

Materials I Need:










Legend:

-  = Option 1, Appropriate for 1st – 2nd Grade
 = Option 2, Appropriate for 3rd – 6th Grade

Memory Work:

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.” Galatians 5:22-23

 **Hook:**

- In Control (Activity).** ,  Bring in a remote-controlled car and allow the students to take turns controlling it. Set up a simple obstacle course and run the car through it. Once the students have each had a turn, explain to them that this morning they will learn about allowing God's Spirit to control our lives. When we give our lives to Christ and walk in the Spirit, Christ-like qualities—or spiritual fruit—will be evident in our lives.
- Personal Attributes (Activity/Discussion).** ,  Bring in several magazine pictures of different people. Talk about what the students think these people might be like. Now go back and talk about these same pictures and ask the students what these people should be like if they are Christians. See if you can extract any of the fruit of the Spirit. This will give you a lead into setting the stage for this morning's Bible Adventure.
- Student Silhouettes (Activity).**  As the students arrive, outline their bodies on butcher paper. Hang the drawn outlines on the walls of your classroom. These will be used for the LOOK time activity. As you do this, ask the students what kind of person they think Christ is. Record these ideas separately and refer back to them as you review the fruit of the Spirit.
- Slave/Master (Discussion).** ,  Ask the students to tell what they know about slaves. What is a slave? Is being a slave easy, desirable, fun? How does one get freedom from slavery? (Freedom must be bought for a price.) If a slave had his or her freedom paid for, wouldn't it be foolish to remain a slave? In today's Bible Adventure, they will hear that they are all born slaves to sin. Their freedom from slavery to sin was bought and paid for by Jesus. To no longer be a slave to sin, all they have to do is accept the freedom He offers.
- What Kind of Tree? (Discussion).** ,  Bring in pictures of several trees that the students will recognize by their fruit (apple, orange, pear, etc.). Try to include pictures of fruit trees that don't have any fruit on them as well as those that do. Hold up each picture and call upon a student to identify that tree. Ask the students what made some trees easy to identify, yet they didn't know what kind some of the others were. (The trees where you could see their fruit were easy. The others were not.) Ask them to listen to today's Bible Adventure and hear how we are like these trees.



Not Enough (Activity). 🐞, 🦋 The Judaizers believed that Christ's death on the cross was not enough to please God and that they needed to add to this sacrifice their own works in order to gain acceptance into God's Kingdom. Pass out plain white paper crosses to the students, telling them that one of their teachers will "accept this gift in exchange for another good gift" that another teacher will bring in. Before this teacher shows up in the classroom with a bag of candy or cookies for all the students, ready to trade the original gift for a tastier one, allow some "false" teachers to step up and tempt the students to "add to" this original gift in their hands. Have these false teachers come up and address the students after the original presenter of the white paper crosses makes the above statement and excuses himself to leave the room to find the other teacher who will be performing the exchange and teaching today's Bible lesson. Once he is out of the room, the authorities over the activity are not directly present, just as Paul left the scene at Galatia. The false teachers (not proclaimed to be false) will informally and casually suggest a new idea and invite the students to participate. For example, "You know class, this paper cross here reminds me of Christ's sacrifice and I think it would be a good idea to write down all the kinds of sacrifices I can make for God. I am going to do that with one of these pencils here. Would anyone like to do that, too?" After a few minutes of this, a second false teacher will stand and say something like, "I have written these words on my paper cross, but I want to make it more presentable to the teacher, so I am going to color my cross with these crayons. If you wish, you may join me at this table with the box of crayons." After a few more minutes of this, send a signal to the two original teachers to return. As the Bible lesson teacher returns, he will explain the tasty exchange and sit up front with his bag of goods, asking, "Who would like to exchange his or her gift?" The teacher should choose a single student who is raising his or her hand who will respond appropriately if refused the exchange. If a student presents the white paper cross, pure and untouched as it was given, then make the trade and move on to the next student. If a student presents a cross with pencil or crayon markings on it, the exchange must be refused. Continue doing this until the whole class realizes that the exchange cannot be made for those who have "added to" the original gift of the cross. Explain to the students the situation in Galatia with Paul and the Judaizers. In today's lesson, they will learn about God's gift in the Holy Spirit. God gave us the gift of salvation in Christ Jesus and the gift of power and love in the Holy Spirit. We cannot add to these gifts because they were perfect to begin with.



The Key That Frees (Mime/Discussion). 🐞, 🦋 Develop a mime to present the concept of today's Bible lesson: Jesus Christ is the one and only key that will unshackle the chains and open the prison door to free us from our slavery to the law. That same key – that is, the grace purchased for us by Jesus Himself on the cross – also opens up the fruit of the Spirit in our lives. Whereas before we were dead, now we are alive in Christ, and have been given, as a new creation, the Holy Spirit. The abundant life is now open to us. In your mime, emphasize the shackles or prison of the law, the key that Christ opens the door to freedom, and that the same key opens up several other "fruit" that were not accessible before receiving Jesus. Christ is the one sufficient key for all of life and salvation.



Book:

Presentation Ideas –



The Fruit of the Spirit (Illustration/Coloring Page). Galatians 5:22-23, **GAL04.GF1 Pgs. 1-9.**

Bible Adventure for K – 2nd Grades –

It has been very clear in our study of Galatians over the past few weeks that Paul would not stand by and let the Judaizers preach a false gospel. The Judaizers would have the Galatian Christians believe that salvation comes by faith in Jesus Christ plus obeying Jewish laws and rituals. Paul said, "Not so! Don't believe them!" Paul firmly brought the Galatians back to the truth of God's Word and the Gospel of Jesus Christ. He declared in Gal. 2:16, "Know that a man is not justified by observing the law, but by faith in Jesus Christ. So we, too, have put our faith in Christ Jesus that we may be justified by faith in Christ and not by observing the law, because by observing the law no one will be justified." (Remember, "justified" means that God sees us as blameless because Jesus took the punishment for our sin on the cross.)

In Galatians 5, Paul attacked the Judaizers once again for insisting that the Gentiles must perform Jewish rituals in order to be saved. The way Paul saw it, this false belief was like turning the Gentile believers

into slaves who must obey the burdensome laws and rituals of the Old Testament. Adding man-made works to salvation was like heaping a great weight on someone's back.

Paul reminded the Galatians that the Holy Spirit had set them free from their bondage to the Old Testament Law as well as to any other man-made rules and rituals. Like a prisoner that's been set free from years and years of captivity, so Christ has set the sinner free from trying to do as many good works as possible in order to earn salvation. What the Galatian believers needed to do was to allow the Holy Spirit to take control of their lives.

Paul used the phrase, "live by the Spirit" to describe how the Christians should live their lives. The idea of "living or walking by the Spirit" is allowing the Holy Spirit to take control of every single part of a person's life—how he thinks, how he feels, and the choices he makes. When a believer is controlled by the Holy Spirit, he will act like Christ in all that he says and does.

If the Holy Spirit is not in control of a Christian's life, then his sinful desires will take over. These desires are called the "deeds of the flesh" and when they are in control, anything can happen! Paul urged the Galatians to be controlled by the Holy Spirit. When this takes place, the Holy Spirit produces what is called "the fruit of the Spirit." So what is the fruit of the Spirit?

Love is the main characteristic of a person who lives by the Spirit and is under His control. Love is the willingness to do whatever is best for someone, no matter how hard it may be. People will have their hearts and minds filled with the love of God and will show that love toward others. **Joy** is the gift of God to His children when their relationship is right with Him. Joy is not happiness with the things and people around a person but rather happiness in the Lord. Regardless of how bad things may be going for someone, he will have God's joy if he is walking in the Spirit. **Peace** is an inner calm of the heart knowing that all is under God's control; therefore there is no need to worry or become anxious. God's peace stands like a soldier protecting the hearts and minds of His people when they choose to be under the Spirit's control. **Patience** is being able to joyfully wait for God's timing for every event in life. Because God is in control of all things, there is no need to grow impatient with anyone or anything. **Kindness** is a willingness to treat others with tender concern and grace. It looks out for the needs of others and seeks to meet those needs. **Goodness** is a quality that reflects God's goodness to all mankind. This can be seen in one's speech and actions toward others. **Faithfulness** is being trustworthy and doing what someone has said he's going to do. It's being loyal with words and following through and not leaving things unfinished. **Gentleness** is a humble and gentle attitude that never wants to be mean to someone even when that someone has been mean first. Jesus was gentle toward those who were cruel to Him. **Self-control** is the last aspect of the fruit of the Spirit and refers to the ability to say "no" to sinful desires and temptations. Only those under the Spirit's control will have self-control to do what is right.

The fruit of the Spirit represents one Person, Jesus Christ. He lived a perfect life and demonstrated each of these characteristics in all that He said and did. When Christians choose to submit their lives to the Spirit's control, the fruit of the Spirit will result. There is no other way to have this fruit in our lives other than by the power of the Holy Spirit. No one can try to get these on his own; they can only be had when we stop relying upon ourselves and start relying upon the Lord.

Do you want to have the fruit of the Spirit in your life? Paul told the Galatians that only those who "belong to Jesus Christ" have the Holy Spirit living in them. Therefore, only Christians can show the fruit of the Spirit and grow to become more like Jesus Christ. Have you placed your faith in Jesus or are you still trying to be "good enough" to be saved?

If you are a Christian, you may be asking, "Why doesn't the fruit seem to be growing in me?" That's a very good question! In order for the Holy Spirit to have control of our lives, we must stop wanting to be in control ourselves. We need to say to God, "I want to have Your way in my life, not mine." This involves confessing and turning our backs on any known sin in our lives in order that we might please the Lord rather than our own sinful desires. If you want to start walking in the Spirit again, ask the Lord to search your heart and confess any sin He brings to mind. The more we remain under the Spirit's control, the bigger our fruit will be, and the more like Christ we will become!

Bible Adventure for 3^d – 6th Grades –

Since we live in modern America, it may be hard for us to imagine what slavery was like. The life of a slave was usually very hard—you worked long hours for no pay and no thanks. You could not make decisions about your own life; your master would make them for you. In short, you had no freedom.

The Apostle Paul's friends in the Galatian church had been freed from a kind of slavery—slavery to the Law. For the Jews in Paul's day, God's law was no longer a way for them to keep themselves separate from the rest of the world. They had now made it into a way to earn their way to heaven. The problem was that the Law was a harsh master because no matter how hard the slave tried, the master would not be pleased. "Guilty!" the Law would cry because no man was able to keep it on his own. Imagine the joy these new Christians felt when Paul came into their lives, preaching the good news that man could not earn his way to heaven, but God had made a way for him to get there. He sent His Son, Jesus Christ, to be the sacrifice for sin that God would accept forever. As the Galatians admitted that they could not do anything about their sin problem and placed their faith in Christ, they gained freedom from trying to be good enough to get to heaven.

After Paul left the Galatians and went back to his home church in Antioch, false teachers called Judaizers came to the Galatian church and began teaching lies—lies that would lead the new Christians right back into slavery if they listened. When Paul heard what the Judaizers were doing, he wrote a letter to his friends to warn them not to listen.

One of the lies the Judaizers told was that the Galatian Christians needed to be circumcised in order to be truly saved. To Paul, this was saying that faith in Jesus was not enough to save someone, and that a person had to put his faith in Christ AND keep the Law. It would be like a man who had been freed going back into a life of slavery. Could a person earn his way to heaven by being circumcised or keeping rules and laws? No! It's impossible. That's why Christ came—to free us from trying and failing to reach God in our own strength.

