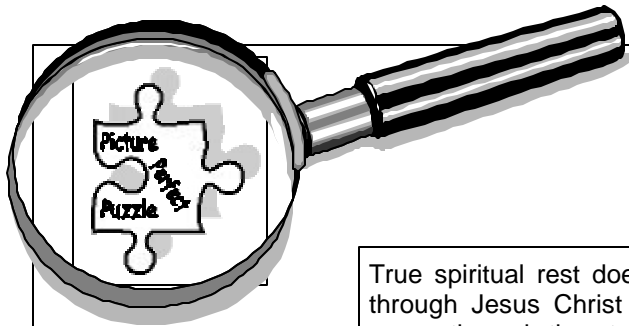
Israel's FAILURES!



Trace the wilderness wanderings of Israel and how they responded to the Lord. Take note of their attitudes and actions before God and write these inside the shape.

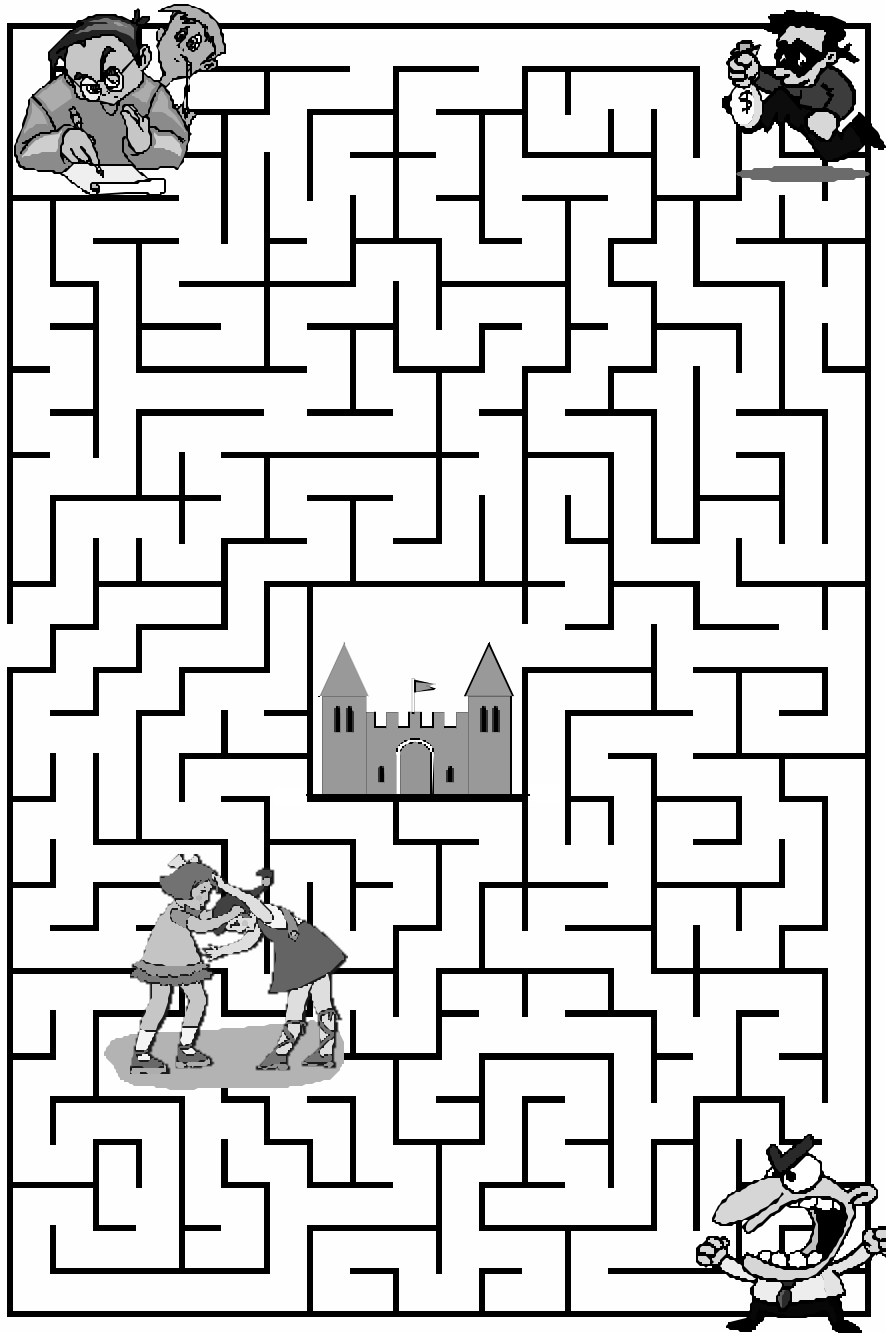


What does **Hebrews 3:12** say was the main reason why the Israelites failed to obey the Lord?



