

January 24, 1999

1st - 6th Grades

Israel's Suffering in Egypt

Exodus 1 - 2

1EXO01

Exodus



Materials I Need:

Legend:



= Option 1, Appropriate for 1st – 2nd Grade



= Option 2, Appropriate for 3rd – 6th Grade

Memory Work:

“God heard their groaning and He remembered His covenant with Abraham, with Isaac and with Jacob.” Exodus 2:24

Aim Questions:

1. How many years had passed since Jacob and his family first entered the land of Egypt? (Genesis. 15:13-16)
2. How many family members were there when they entered Egypt, and how many did the nation of Israel have when they left Egypt?
3. What were the strategies of the Egyptian king to curb the population and spirit of the Hebrews? Did they work? Why or why not?
4. What do you think Moses' mother and sister had in mind when they sent Moses down the Nile River?
5. Who found Moses? Do you think this was merely a coincidence or was God in it? Explain.
6. What caused Moses to flee Egypt?
7. What did Moses do for the next 40 years, and where was he?

 Hook:



Exodus: Looking for “The Way Out” (Game/Craft). The Greek translation of the Hebrew word literally means “a way out.” The book of Exodus is about the exit of the nation of Israel out of Egypt. Bring in mazes or Labyrinth-type games to play during this time, or make your own. It might be fun to allow the older children to make their own. A sample has been provided for you to see on the craft shelf. Using a shoebox lid and rounded toothpicks for the maze, lay out your pattern first. The toothpicks can be broken into smaller pieces to fit into the design of the maze. Once you have completed the design, then go back and glue down the toothpicks. After these have dried in place, you can use a gumball, malted milk ball or marble to move through the maze. The book of Exodus will reveal many of the obstacles which hindered the Israelites in making their “way out” of Egypt.



Nile River Mural (Craft/Class Project). Have the class together draw a mural of the Nile River. What would you find along the river? You might see pyramids, elaborate Egyptian temples, the palace of the Pharaoh, palm trees, grass people, animals drinking, etc. Today we will hear the amazing adventure of Baby Moses and God's sovereign plan for him to grow up and become the man chosen to lead the Israelites out of their bondage in Egypt. Make this mural approximately eight feet long, using butcher paper which has been taped to the wall. This mural can be used for a Bible drill during the LOOK time (see LOOK activities).

- Abraham Pictorial Review (*Review Worksheet*)**. Using the pictures on **1EXO01.GF1 Pgs. 1&2**, color and cut them apart. Now take turns trying to put them in order and to explain the events leading up to slavery for the Israelites in Egypt. Once the child has the pictures in order, they can then paste them down permanently on a piece of construction paper.
- Basket Weaving (*Craft Preparation*)**. Look ahead to the LOOK activity craft, **1EXO01.GF7 Pgs. 1&2**. This craft will take some time to complete, and you may want to begin part of it during the HOOK time. During the HOOK time you could color, cut and weave the promises of God into the sides of the basket. This would be a good time to review God's promises to Abraham from Genesis. Because of that covenant, God heard the cries of His people, sent Moses to deliver them out of Egypt and set them on their way to the Promised Land.
- Adopted! (*Discussion*)**. What does it mean when we say that a child is adopted? Are there any students in the class who are adopted? Do any students have a family member or close friend who is adopted? How was it arranged to bring these children and their parents together? Did you know that adoption took place as long ago as the second book of the Bible? The main character (and the author) of the book we are about to study was adopted. In today's lesson, we will learn how his adoption was arranged - not at all the way we might expect!
- Will it Float? (*Activity*)**. Preparation: Bring a pot or large bowl to be filled with water. Bring some small items to test for buoyancy, such as a rock, golf ball, tennis ball, wooden block, Kleenex, pencil, magnet, grape, raisin, rubber band, piece of chalk, plastic army man, bar of soap, hairpin, etc. Also, bring a small basket. Demonstration: Hold up each item, and have the students predict whether it will sink or float. Test each one. After all the other items, hold up the basket, ask if it will sink or float, but don't test it. Tell the class to listen to the Bible Adventure and find out the answer. (An easier version of this activity would be just to predict whether a list of items would sink or float without testing. "Basket" would conclude the list).



Book:

Presentation Ideas -

- Israel's Suffering in Egypt (*Illustration/Overhead*)**. Exodus 1:12-14, **1EXO01.GF2**.
- Moses in the Bulrushes (*Illustration/Overhead*)**. Exodus 2:3-8, **1EXO01.GF3**.
- Moses and the Seven Daughters (*Illustration/Overhead*)**. Exodus 2:16-19, **1EXO01.GF4**.
- A Mother's Sorrow Turned to Joy (*Role-play*)**. Try telling the Bible Adventure from the perspective of Jochabed, the mother of Moses, who put him in the basket and sent him floating down the Nile.
- Israel Becomes a Nation (*Worksheet*)**. God blessed the children of Israel. They were fruitful in Egypt and became a nation of over 2 1/2 million people in 430 years. Is this hard to believe? Well, multiplication is an amazing thing, **1EXO01.GF5**.
- From Egypt to Midian (*Map*)**. Show the places where today's story takes place. Review how the family of Israel came from the land of Canaan to Egypt. Show Goshen, the section of Egypt where the people of Israel lived and grew into a nation. Note the cities of Pithom and Rameses which were built by Hebrew slaves. Follow Moses to the land of Midian, **1EXO01.GF6**.