Paul told the Galatians they were "called to be free," but he warned that they should not use their freedom to live selfish, sinful lives. Even though they were saved, because they lived in bodies of flesh, there would still be the temptation to sin. Paul told them that they should "live by the Spirit." He was talking about allowing the Holy Spirit to take control of their lives. Living by the Spirit means you allow Him to control what you think, what you feel, and what you do. Paul talked about this in his letter to the Ephesians, too, where he called this kind of living being Spirit-filled (Ephesians 5:18). As Christians are filled with the Spirit and under the Spirit's control, they will walk and live like Christ in all that they say and do. We'll talk about what that looks like in just a moment.

What if the Spirit is not in control of a Christian's life? The flesh will be in control, and it's not a pretty picture. Our sinful bodies can lead us to sins such as wrong attitudes and behavior about sex, worshiping idols, hatred, jealousy, anger, selfishness, and drunkenness. Christians who are not under the control of the Holy Spirit will allow their flesh to control them. When this happens, sin is just outside the door.

Instead of being controlled by the flesh, Paul called the Galatians to be controlled by God's Spirit. God calls us to do the same. When we do, something wonderful happens—the Holy Spirit produces in our lives what the Bible calls "the fruit of the Spirit." The fruit is really nine qualities or attitudes that will be seen in the life of a true child of God. What is the fruit of the Spirit?

The first quality listed is **love**. Love will be the stamp on a person who lives by the Spirit. This love gives the believer the willingness to do whatever is best for someone else, even if it hurts or costs him. This love is the same, absolute kind of love God has for us. The person living by the Spirit will be overflowing with it and showing that love to others.

Joy is the gift God gives to His children when they have a right relationship with Him. It's not a feeling that depends on whether things are going well for us, but a delighting in God Himself. You can be going through terrible trials, but still have God's joy bubbling around inside you.

Peace is the sure knowledge we have that everything is under God's control, resulting in a calm heart that does not worry or become anxious. When you're under the control of the Spirit, God's peace will guard your heart and mind.

Patience is the result of a total trust in God's plan for you and for this world. If you know that He controls everything and that everything He allows into your life has a purpose, you will not need to feel impatient with anyone or anything.

Kindness is the attitude of the heart of a person who treats others with tender concern and gentle caring. We demonstrate kindness when we look for the needs of others and do what we can to meet them.

Goodness is what motivates us to deeds of kindness. We use God's example of goodness to man in our speech and actions toward others.

Faithfulness means we can absolutely be trusted to do what we say we will do. It also means that we will be loyal to others, thinking the best of them and doing what is best for them.

Gentleness is a humble, gentle attitude that does not want to fight back, even when wronged. This kind of heart submits to wrongs done against it, just as Jesus was gentle toward those who attacked Him.

Self-control is the quality that allows us to say no to sinful desires and temptations. Only the Holy Spirit of God can give us this ability.

A person who had all these qualities would be a great person to be around, wouldn't he? There is such a person, and His name is Jesus. He lived a perfect life and showed each of these qualities in all that He said and did. So, the more we allow the Holy Spirit to control us, the more fruit we will see in our lives, and the more like Jesus we will become.

All Christians have in them the desire to have the fruit of the Spirit present in their lives. Even non-Christians want love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Remember, though, that Paul told the Galatians that only those who "belong to Jesus Christ" have the Holy Spirit living in them. That means that only Christians will have the fruit of the Spirit and grow to be more like Jesus Christ.

If you are sure you're a Christian but are having trouble seeing the fruit of the Spirit in your life, it may be that you have been busy controlling your own life and not letting the Spirit be in control. We know that we can't do a thing to produce the fruit—that's the Holy Spirit's job. So we need to stop wanting to be in control and let God work in our lives to do His perfect will. Confess to the Lord your sin of wanting to be the boss, and any other sin He brings to your mind. Turn from those sins and set your heart and mind to pleasing God, not yourself. When your sin is dealt with, you'll be ready to start walking in the Spirit again. Then the more you place yourself under the Spirit's control, the more fruit there will be, and the more Jesus will be seen in you!

Aim Questions:

1. **What did Paul refer to as "a yoke of slavery?"** *Circumcision and other man-made rules for salvation.*
2. **What does it mean to "live by the Spirit?"** *To live under the Holy Spirit's control over our entire lives.*
3. **What happens when the Holy Spirit is not in control of our lives?** *The flesh takes control.*
4. **What is the fruit of the Spirit? Give a brief definition for each.** *Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.*
5. **Who are the only people who can live by the Spirit?** *Christians or those who belong to Jesus.*
6. **How does a Christian walk in the Spirit?** *Confession of sin and submission to God.*



Look:



Fruit of the Spirit (Worksheet). 🍌, 🦋 Have the students unscramble the words in the left-hand column and then draw lines to the correct definition in the column on the right. For younger students, use **GAL04.GF2 Pg. 1**. For older students, use **GAL04.GF2 Pg. 2**.



Fruit of the Spirit or Fruit of the Flesh? (Worksheet). 🍌, 🦋 Have the students complete the **GAL04.GF3** by circling the fruits of the Spirit with fruit-scented markers. Have them cross out the sins of the flesh using a marker that is not fruit-scented.

- Spirit Walk (*Memory Verse Activity*).** 🍌, 🦋 Make a balance beam (about one foot from the floor). Use masking tape to write the fruit of the Spirit on the balance beam. Write the fruit of the flesh on pieces of paper scattered on the floor around the beam. As the students cross the beam they should recite the Bible verse. Encourage them to stay on the balance beam. If they are not walking in the spirit (on the beam), they are walking in the flesh (sinning).

 - Fruit of the Spirit Blended (*Snack*).** 🍌, 🦋 As you review this morning's Bible Adventure, use real pieces of fruit to talk about each of the qualities of spiritual fruit. Add to a blender and you have "Fruit of the Spirit Juice," the perfect snack for this morning's lesson.

 - Galatians 5 Crossword (*Puzzle*).** 🦋 Have the students complete the crossword puzzle from Galatians Chapter 5. *Answers: Across: 1. Self-control; 3. Gentleness; 6. Paul; 7. Judaizers; 9. Kindness; 11. Flesh; 13. Goodness; 14. Love; 15. Joy; 16. Peace. Down: 2. Faithfulness; 3. Galatians; 4. Patience; 5. Gospel; 8. Apostle; 10. Saved; 11. Fruit; 12. Holy; 17. Christ, GAL04.GF4.*

 - Student Silhouettes Completion (*Activity*).** 🍌, 🦋 Give the students several pieces of colored paper and have them cut out free-formed or geometric shapes. Label each shape with a fruit of the Spirit. Paste the labels from **GAL04.GF5** underneath each character trait (fruit name). Now have each student paste these on the silhouette, which was completed during the HOOK time. Cut out a heart from red or pink paper and paste it in the chest area of each silhouette. Now attach pieces of yarn from the heart to each of the pieces of fruit. Explain that first we must have Jesus as Lord of our lives, living in our hearts, in order to manifest His fruit of the Spirit outwardly, so that others might see Him through us. These silhouettes can stay up in the classroom for decorations or be taken by the students for room decorations at home.

 - Be A Fruity Person (*Craft*).** 🍌, 🦋 Explain to the students that if we are filled with the Spirit, fruit will be evident in everything we do. As they assemble this craft, be sure to review each of the qualities of the fruit of the Spirit and the difference between walking in the Spirit and walking in the flesh. Send this home with the students to remind them to walk in the Spirit throughout the coming week. This would make an awesome rearview mirror ornament. See also the Fruity Necklace option, **GAL04.GF6 Pgs. 1-3.**

 - Artificial Fruit (*Snack/Object Lesson*).** 🍌, 🦋 Give out fruit slices to the students for a snack, but give some students plastic fruit instead. Of course they will not want the plastic fruit as a snack. Point out that the plastic fruit looks good, is a pretty color, the right size, etc. Ask why they don't want it. Explain that just as the plastic fruit looks good but the inside is hollow (the fruit is not real), the Judaizers' actions looked good, but their hearts were not filled with the Spirit (they were fake Christians).

 - Aim Questions (*Worksheet*).** 🍌 Have the students answer the Aim Questions about today's Bible Adventure, **GAL04.GF7.**

 - Passage Review Questions (*Worksheet*).** 🍌, 🦋 This booklet contains many questions from the Scripture passage covered in today's lesson. Students may work on them in class and complete them during the week at home, **GAL04.GF8.**

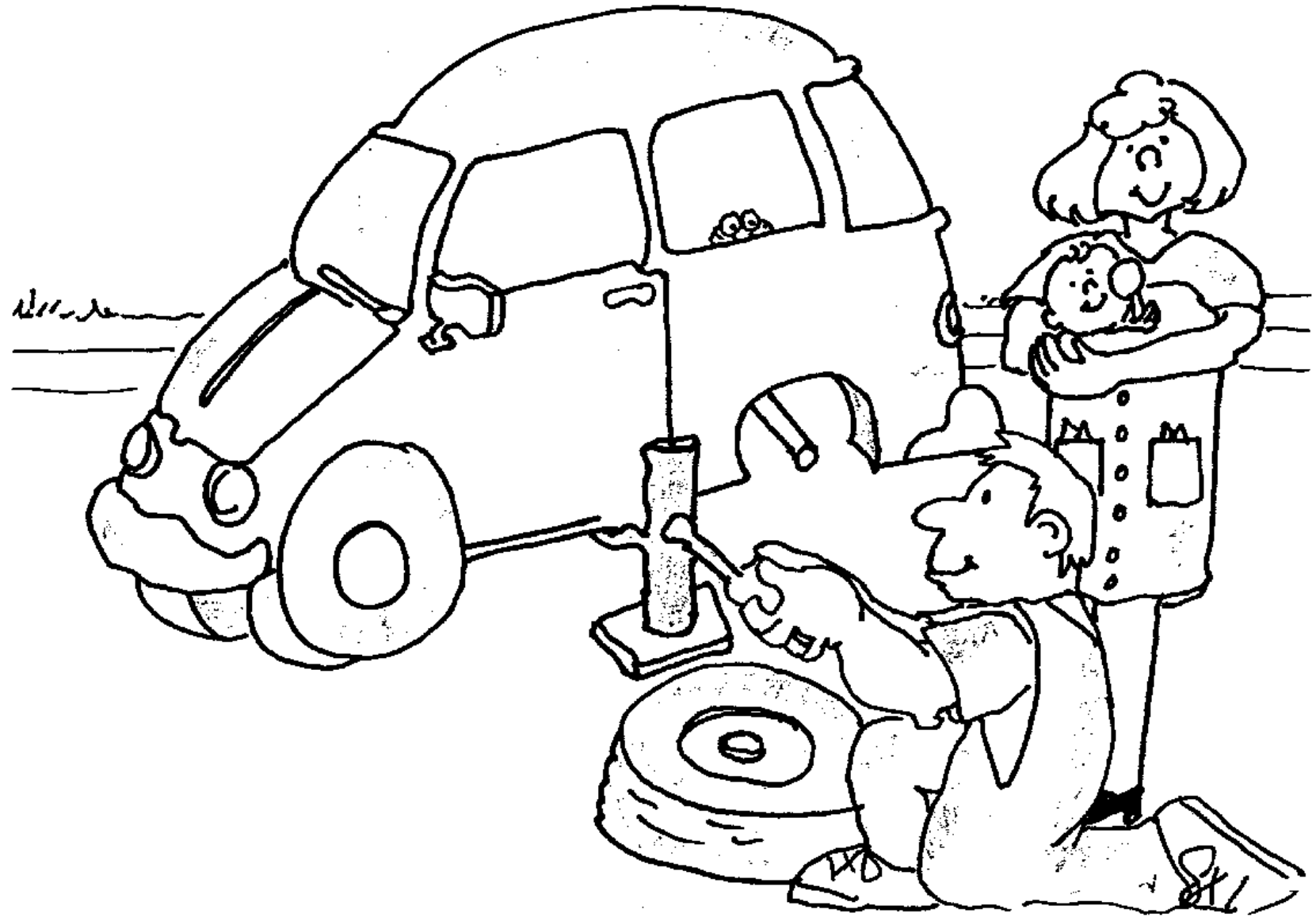
 - Galatians 5:22-23 (*Memory Verse Song*).** 🍌 Words and music for today's memory verse are available upon request from Children's Ministry.
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Took:

- Walking in the Spirit This Week (Craft).** 🍌, 🦋 Using **GAL04.GF9**, construct this take-home craft to help remind the students to walk in the Spirit. They can use this to record the times when they were actually walking in the Spirit each day.
- Fruit For the Day (Take-Home Daily Activity).** 🍌, 🦋 Have the students take home and complete **GAL04.GF10**. Encourage them to place a different fruit in the slit pocket for each day, and pray that God would display that spiritual fruit in them to others throughout that day.
- Walk in the Spirit (Take-Home Worksheet).** 🍌, 🦋 Give each student a **GAL04.GF11** to use at home this week.
- Fruit of the Spirit (Take-Home Worksheet).** 🍌, 🦋 Give each student a **GAL04.GF12 Pg. 1** and a fruit bowl pocket from **GAL04.GF12 Pg. 2** to use at home this week. Also, give the students a sheet of multi-colored round stickers to stick in the pocket of their charts. Have them place a “fruit” on the days that they obey the rules in their home.
- Memory Verse Pop-Up Card (Craft).** Use cardstock and duplex copy **GAL04.GF13 Pg. 1 & 2**. Have the students color the memory verse letters on **GAL04.GF13 Pg. 1** and the fruit on **GAL04.GF13 Pg. 3** with colored markers. Next, have them fold **GAL04.GF13 Pg. 1** in half on the fold lines and cut on the cut lines on **GAL04.GF13 Pg. 2**. Have them open the page and fold out the pop-out tabs. (See FIGURE 1.) Finally, have the students cut out the three bunches of fruit and paste them on the pop-out tabs, making sure that they are in the order of the memory verse (Galatians 5:22, 23).
- Fruit of the Spirit Hop (Game/Activity).** 🍌, 🦋 This is a great outdoor activity. Using the outline on the **GAL04.GF14**, make a Fruit of the Spirit cube of squares. Explain to the students the rules of the variation you have chosen. Give the students a copy of the **GAL04.GF14** and a piece of chalk to play/practice their Bible verse at home.

The Fruit of the Spirit



The fruit of the Spirit is love. Galatians 5:22

The Fruit of the Spirit



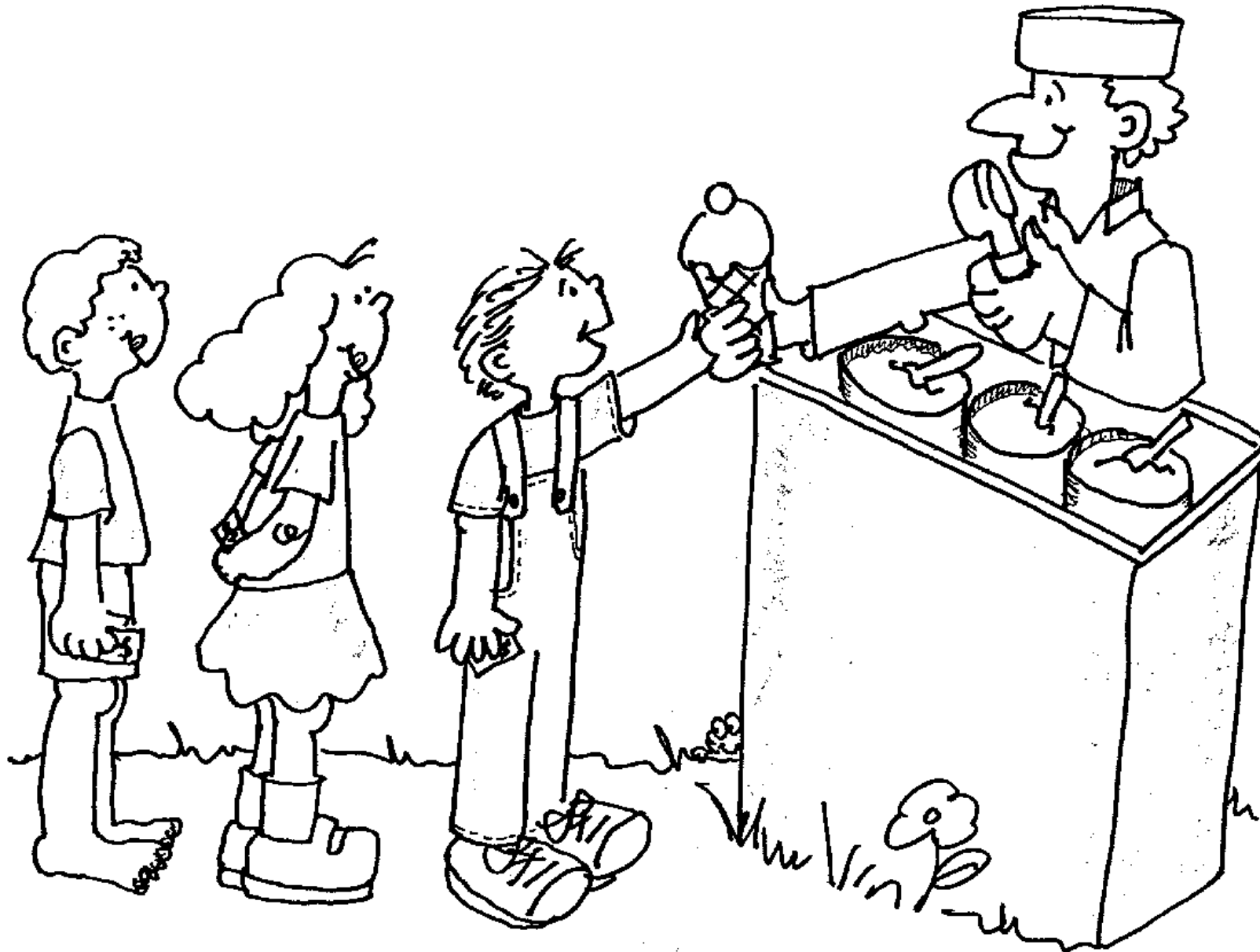
The fruit of the Spirit is joy. Galatians 5:22

The Fruit of the Spirit



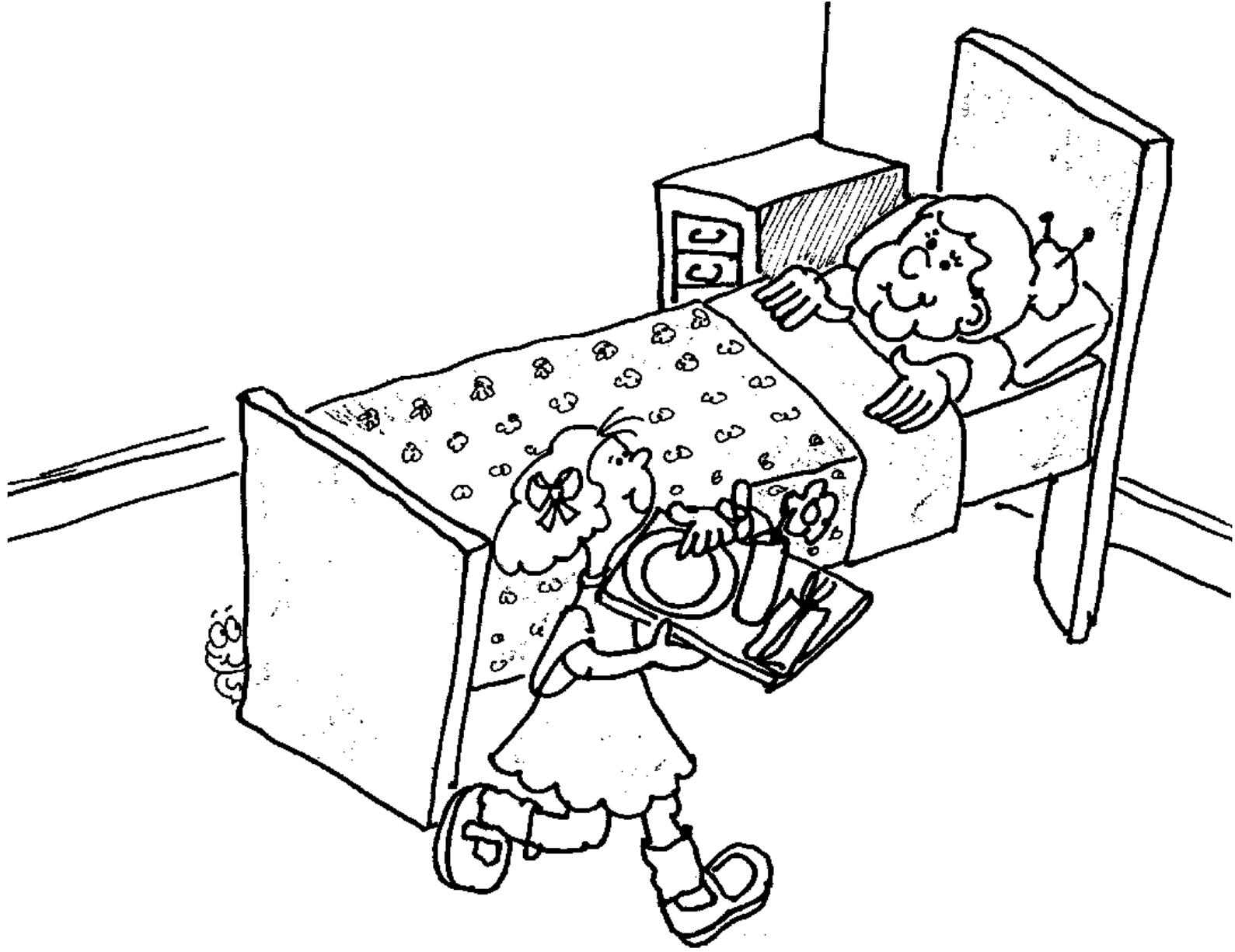
The fruit of the Spirit is peace. Galatians 5:22