True Peace

True spiritual rest does not come through Moses or through Joshua (3:8-10), but through Jesus Christ alone. Only Jesus can forgive sin and give true spiritual peace through the eternal life by faith alone. In the maze below, try to make it to the castle which represents the true peace and safety that eternal life brings and avoid all the hazards that could prevent you from entering into the Kingdom of God.



Multiple Warning / Single Choice

For each statement there is one correct answer OR all three answers are correct.
Circle the letter (or all 3 letters) next to the correct answer.

The writer of Hebrews compared Moses to a house because...

- A. He was very large
- B. He was restful
- C. Jesus made him—like a builder makes a house

The writer of Hebrews compared the promised land to...

- A. Rest
- B. Our churches
- C. Disneyland

Which statement is true?

- A. Jesus is greater than Moses
- B. Moses is not greater than Jesus
- C. A house is not greater than its builder

The Israelites did not enter the promised land because...

- A. They were disobedient
- B. Their hearts were hard
- C. They didn't believe God

What was the first warning in the book of Hebrews?

- A. Don't think Moses is greater than Jesus.
- B. We must pay careful attention to what we have heard so that we do not drift away.
- C. Tomorrow, if you hear His voice, do not harden your heart.

True rest comes through...

- A. Moses
- B. Joshua
- C. Jesus



What is the second warning in the book of Hebrews?

- A. Today if you hear His voice, do not harden your heart.
- B. Today if you hear His voice, do not harden your heart.
- C. Today if you hear His voice, do not harden your heart.

Rest for the Christian means...

- A. Not having to earn your salvation by keeping the law
- B. Freedom from guilt because you are forgiven
- C. Heaven

All of creation is...

- A. Seen by God
- B. Created by Moses
- C. Unfinished



The writer of Hebrews compared the Word of God to a

- A. Flower
- B. Sword
- C. Builder

Aim Questions

Answer the following questions about today's Bible Adventure.

1. Who wrote the book of Hebrews?
2. Why was the book written?
3. What was going on with these Hebrew Christians?
4. What is the theme of Hebrews?
5. In chapters 1 and 2, the author proves that Jesus Christ is superior to whom?
6. Give one reason *why* Jesus Christ is superior to Moses?
7. What did the Israelites fail to do that these Jews also were in danger of losing?
8. What did the writer of Hebrews tell them to do in order to avoid this danger?

*Only Jesus Christ offers true, everlasting "rest." He took care of our sin problem once and for all and promises peace and joy to all who come in faith. If you are restless, lacking peace, and constantly struggling with sin, turn to Jesus Christ for the forgiveness of all your sins and find "true rest" in Him alone.
Do it today!*



"Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience."

Hebrews 4:11

Passage Review Questions

Hebrews 3-4

How does the writer of Hebrews describe Jesus? (3:1-3)

Describe the comparison between Moses and Jesus? (3:4-6)

What Old Testament event does this passage refer to? (3:7-11)

What should Christians be sure that they guard against? (3:12)

Why should Christians encourage one another daily? (3:13)

Why were the Israelites not able to enter into the Promised Land? (3:16-19)

What must Christians be careful of? (4:1)

People who hear the message of the Gospel and still have “no use” for it have not combined what they heard with what? (4:2)

Why were some people not allowed to enter into the presence of the Lord? (4:6, 7)

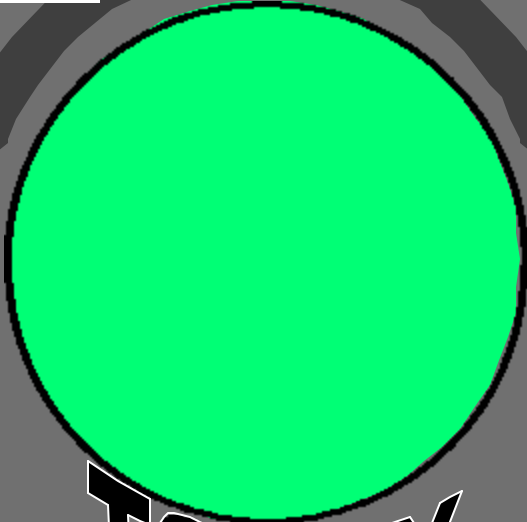
Did Joshua lead the people into the final rest or is there a rest to come? (4:8-11)

What does this passage say about God’s Word? (4:12)

Is there anything hidden from God’s sight? (4:13)

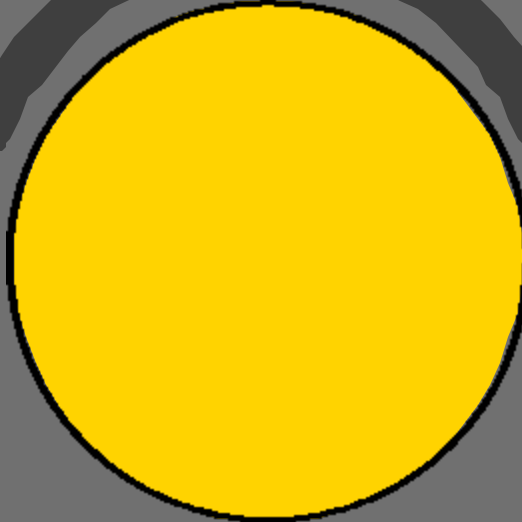
Fill in the missing parts of each warning by looking at the other warnings.