Bible Adventure -

In the book of Genesis, we learn of a very special promise God made to His servant Abraham. God promised to make of him a very great nation. As you read through Genesis, you follow the story of Abraham, his children, grandchildren, great grandchildren and so on. You see the faithfulness of God as He kept His promise to Abraham alive through the man's descendants.

Toward the end of Genesis we learned of Joseph, sold into slavery by his own brothers and taken to far-away Egypt, where God eventually placed him in a very important position. Joseph was able to save his father and brothers from starving to death in a famine that gripped their own land. The Pharaoh of Egypt told Joseph to bring his family there to live. So they came--Jacob and seventy of his relatives.

They settled in Egypt and for the next four hundred thirty years, those seventy people multiplied into over two and a half million people! Their story is recorded in the book of Exodus. The word Exodus means "a way out." Stayed tuned in the weeks to come and discover with us why the book bears that name. Now, because so many years had passed, the king of Egypt at that time had not heard about Joseph and all the good things he had done for the country. All he knew was that these Israelites were becoming stronger and greater in number every year. He and some other Egyptians became fearful about the Israelites. They began to plan ways to stop the growth of Israel. If they didn't stop them, the Egyptians thought, there would be more and more of them and if a war ever broke out, they might go join their enemies and fight against them!

The king and his friends made slaves of the Israelites and put slave masters over them. They made them build great cities in which to store Egypt's food and other goods. Even though they were slaves, they still continued to multiply. So the Egyptians worked them even harder, and made life very difficult for the Israelites. Then the king of Egypt did something horrible. He went to the Israelite midwives (the women who delivered all the babies) and told them that they must take every baby boy born to an Israelite woman and kill him. If it was a girl baby it could be allowed to live. The king thought to slow down the growth of Israel in this way, and possibly get rid of any boy who could grow into a man and fight against him later. Did the midwives do this? No. You see, they feared God more than the king of Egypt. They knew God would not be pleased with such a plan. They let all the baby boys live. The king was angry when he found out, but the midwives told him that the women would have their babies before the midwife arrived. The king decided that he would tell all his people that every Israelite baby that was born, if it was a boy, should be thrown into the Nile River to drown.

About this time, an Israelite couple gave birth to a baby boy. They knew what the king of Egypt had ordered, so they kept their son hidden for three months. It was getting harder and harder to keep him hidden, so the couple got a basket and coated it with tar and pitch so water could not leak into it. The woman placed her baby in it and left it along the banks of the river. The baby's older sister watched from a distance, to see what would happen.

After a time the king's own daughter came along to bathe at the river. Her eye caught sight of the basket, and she sent a slave to get it. How surprised she was to find a baby inside! She knew the baby was an Israelite, and felt sorry for it because it was crying. The baby's sister came near and asked if she should go get one of the Israelite women to come and nurse the baby for Pharaoh's daughter. Guess who the sister went to get? She returned with the baby's real mother, who took it home with her and took care of it until it was a little older. Then she took the baby back to Pharaoh's daughter, who made the boy her son and named him Moses. Moses grew up having all the advantages of being part of a royal family, including a good education, but he never forgot he was an Israelite.

Years later, when Moses was grown, he went out to watch the other Israelites as they did their slave labor. He saw one of the Egyptians beating an Israelite. Moses was so angry he killed the Egyptian and buried his body in the sand. The next day, when he went out, he saw two Israelites fighting. He asked one of them why he was hitting a fellow Israelite. Basically, the man asked what business it was of Moses', and asked him if he was going to kill him too, as he had killed the Egyptian. Moses was frightened to realize that someone had seen him commit murder.

Pharaoh heard what Moses had done and tried to kill him, so Moses ran away to the land of Midian. As he sat down by a well, seven sisters came to get water for their father's flocks. Some shepherds also came and chased the women away from the well, but Moses came to their rescue and made sure they got the water they needed. When they returned to their father and told him what Moses had done, he insisted that they go and invite the man to eat with them. Moses was invited to stay, and ended up marrying one of the daughters, Zipporah. They had a son together whom they named Gershom.

Forty years passed, and the king of Egypt died. God's people had lived a horrible forty years under slavery. They cried out to God for help, and He heard them. He remembered the covenant he had made with Abraham, Isaac, and Jacob. He had not forgotten His promise to make a great nation of

them. Even though the Israelites had spent those years in slavery, God was still working out his sovereign plan for them. Hundreds of years before, God had revealed to Abraham that the Israelites would be captive slaves for over four hundred years. It had happened just as God predicted. Even in those difficult years God had not abandoned His people. Perhaps if the Israelites had remembered God's promise to Abraham, their years of slavery would not have been as hard for them to bear. They could have been comforted in knowing that God was ready to help them. This is a great truth for us to remember, too. When we are in the middle of trouble, we should cry out to God because he not only will hear us, but will always act for our good. ("He listens to the godly man who does his will." John 9:31). The Psalms are full of God's promises to help His children when they cry out to Him. (Psalm 5:2; 9:12; 17:1; 18:6; 27:7; 28:2; 34:15,17; 39:12; 40:1; 57:2; 61:1; 72:12; 77:1; 86:3; 88:2; 102:1; 106:44; 119:47,169; 142:1,6; 145:19; 147:9).