The Fruit of the Spirit



The fruit of the Spirit is patience. Galatians 5:22

The Fruit of the Spirit



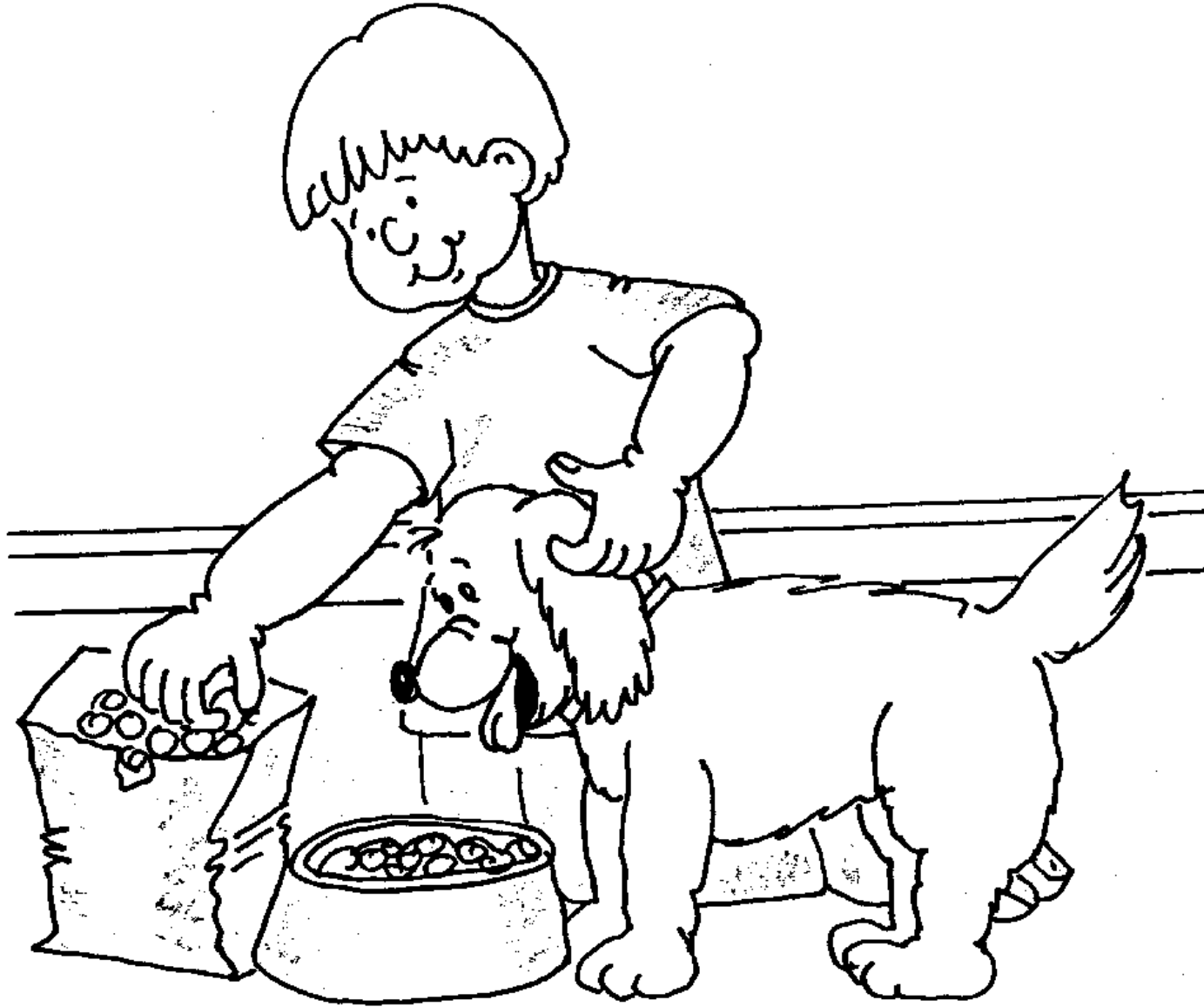
The fruit of the Spirit is kindness. Galatians 5:22

The Fruit of the Spirit



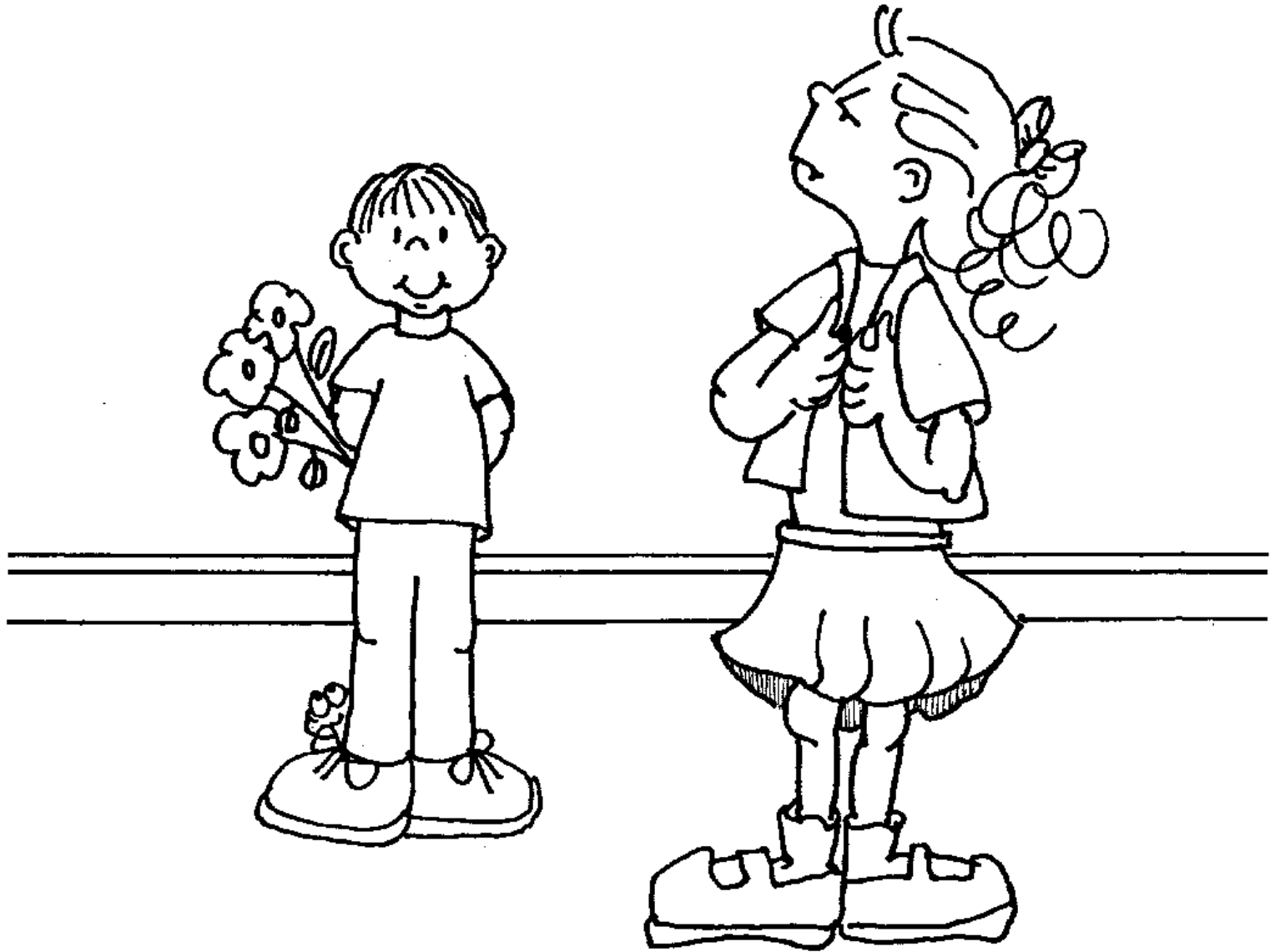
The fruit of the Spirit is goodness. Galatians 5:22

The Fruit of the Spirit



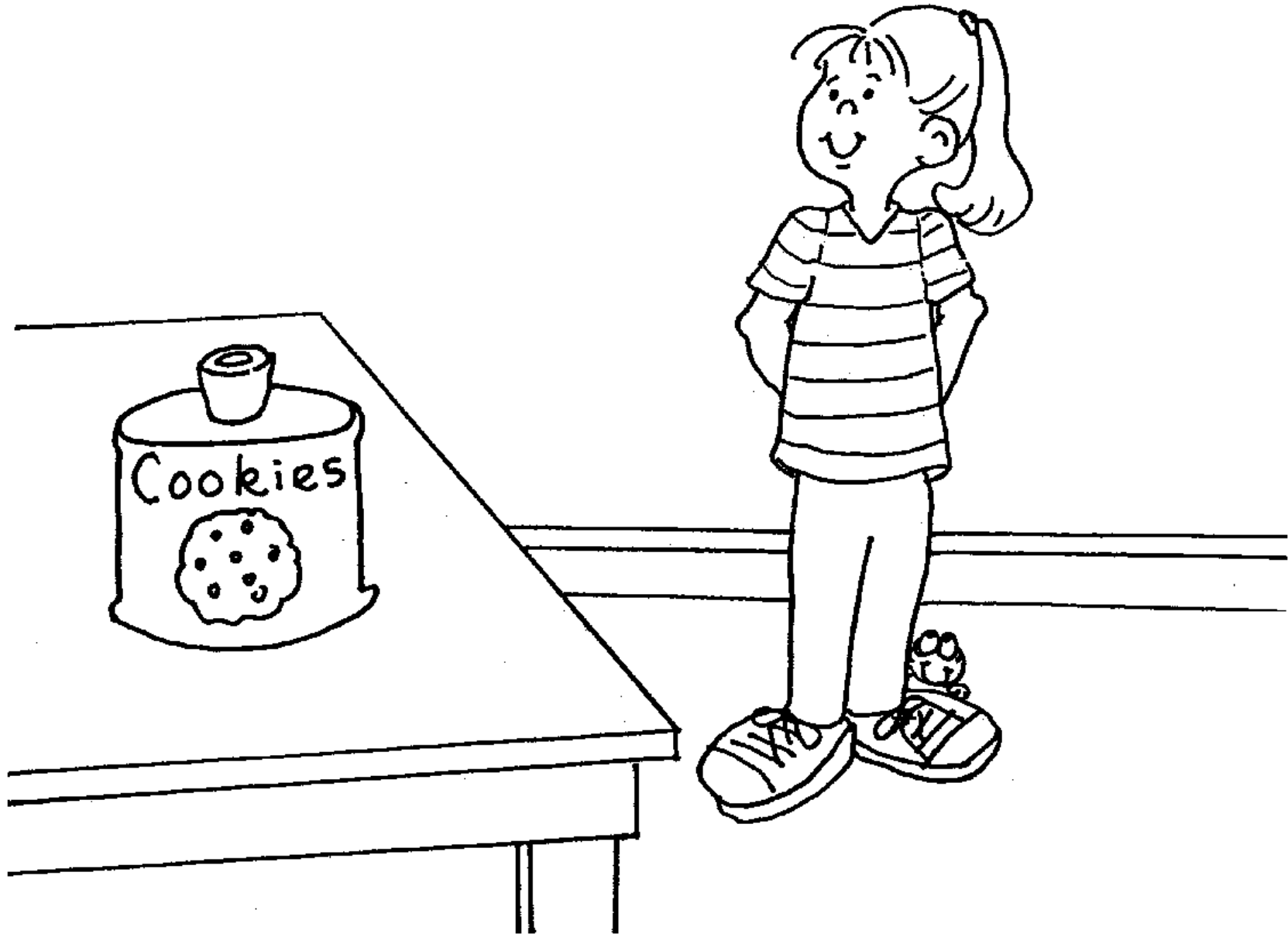
The fruit of the Spirit is faithfulness. Galatians 5:22

The Fruit of the Spirit



The fruit of the Spirit is gentleness. Galatians 5:23

The Fruit of the Spirit



The fruit of the Spirit is self-control. Galatians 5:23

FRUIT OF THE SPIRIT

GALATIANS 5

Unscramble the words in the left-hand column and then draw lines to the correct definition in the column on the right.