**Triple
Warning**



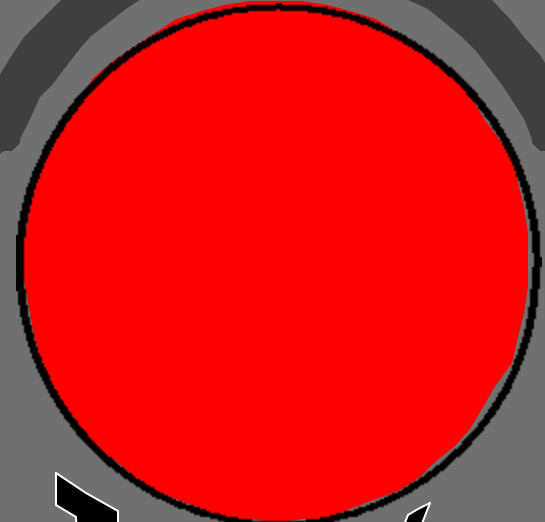
TODAY,

if you _____
his _____,
do _____
_____ hearts
as you did
_____ the _____,
During the time
of testing in the
desert... (Heb. 3:7, 8)



TODAY,

_____ you hear
_____ voice,
_____ harden
your _____
as _____
in the rebellion.
(Heb. 3:15)



TODAY,

if _____
his _____,
_____ not _____
your _____.
(Heb. 4:7)

"Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience." (4:11)

The Gospel Box

Directions: Cut out the Gospel Box and assemble into a box with the doors on the outside. Make sure the assembly tabs are inside the box. Share the Good News with a friend by using the directions and dialogue below:

To Begin, Say: Let me show you my Gospel Box. Many people think there are many ways to please God, but there is really only one way. This box shows the only way to please God and get into heaven. May I show it to you?

Turn to “The Law” door.

Explain: Some people think that if they keep the Ten Commandments they will please God. The Ten Commandments are part of the law that God gave to Moses. In Romans 3:20 the Bible says, “Therefore **no one** will be declared righteous in his sight by observing the law; rather, through the law we become conscious of sin.” According to the Bible, how many people can please God by observing the law? *No one.*

Turn to “Parents” door.

Explain: Some people think that if they are born into a Christian family they will please God and get into heaven. The Bible, however, says in John 3:3: “In reply Jesus declared, ‘I tell you the truth, no one can see the kingdom of God unless he is born again.’” Jesus said that a person must have a second birth or be born into God’s family to get into heaven.

Turn to “Being Good” door.

Explain: Some people think that if they are good all the time or that they do more good things than bad things they will please God and get into heaven. In Titus 3:5b the Bible says, “he saved us, not because of righteous things we had done.” Good works will not please God so that he will let you into heaven.

Turn to the “Church” door.

Explain: Some people think that if they faithfully attend church that God will be pleased and let them into heaven. Attending church is a good place to learn about God, but it will not get you into heaven. A church is only a building where people gather. It is good to gather together to worship God but it won’t get you into heaven.

Turn to “Prayer” door.

Explain: Some people think that if they pray many prayers, God will be pleased and let them into heaven. The Bible says in Matthew 6:7: “And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words.” Saying a lot of prayers does not get you into heaven.

Turn to the door with “Jesus Christ” on it.

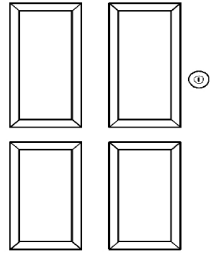
Open up the box lid and disassemble the box into a cross.

Read the top box in the cross and then read from left to right across the three boxes in the middle and then the two boxes down from the middle of the cross. Follow the numbers.

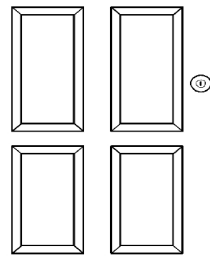
Ask the Question: Would you like to ask Jesus to forgive your sin and come into your life and be your Lord and Savior?