When we cry out to God we are admitting to Him that we need Him and that we have no power to help ourselves. It is a step of faith, not a demand that He do what we want. It is saying to God, "We desperately need your help or we're not going to make it." When God's people cry out to Him as the people who wrote the Psalms cried out to Him for help, it shows we trust Him and brings glory and honor to our God. Do you trust Him to answer? The promises God has made to us in His Word are as good as God is God. Because God never lies, we know His promises will always be fulfilled.



Look:



Basket Weaving (Craft). This craft may take some extra time to complete, and might need to be started during the HOOK time. See **1EXO01.GF7 Pgs. 1&2** for a diagram, and be sure to view the sample so that you have a clear understanding as to how to assemble this craft before the children arrive. Try making one up yourself at home so that you can determine the best way to put it all together.



Baby in a Basket (Craft).

Materials: One copy of **1EXO01.GF8** printed on cardstock for each student.
One Kleenex for each student.
Several pieces of yarn (2 to 3 ft) for each student - tie together as needed.
Scissors

Directions:

1. Cut around the outside of this "basket," and cut out baby Moses.
2. Fold the side pieces up all around.
3. "Weave" the sides of the basket several times around with yarn.
4. Wrap baby Moses in a Kleenex "blanket" and lay him in the basket.



Operation: Hebrew Control (Worksheet). Look up the verses given. Fill in the missing information, **1EXO01.GF9**.



God Prepares Moses (Draw/Discussion). Draw Moses as a Hebrew baby, an Egyptian prince, and as a shepherd in Midian. Discuss how God might have used each stage in Moses' life to prepare him for the task of leading his people? When do you think he first learned about the true God? **1EXO01.GF10**.



Moving Moses Down The Nile (Question/Answer Game). Play this game with at least four teams. Make one copy of **1EXO01.GF8** (baby in a basket) for each team. The playing board is the Nile River Mural made during the HOOK Time activities. This river mural should be divided up into 5-8 sections. This can be done with a marker or a strip of masking tape. If you did not make a mural during the HOOK time, simply tape up a piece of butcher paper approximately 8 feet long on the wall, and draw a quick river on it. The teacher asks the first team a question to review the Bible Adventure or any other Bible review question appropriate to the abilities of the students. If team #1 answers the question correctly, they can then move their Moses into the next section of the river. If they answered incorrectly, their basket remains stagnant in the river, and the question goes on to the next team. The game ends when a team moves their baby Moses all the way to the end of the

river. Teachers, be ready with a long list of questions. You may want to throw in a speed drill to open up the opportunity to move ahead to the first team with the answer.