VEOL

OYJ

CAEPE

PEACENTI

NENDKI SS

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LEFS-TONCROL

JOY is the gift of God to His children when their relationship is right with Him.

PATIENCE is, as one person put it, "waiting with a smile on your face."

KINDNESS is the attitude of the heart that treats others with tender concern and grace.

LOVE is the willingness to do whatever is best for someone else, regardless of the sacrifice.

SELF-CONTROL refers to the ability to say "no" to sinful desires and temptations.

GOODNESS is a quality that reflects God's goodness toward all mankind.

GENTLENESS is a humble and gentle attitude that does not seek vengeance, even when wronged.

FAITHFULNESS is being trustworthy and doing what we've said we're going to do.

PEACE is an inner calm of the heart that all is under God's control; therefore, there is no need to worry or to become anxious.

FRUIT OF THE SPIRIT

GALATIANS 5

Unscramble the words in the left-hand column and then draw lines to the correct definition in the column on the right.

VEOL

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OYJ

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CAEPE

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_____ is being trustworthy and doing what we've said we're going to do.

LEFS-TONCROL

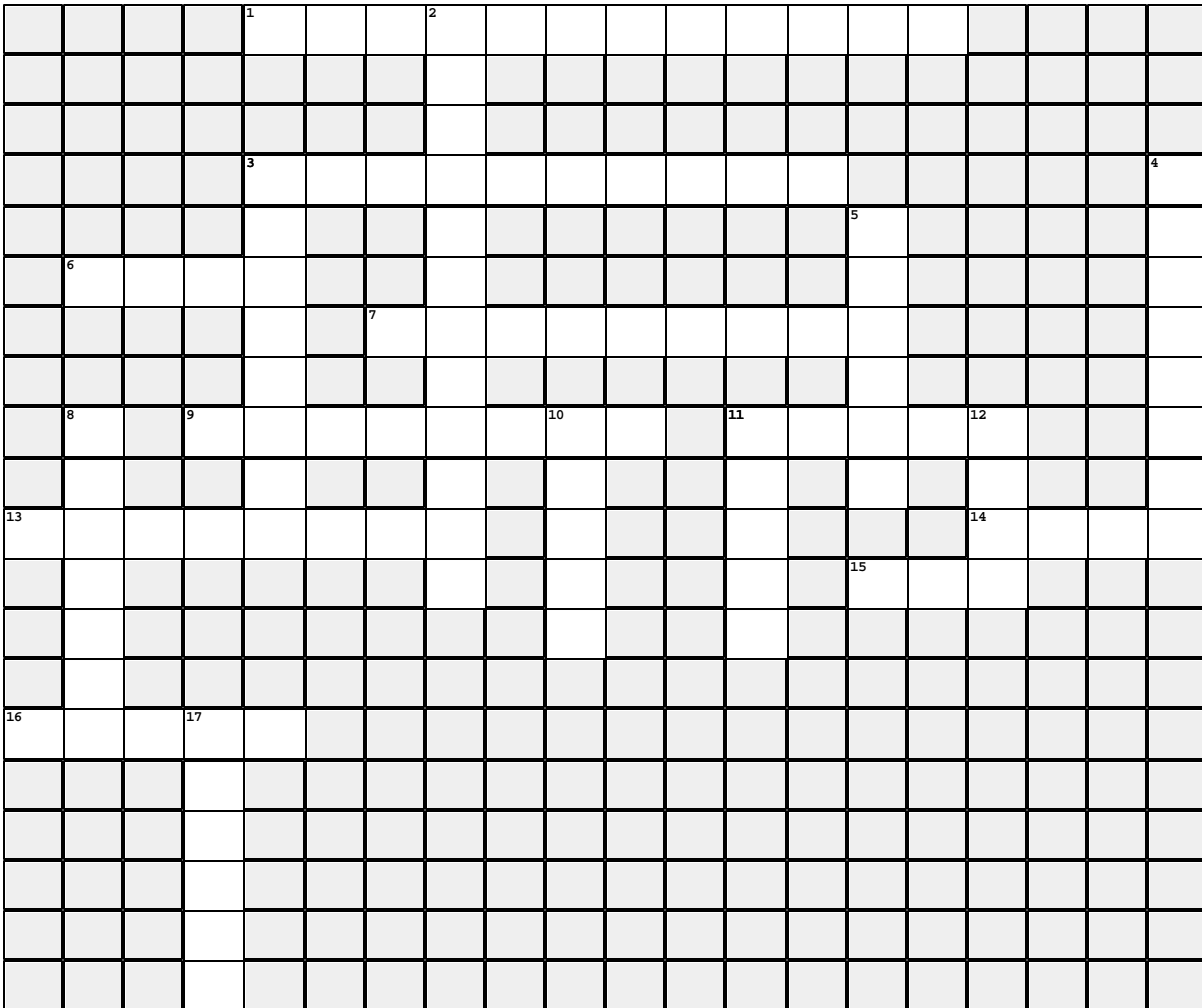
_____ is an inner calm of the heart that all is under God's control; therefore, there is no need to worry or to become anxious.

Fruit of the Spirit or Fruit of the Flesh?

Color the fruit of the Spirit with a fruit-scented marker. Cross out the fruit of the flesh.



Galatians 5 Crossword Puzzle



Across

1. Ability to say “no” to sin.
3. Humble attitude.
6. Author of the letter.
7. False teachers within the Galatian church.
9. Tender concern shown for others.
11. This is what is in control when the Spirit is not.
13. The motivation for deeds of kindness.
14. A willingness to do whatever is best for someone else.
15. Delighting in God.
16. A calm hear realizing that God is in control.

Down

2. Absolute loyalty and trustworthiness.
3. The local church.
4. A willingness to wait and trust God.
5. The Good News.
8. Paul’s official title.
10. Through faith we are _____.
11. People who belong to Jesus display spiritual _____.
12. God’s Spirit.
17. He freed us from our sin.

Student Silhouettes Fruit Labels

Love

Love will be the stamp on a person who lives by the spirit. This love gives the believer the willingness to do whatever is best for someone else, even if it hurts or costs him. This love is the same, absolute kind of love God has for us, and the person living by the Spirit will be overflowing with it, and showing that love to others.

Joy

Joy is the gift God gives to His children when they have a right relationship with Him. It's not a feeling that depends on whether things are going well for us, but a delighting in God Himself. You can be going through terrible trials, but still have God's joy bubbling around inside you.

Peace

Peace is the sure knowledge we have that everything is under God's control, resulting in a calm heart that does not worry or become anxious. When you're under the control of the Spirit, God's peace will guard your heart and mind.

Patience

Patience is the result of a total trust in God's plan for you and for this world. If you know that He controls everything and that everything He allows into your life has a purpose, you will not need to feel impatient with anyone or anything.

Kindness

Kindness is the attitude of the heart of a person who treats others with tender concern and gentle caring. We demonstrate kindness when we look for the needs of others and do what we can to meet them.

Goodness

Goodness is what motivates us to deeds of kindness. We use God's example of goodness to man in our speech and actions toward others.

Faithfulness

Faithfulness means we can absolutely be trusted to do what we say we will do. It also means that we will be loyal to others, thinking the best of them and doing what is best for them.

Gentleness

Gentleness is a humble, gentle attitude that does not want to fight back, even when wronged. This kind of heart submits to wrongs done against it, just as Jesus was gentle toward those who attacked Him.

Self-Control

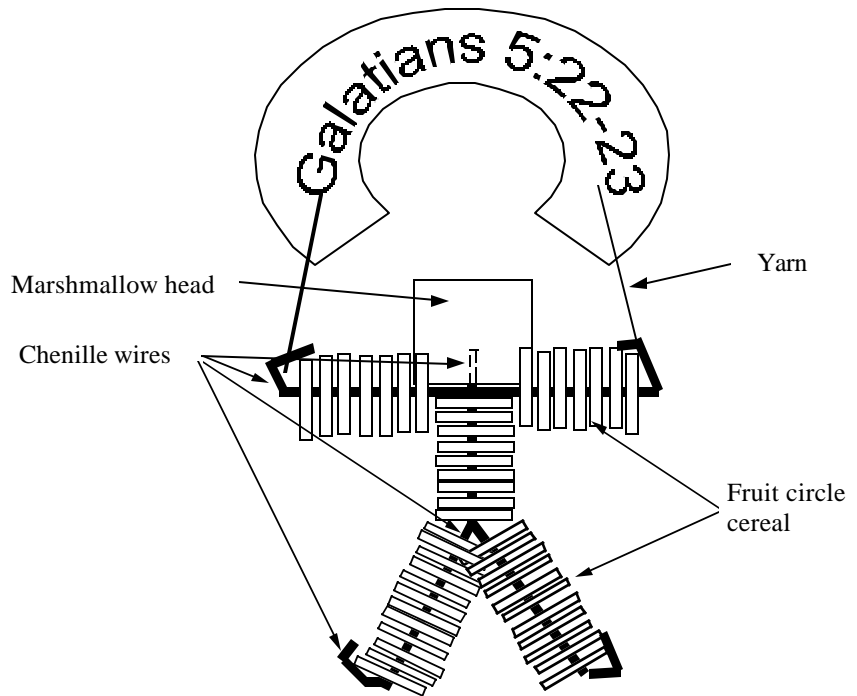
Self-control is the quality that allows us to say "no" to sinful desires and temptations. Only the Holy Spirit of God can give us this ability.