The Gospel Box

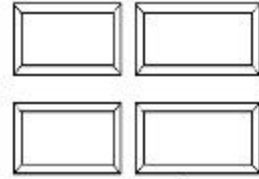
Parents



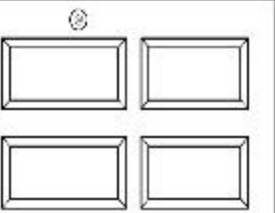
Prayer



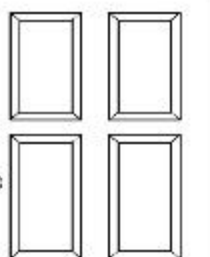
Being Good



The Law

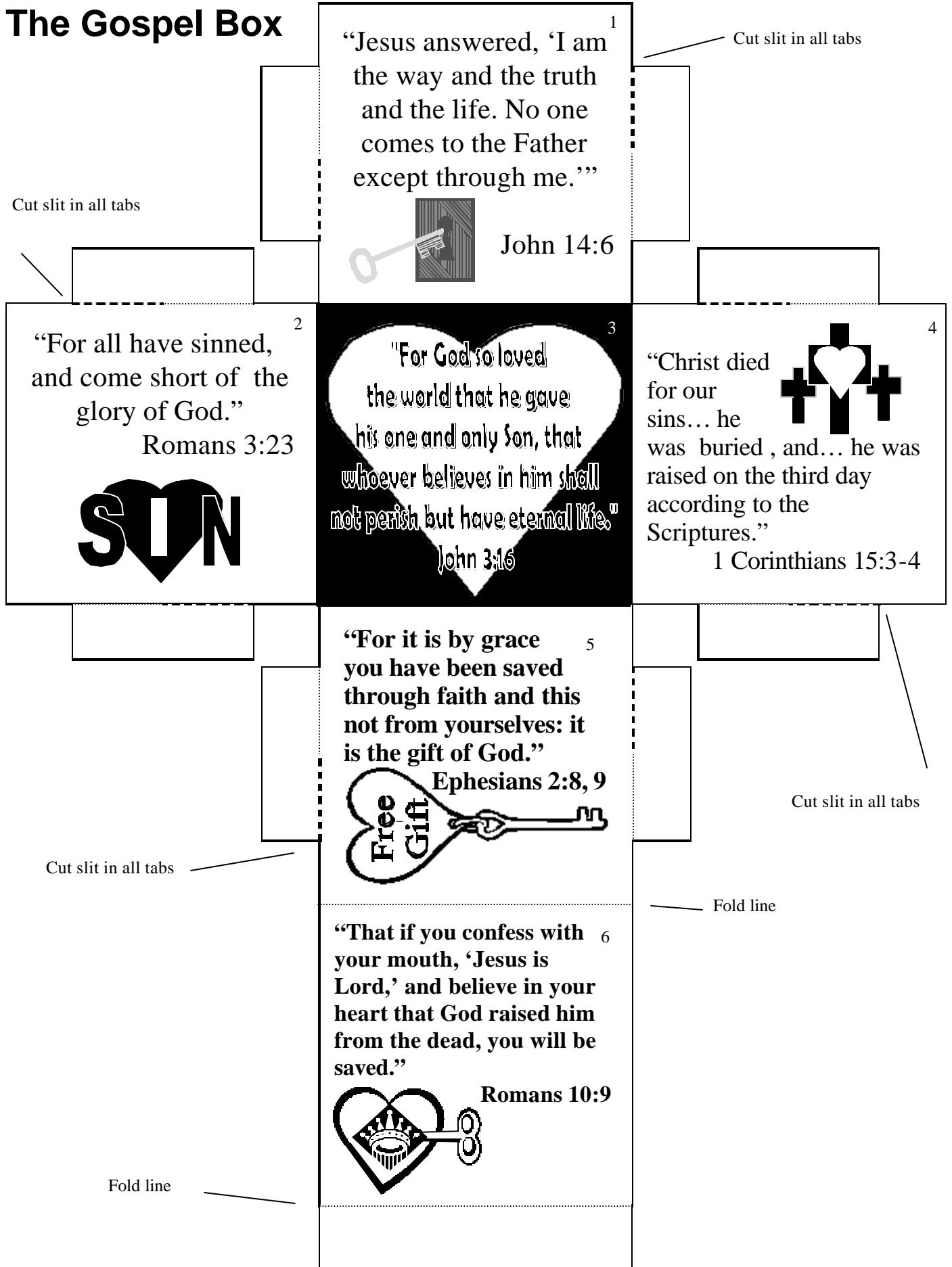


Church



Jesus Christ

The Gospel Box



What Kind of Heart Do You Want ?

Directions: Cut out the cards below and the heart folder on page two. Assemble the heart folder and write your name across the front. Put the cards that you want into your heart pocket.

Do not listen

Listen

**Sin and
Sadness will
come your way**

Do not obey

Obey

Love, Joy,
Peace today

Go your own
way

Go God's way

There will be
consequences
to pay