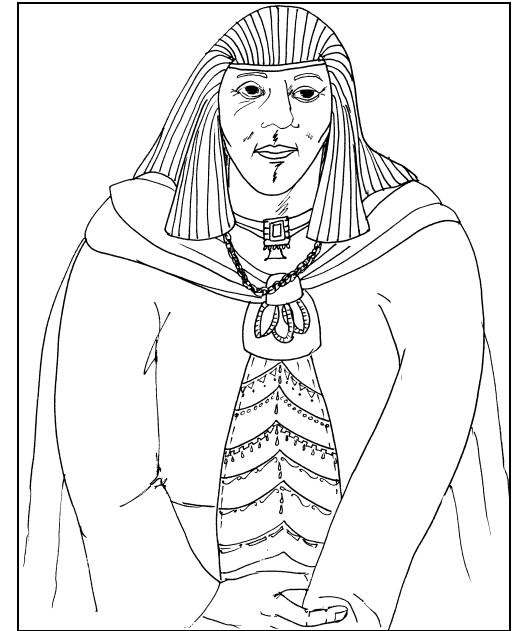
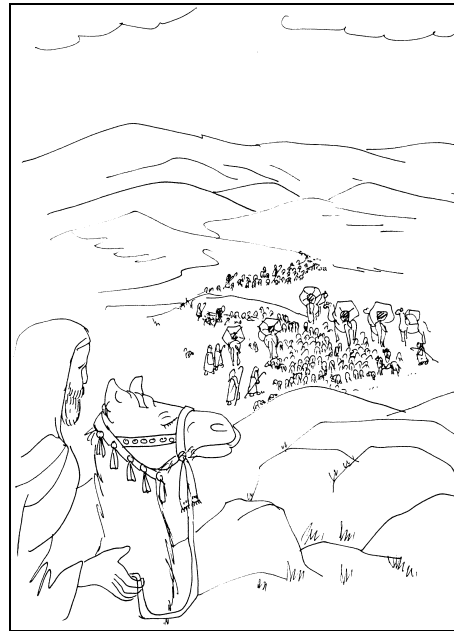
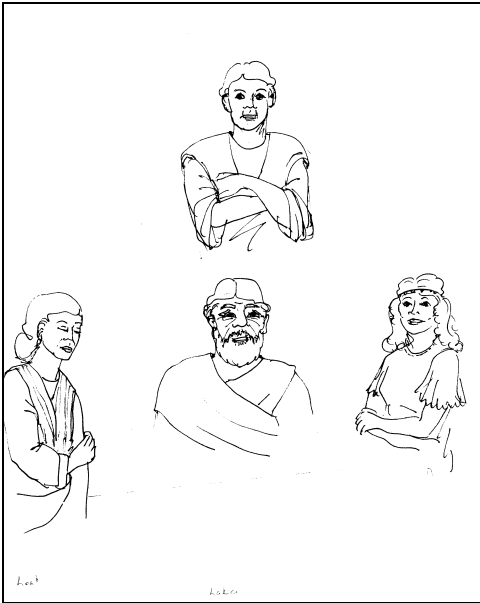
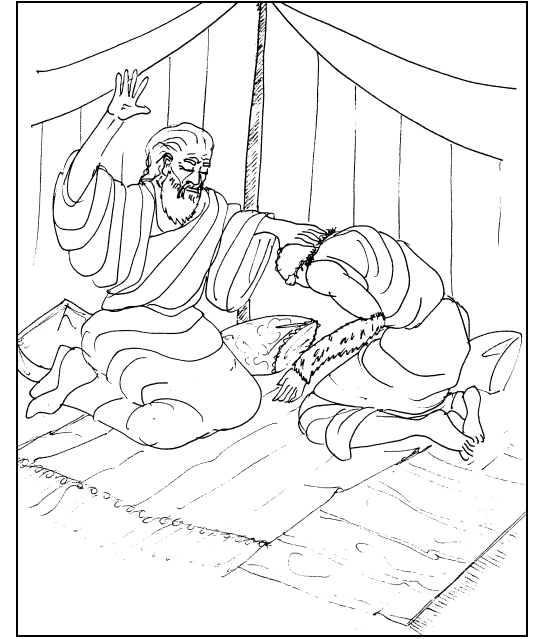
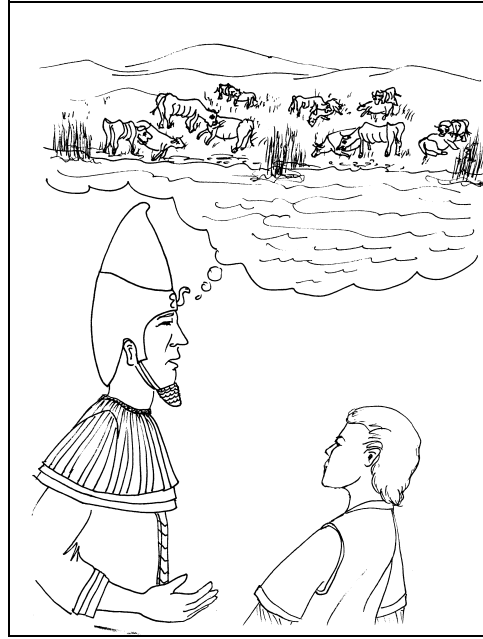
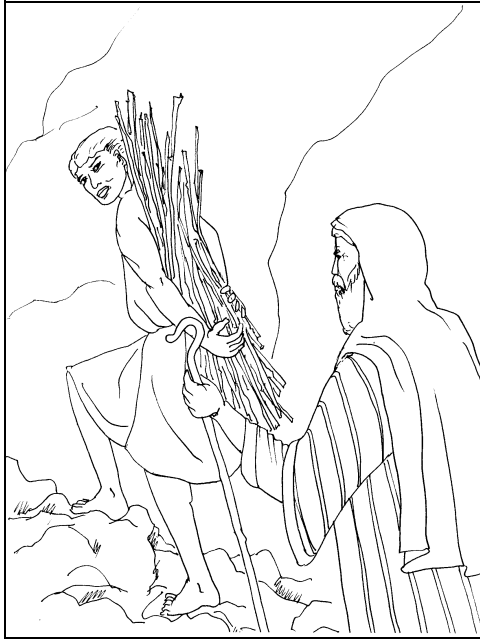


Took:

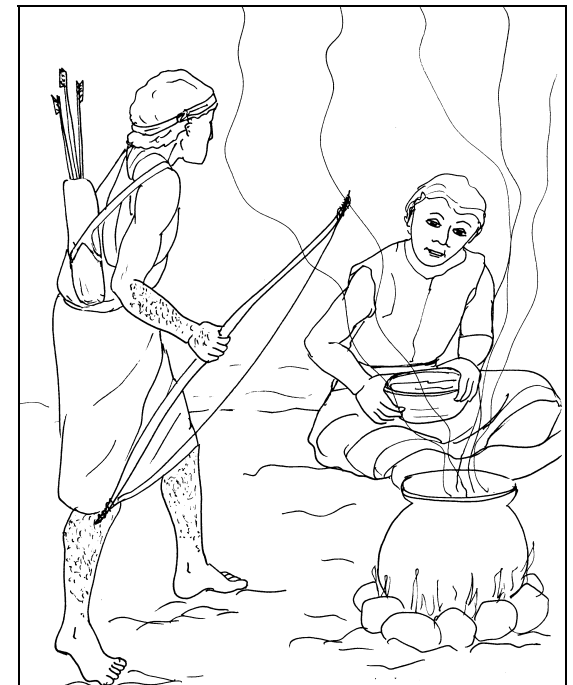
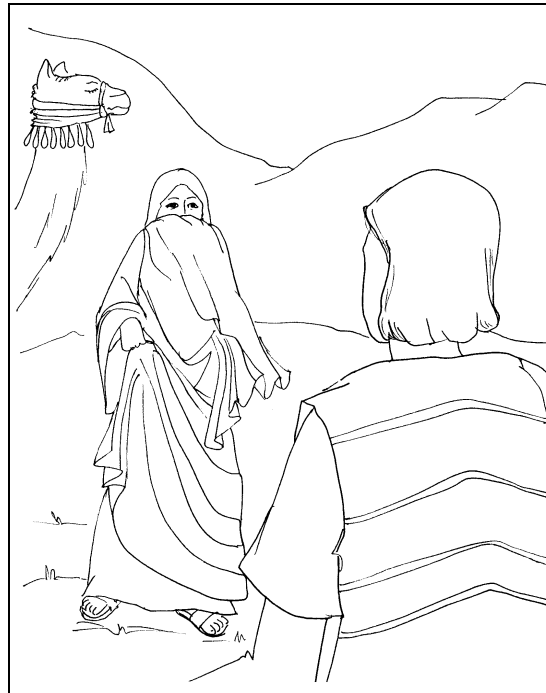
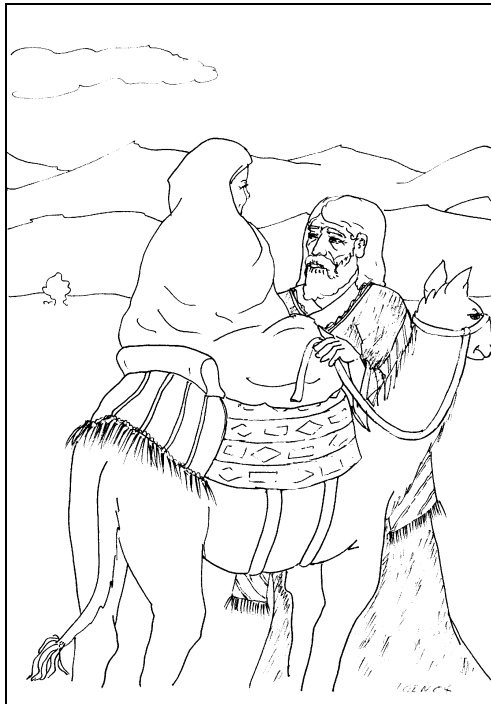
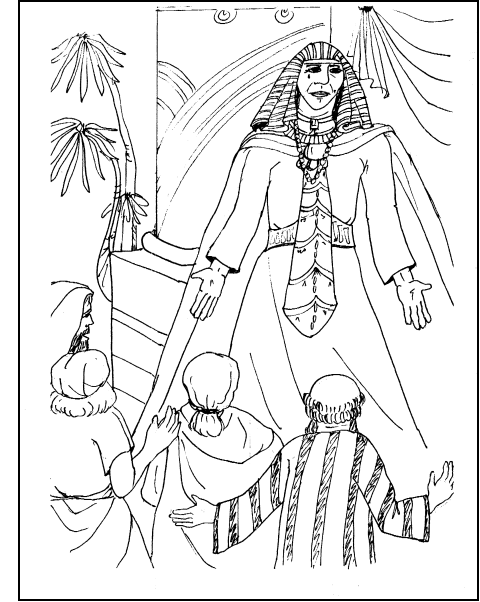
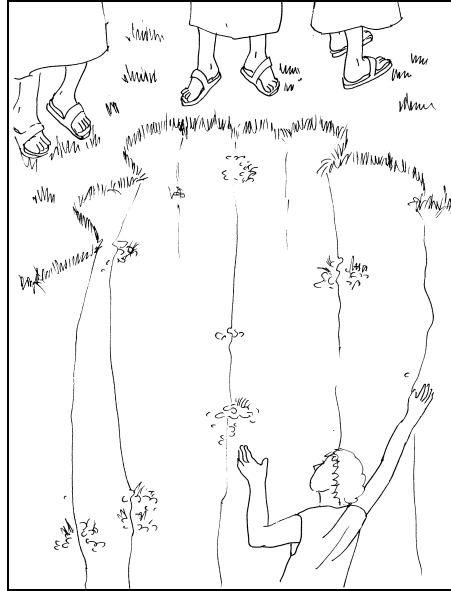
- Play the Exodus Game (Board Game).** This board game is available for the kids to play throughout the Book of Exodus. You may want to request several for your classroom. These are designed for fun fill-in times, reinforcing the major events in the book of Exodus, and teaching them the route taken to the Promised Land. If you bring this game out each week, the children will probably become bored with it. It is recommended as something that you allow them to play once in a while as a review to some of the passages studied.
- God Hears Our Cries (Prayer Journal).** Each student will need **1EXO01.GF11** to take home and use during the week as they pray. Encourage them to look up the Psalm passage each day before they start their prayer time. Spaces have been given for the child to record their prayer requests, as well as descriptions of God's answers to those prayers. Time could be spent within the small group to color these and discuss some of the things the kids might be praying for this week.
- Reviewing God's Promises (Discussion /Scripture Review).** A list of God's promises was included during our study in Genesis chapter 28 where God fulfilled His promise to Jacob. Another copy has been included with this lesson for review, **1EXO01.GF12**. When we are in the midst of struggles and trials, just like the Israelites, we too can and should turn to the promises that God has made to His children in His Word. Those promises are as good as God is God. And because God never lies, His promises will always be fulfilled.
- God Cares (Worksheet).** Study Exodus 2:24,25, and answer the questions below. Memorize verse 24, **1EXO01.GF13**.