Fruity Person or Necklace

Craft Instruction Sheet

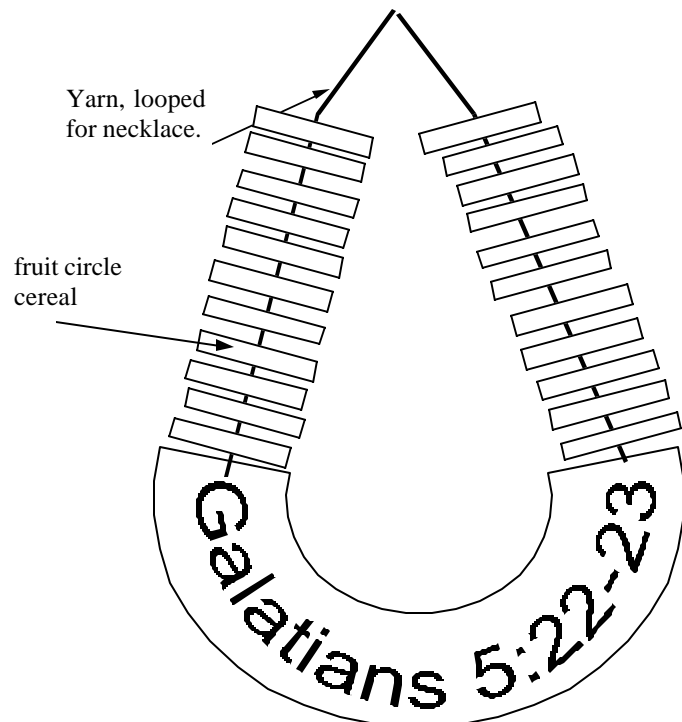
Fruity Person

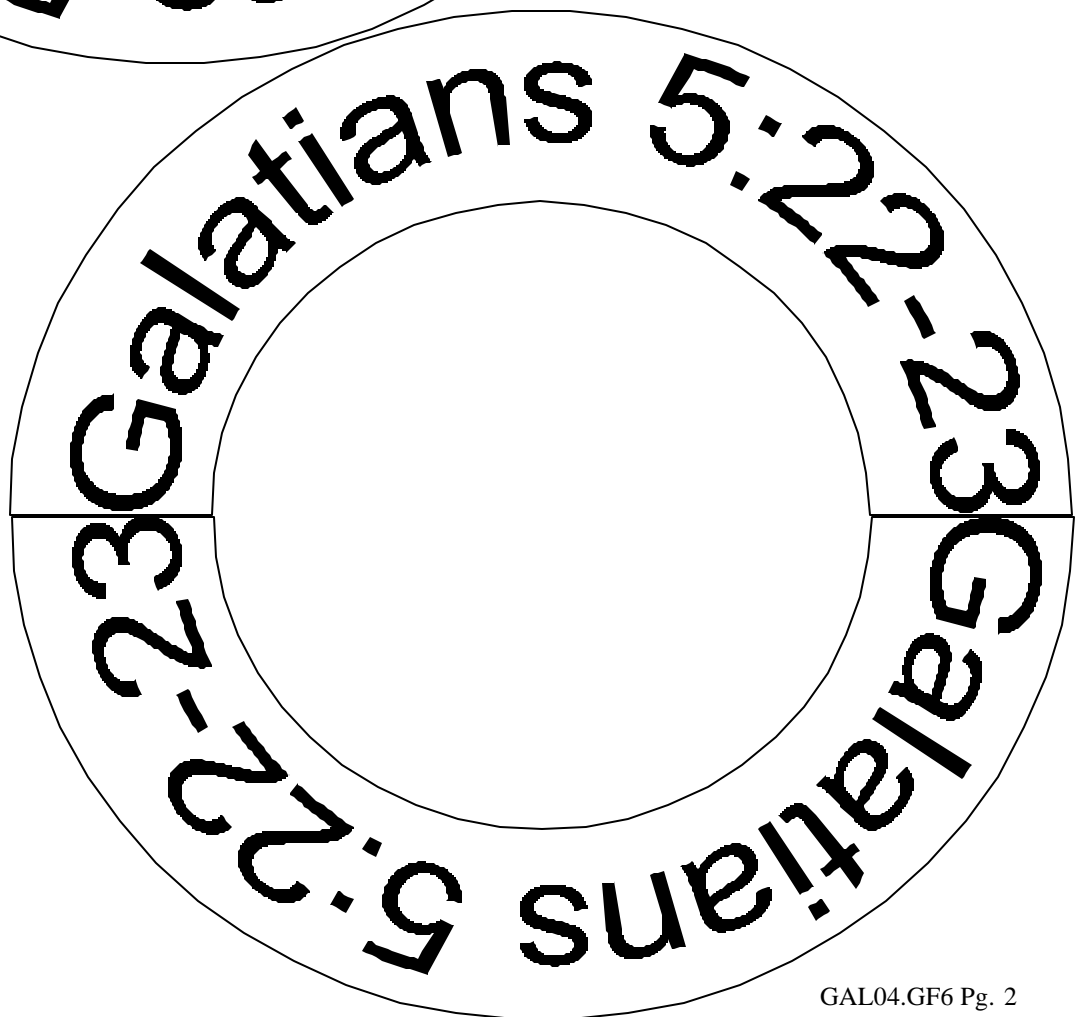
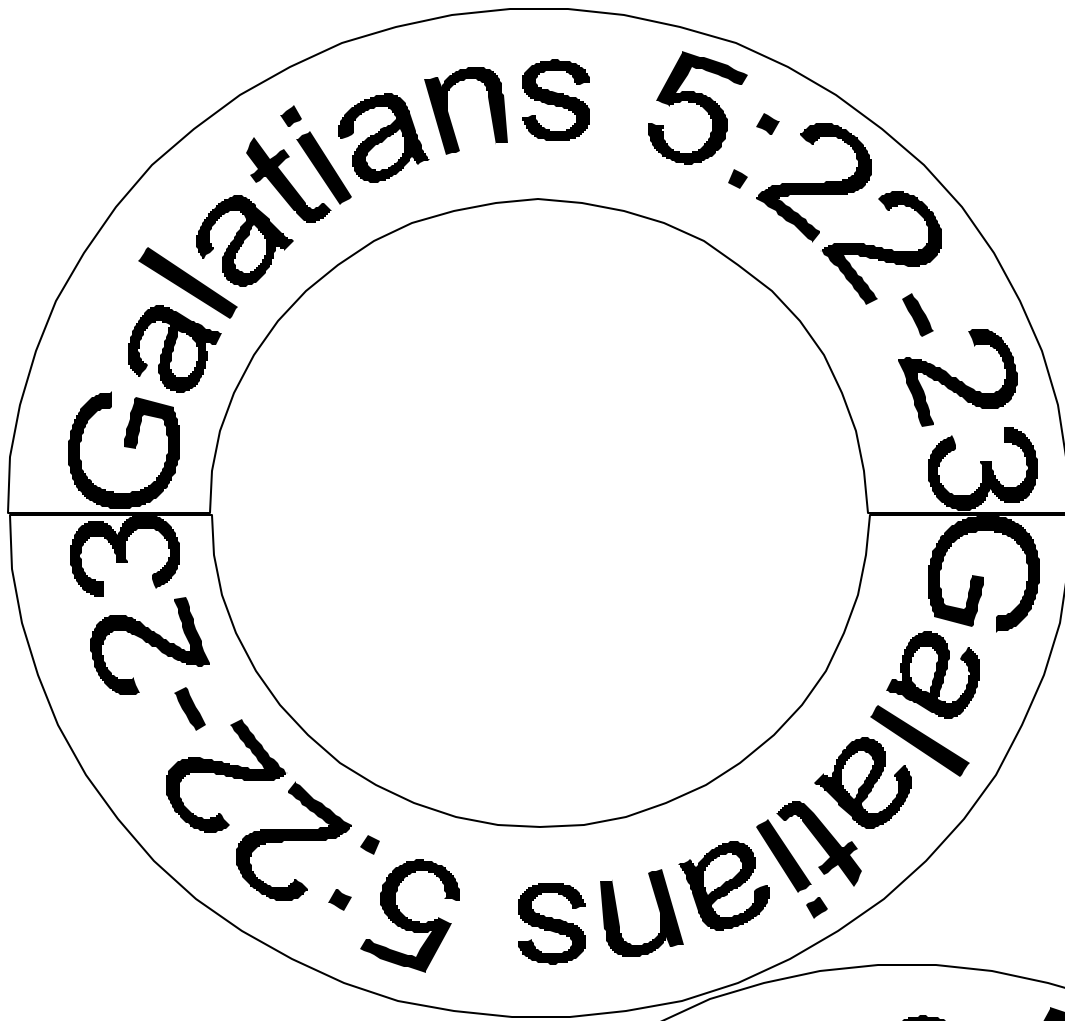
Construct your person using 1 1/2 chenille wires, 1 marshmallow, and multicolored fruit circle cereal. Use 1 chenille for the body and the legs, and the other 1/2 wire for the arms. Leave a portion above the shoulders so that the head will have somewhere to sit. Twist the wires around each other to secure. Thread the cereal onto the wires bending the ends up to make the feet, so that the cereal will stay on. Stick the marshmallow on the extra portion of the wire above the shoulders. Use markers to color the face and hair on the head. Tie a piece of yarn from the hands over the head and fasten above for hanging. Paste the Galatians 5:22-23 label “sandwiched” on the yarn at the top in rainbow fashion.



Fruity Necklace

“Sandwich” the Galatians 5:22-23 label between a piece of yarn which has been looped large enough to wear as a necklace. Paste the label in place and wait for it to dry. Thread fruit circle cereal onto the yarn and tie at the top. Slip over your head and wear as a necklace.





Galatians 5:22-23

Galatians 5:22-23

Galatians 5:22-23

Galatians 5:22-23

Galatians 5:22-23

Aim Questions

Answer the following questions about today's Bible Adventure.

1. What did Paul refer to as a “yoke of slavery?”
2. What does it mean to “live by the Spirit?”
3. What happens when the Holy Spirit is not in control of our lives?
4. What is the fruit of the Spirit? Give a brief definition of each.
5. Who are the only people who can live by the Spirit?
6. How does a Christian walk in the Spirit?

Only Christians have the power of the Holy Spirit within them and, therefore, can have the fruit of the Spirit in their lives. Christians who don't see His fruit in their lives need to ask God to search their heart, help them to recognize any sin they have, repent of it, and give control of their lives over to Him.

Galatians Chapter 5

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.” Galatians 5:22-23

Fruit for the Day

Galatians 5:22-23

Cut slits where the lines indicate. Mount this sheet on a piece of colored construction paper being careful not to paste the slits closed. Color the pieces of fruit on page two and cut them out. Each day select one which represents the spiritual attribute you exhibited most that day, and insert it into the slit next to that day. Pray for the continued filling of God's Holy Spirit.

Monday

Tuesday

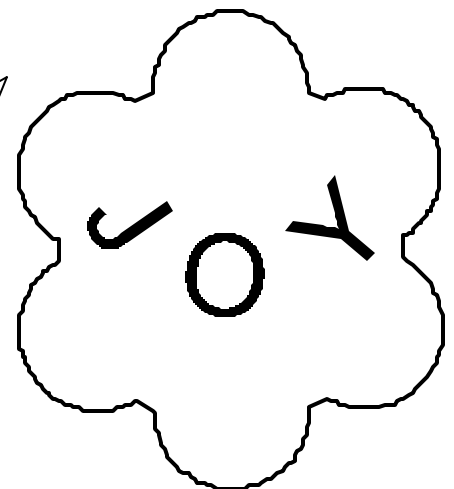
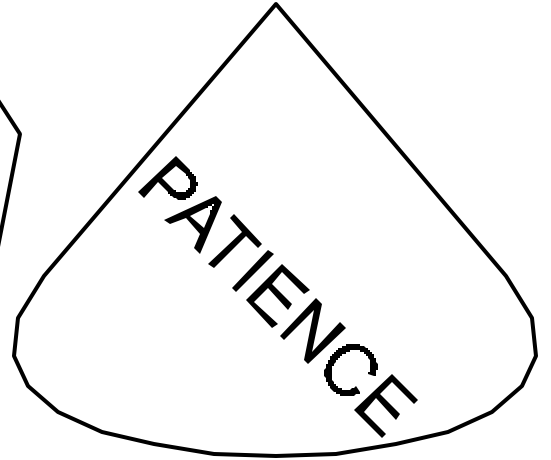
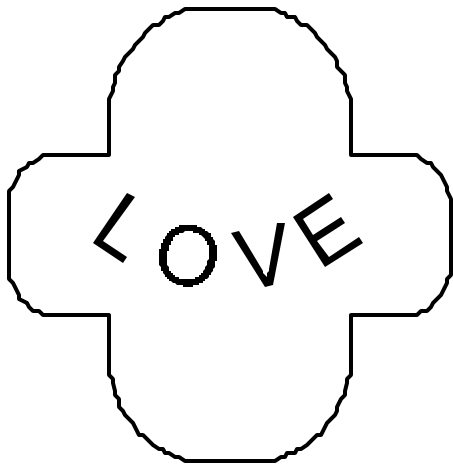
Wednesday