- First & Second Commandment (Memory Work/Discussion).** There are two ways in which **1EXO01.GF14 Pgs. 1-12** can be utilized. All of the Ten Commandments may be displayed at once or they may be posted progressively with each lesson. To assemble, cut out the shape on title pages 1 and 2 on all sides. On pages 3-12 cut sides and bottoms only, leaving the top sections intact so that it may be slipped under the bottom of the previous page and secured either with tape or glue. This may be mounted directly on the wall or placed on butcher paper for ease of handling. Add one commandment each week throughout the study of Exodus. Use this in conjunction with the Ten Commandments Family Take Home Sheets and magnet collection below. **Debrief:** In a future lesson from the book of Exodus, we will learn about how God gave His people the Ten Commandments. Do the students know some of them? We will learn one commandment each week while we are in the book of Exodus (except this week we will learn two). Memorize the first and second commandment this week, **"You shall have no other gods before Me"** and **"You shall not make for yourself an idol."** Why do you suppose God put this one first? In the days of Exodus, the Israelites were tempted to worship the false gods of Egypt and other nations around them, especially when they were suffering and God seemed to be doing nothing. What are the temptations we must resist today in order to keep this commandment? What are some of today's "false gods?" Moses was given signs to perform that showed the power and authority of the true God who sent him. Can idols do these things? The Egyptians worshiped Pharaoh as a god. You might say he was a living idol. Did he have the power of the God named "I AM"?
- Ten Commandments (Family Take Home Sheet/Magnet Collection).** We are going to be using the Ten Commandments as a learning incentive for the students throughout the book of Exodus. Each week students will have the opportunity to earn a Ten Commandment magnet upon completion of the Ten Commandment Family Take Home Sheet. These take home sheets will be included with the Family Fun Sheets and will also be available at the resource table. These are to be done with their parents, signed and returned each week in order to receive their magnet. *(Teachers, please be sensitive to each student's individual needs in regard to their home situation. You may need to make yourself available to some students so that they may be able to participate*