Thursday

Friday

Saturday

Sunday



Passage Review Questions
Galatians Chapter 5

According to verse 1, why has Christ set us free? (5:1)

Can you be justified by the law? (5:3-4)

How does faith express itself? (5:6)

The Galatians started off well, but were they ending well? (5:7)

What was going to happen to the false teacher(s)? (5:10)

Does the freedom a Christian has in Christ allow him or her to sin? (5:13)

How should a Christian treat another Christian? (5:13)

How is the entire law summed up? (5:14)

What happens to people who fight and argue with their friends and family? (5:15)

How do we live in order to fight our sinful nature? (5:16-17)

What are some of the acts of the sinful nature? (5:19-21)

What happens to people who live sinful lives? (5:21)

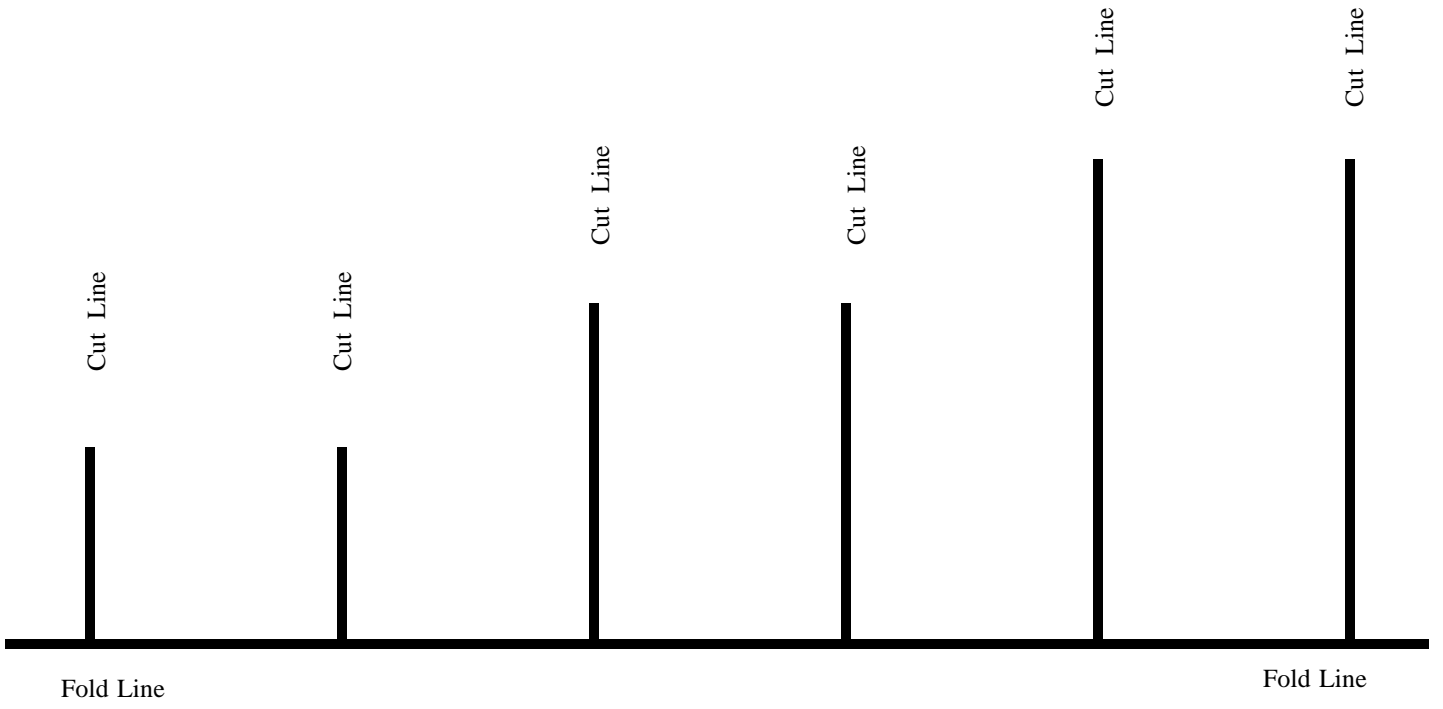
What is the fruit of the Spirit? (5:22-23)

Who are the only people that are able to enjoy the fruit of the Spirit and deny a sinful life? (5:24)

What are three things that a person should not do if the Spirit controls them? (5:26)

But the fruit of the Spirit is

Galatians 5:22-23



Directions: Use cardstock and duplex copy pages 1 and 2. Color page 1 and the fruit on page 3 with colored markers. Fold page 1 in half on the fold line. Cut with scissors on the cut lines on page 2. Open the page and fold out the pop-out tabs. See FIGURE 1. Cut out the three bunches of fruit and paste on the pop-out tabs, making sure that they are in the order in the memory verse.

Galatians 5:22, 23 "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control."

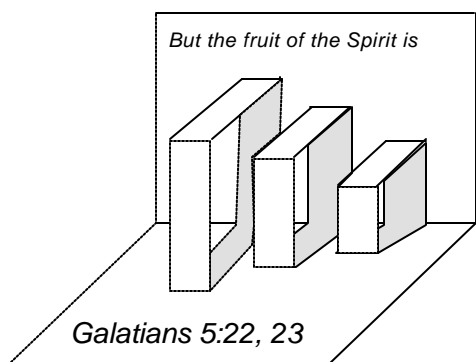
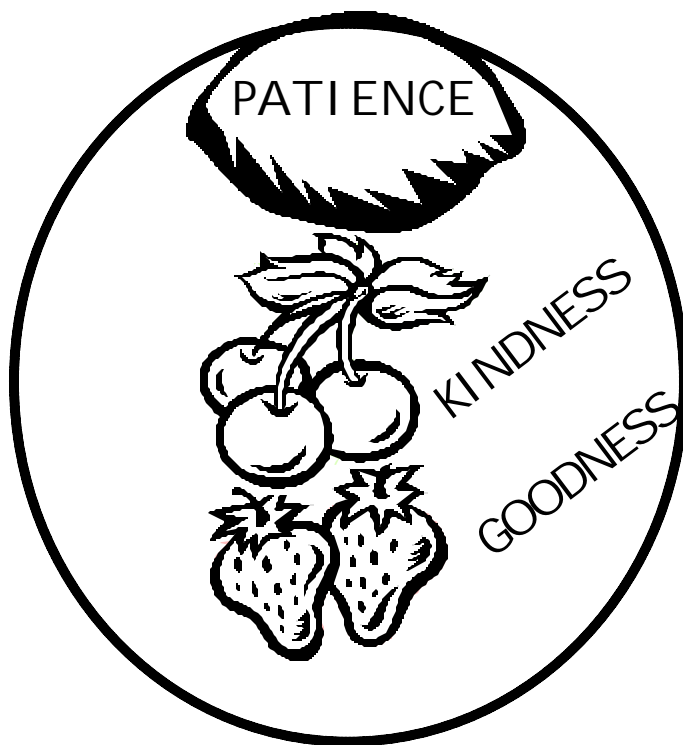
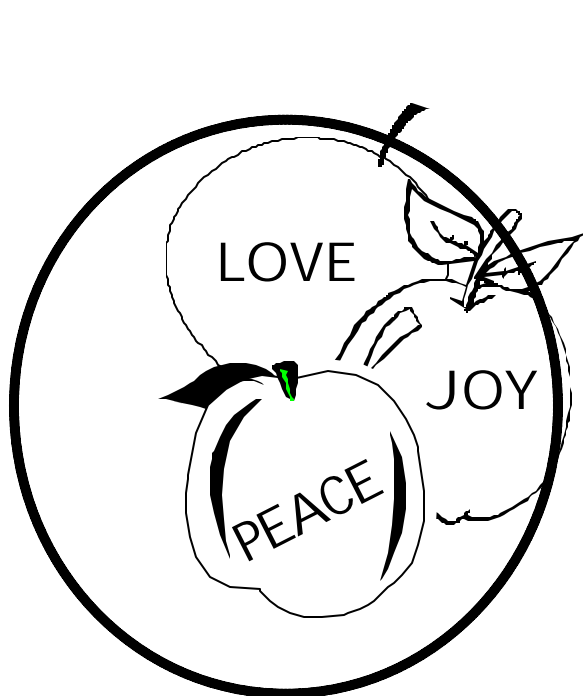
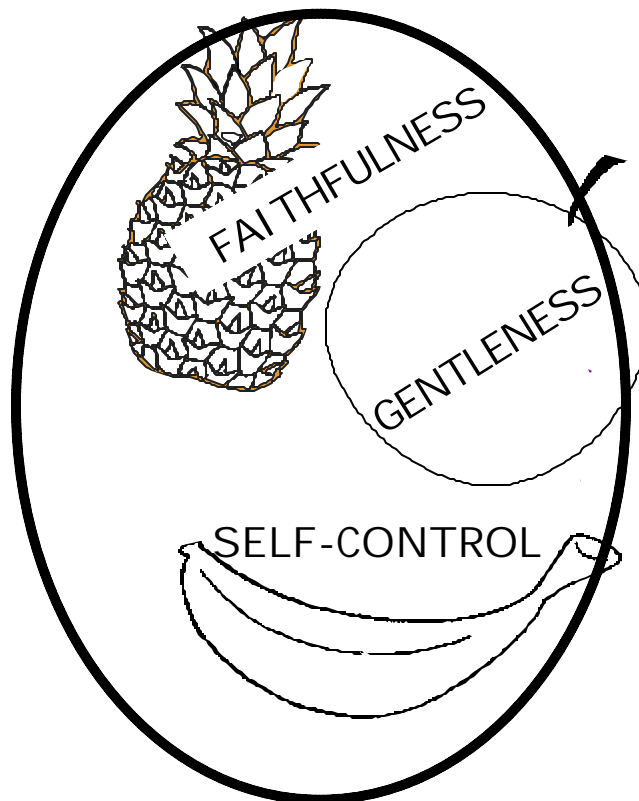