in this.) Each take home sheet will emphasize a personal application of that week's commandment.

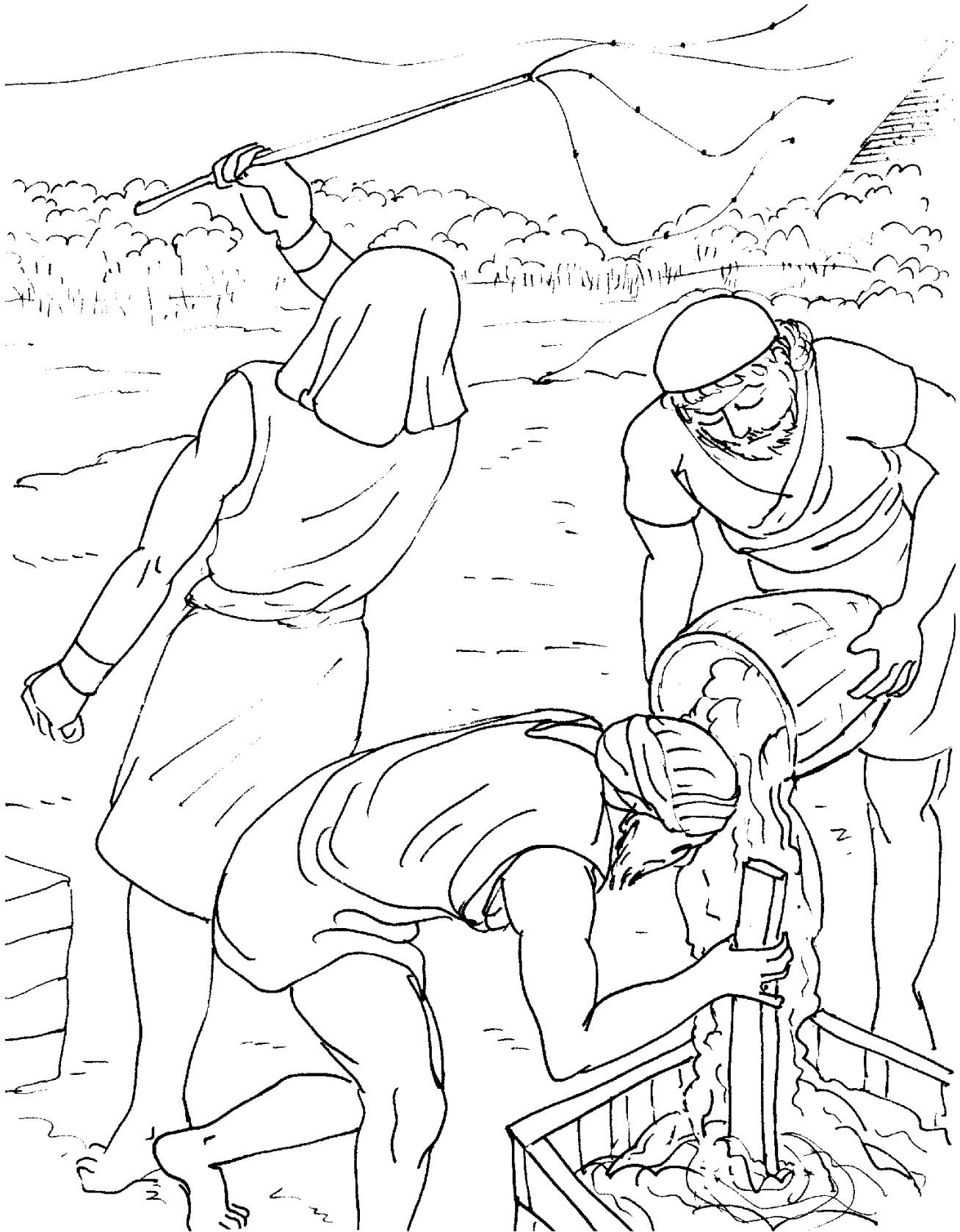
Abraham Pictorial Review



Abraham Pictorial Review



Israel's Suffering in Egypt



Moses in the Bulrushes



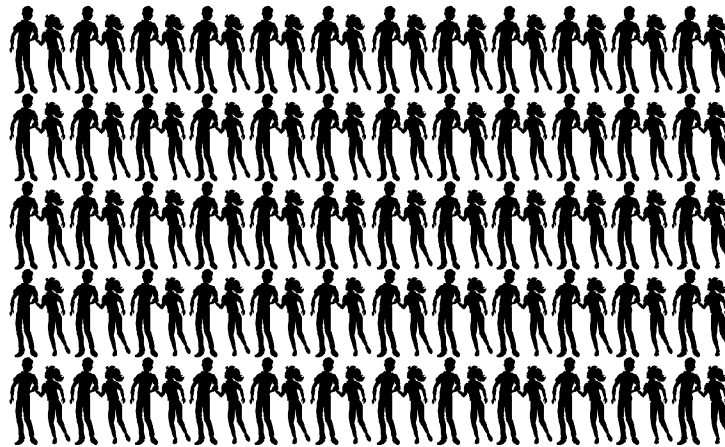
Moses and the Seven Daughters



Israel Becomes a Nation

God blessed the children of Israel. They were fruitful in Egypt and became a nation of over 2 1/2 million people in 430 years. Is this hard to believe? Well, multiplication is an amazing thing.

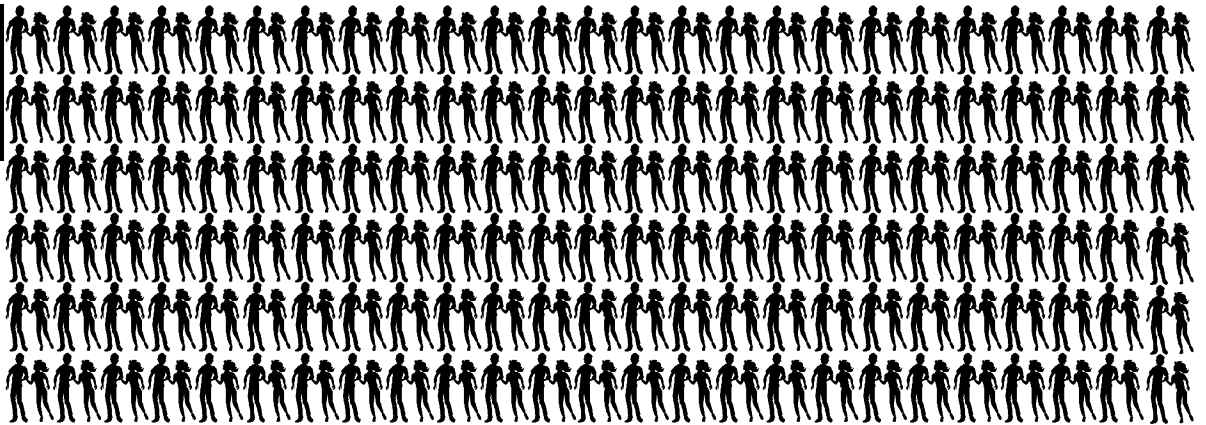
Let's begin with the 12 sons of Jacob (and their wives). If each couple had 5 children, there would have been 60 kids in the next generation. (We know there were 51 sons - Genesis 46.) Some of these were born in Canaan and traveled to Egypt with their parents.