FIGURE 1



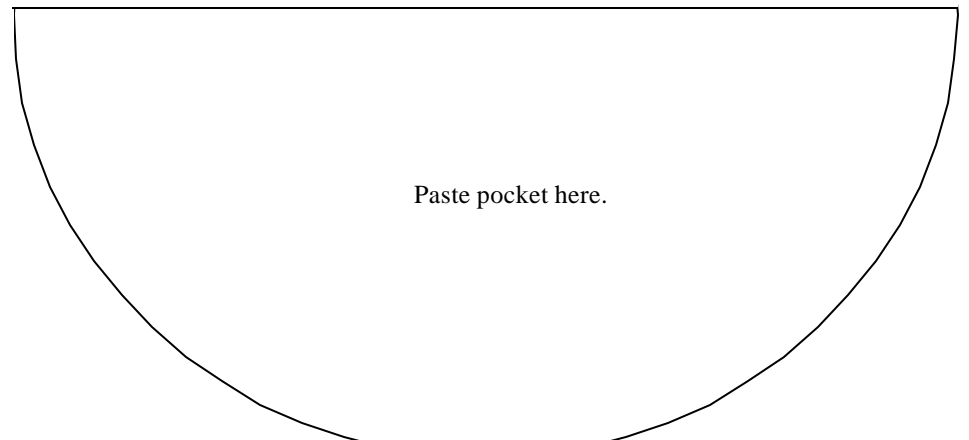
Fruit of the Spirit

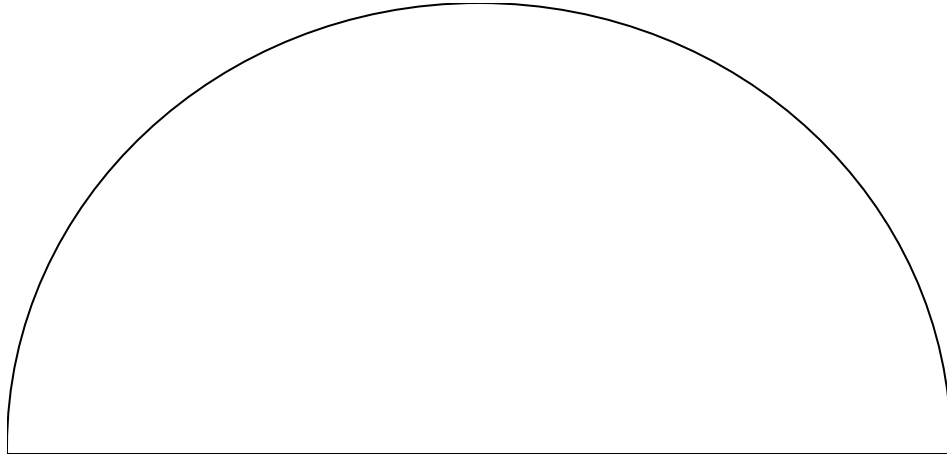
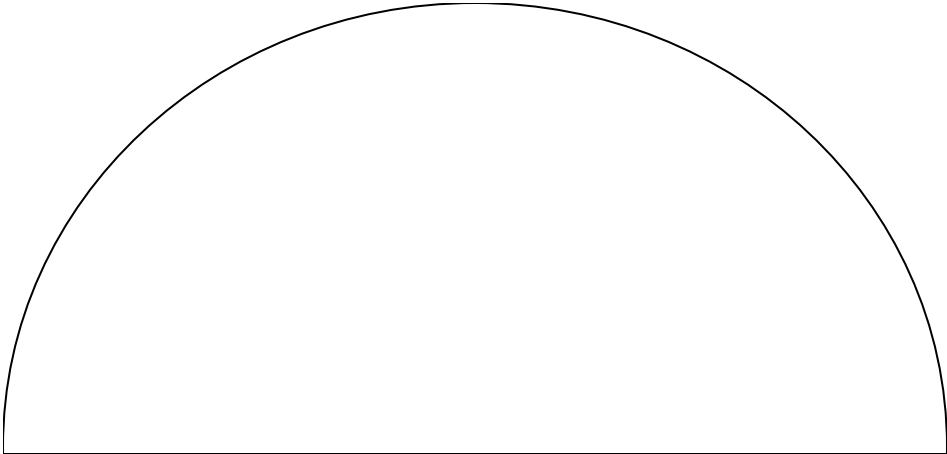
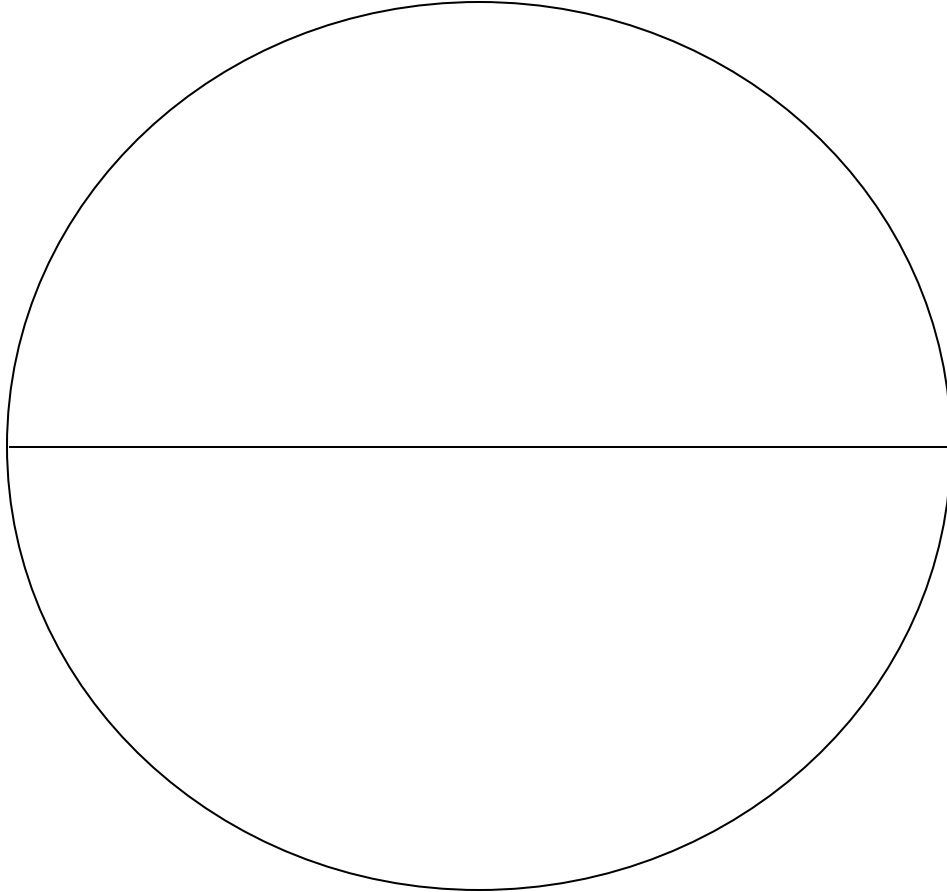
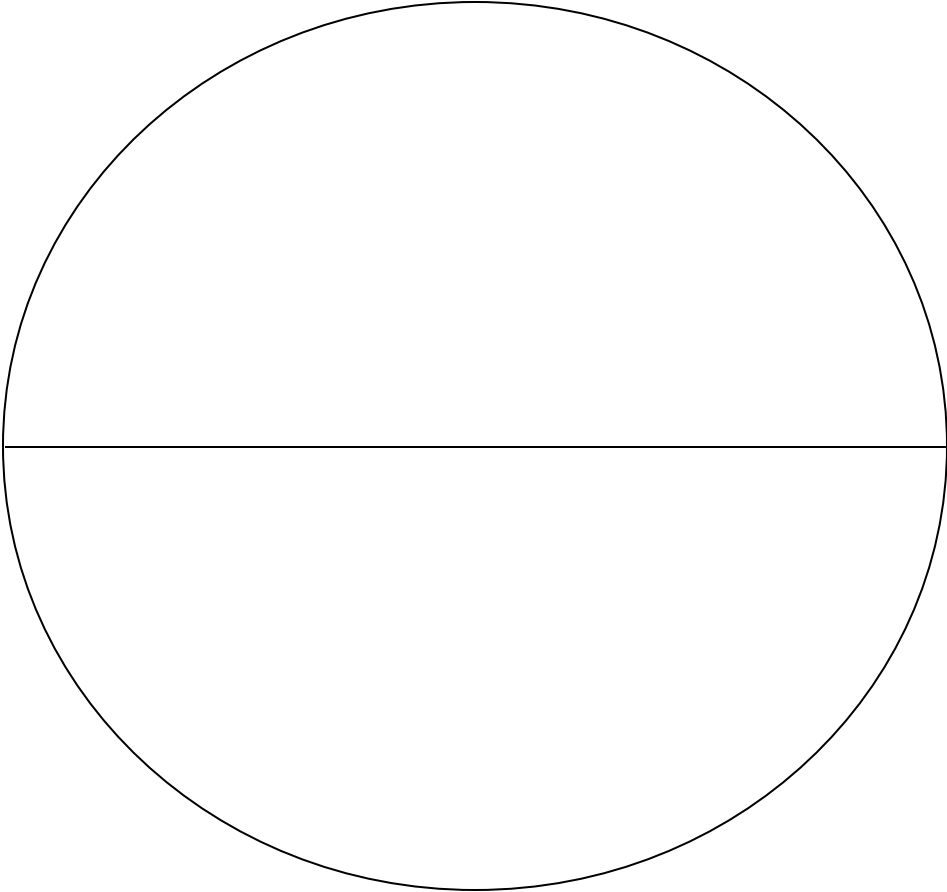
Ask God to search your heart and help you to see any sin that you need to repent of. Allow His will to be done in your life to walk in the Spirit. Put a "fruit" on the chart when you obey the rules of your home that day.

Below, list five rules at your home that you struggle to obey.

	SUN	MON	TUES	WEDS	THUR	FRI	SAT
1.							
2.							
3.							
4.							
5.							

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law." Galatians 5:22-23



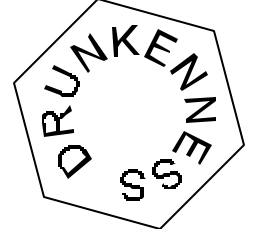
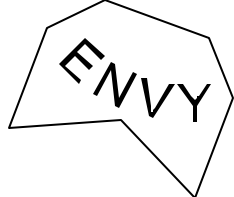
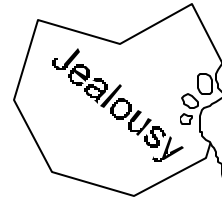
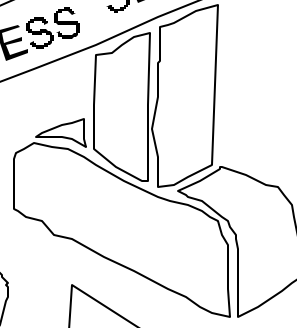
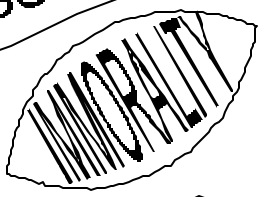


Walk in the Spirit

Just as a gymnast cannot walk with one foot on the beam and one foot off,
we cannot be walking in the Spirit and sinning at the same time.

Pick one day this week to think about your thoughts and actions. When you catch yourself walking in the flesh, color one of the feet in the border black. When the day is over, look at how you did.

When you are walking in the flesh, you are not walking in the Spirit. There is no in-between!



FRUIT OF THE SPIRIT HOP

The playing of this game can be varied to allow students of different ages and abilities.

Variations:

1. In turn, have the students say Galatians 5:22-23 while jumping from one square to the next as they say each fruit. If they go out of order, they must go to the back of the line. If they are correct, they get a small fruit snack.
2. Play as described above, but this time hopping only on one foot. If they go out of order or fall, they go to the back of the line.
3. Have the students toss a beanbag onto a square before they begin their turn. When they get to that square, they must give an example of how the fruit of the Spirit is shown in this way. (i.e., "When I am walking in the Spirit, I have PATIENCE even when I have to wait a long time for my turn.")

USE CHALK ON BLACKTOP TO MAKE SQUARES FOR GAME
(Squares should be 12" square for K-2 and 18" for 3-6).

Finish		
PEACE	Faithfulness	Kindness
Goodness	Self-Control	LOVE
JOY	Patience	Gentleness
		Start "But the fruit of the Spirit is..."