First Generation
60

If we estimate one generation every 33 years, there would have been 13 generations in 430 years.

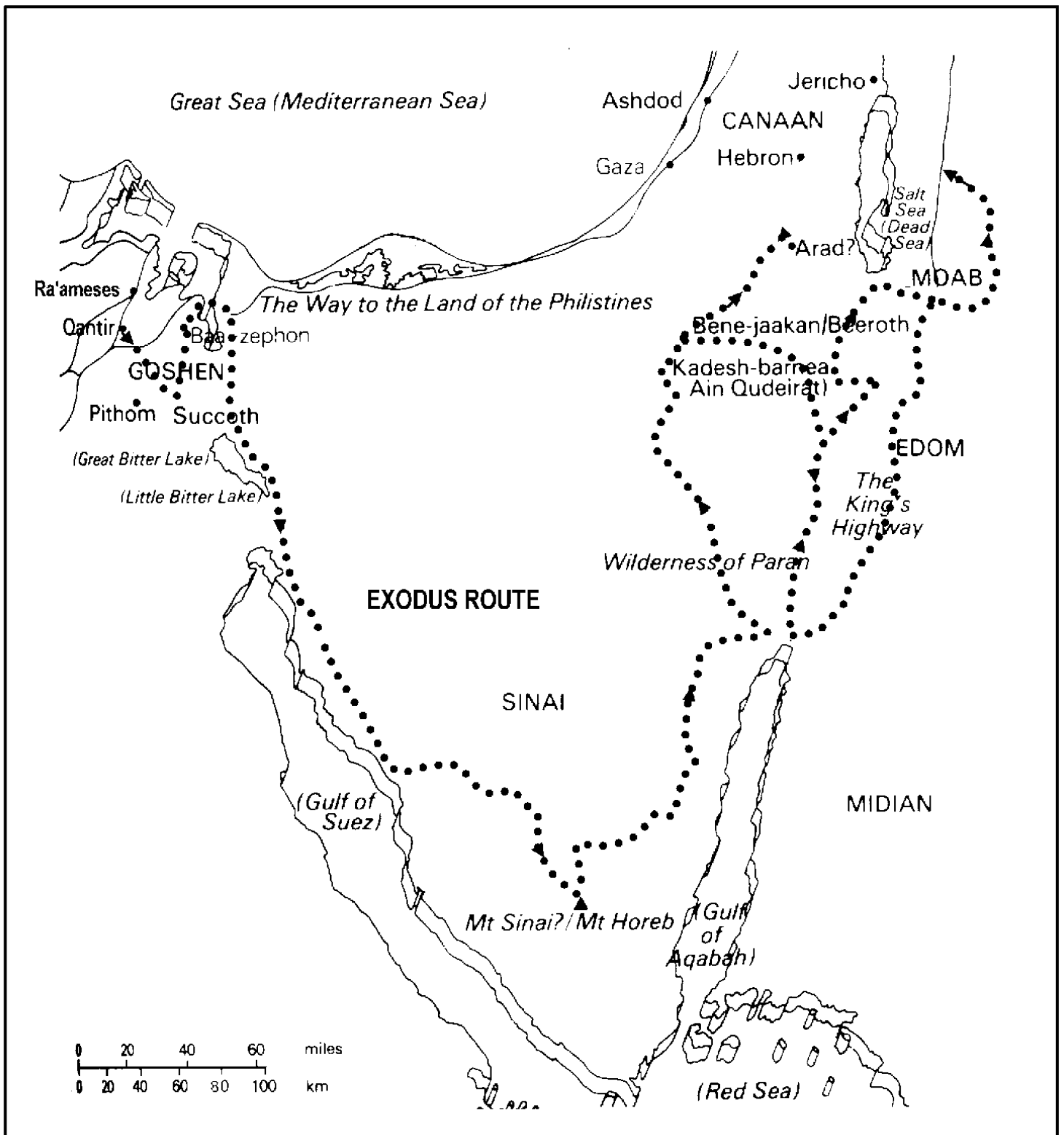
Second Generation
150



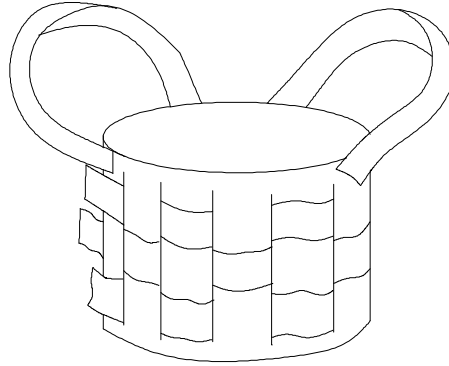
If each couple had an average of 5 children who grew to have children, the people would have multiplied like this...

	Third Generation 375	Fourth Generation 937	Fifth Generation 2,342	Sixth Generation 5,855	Seventh Generation 14,637
Eighth Generation 36,592	Ninth Generation 91,480	Tenth Generation 228,700	Eleventh Generation 571,750	Twelfth Generation 1,429,375	Thirteenth Generation 3,573,437!!!

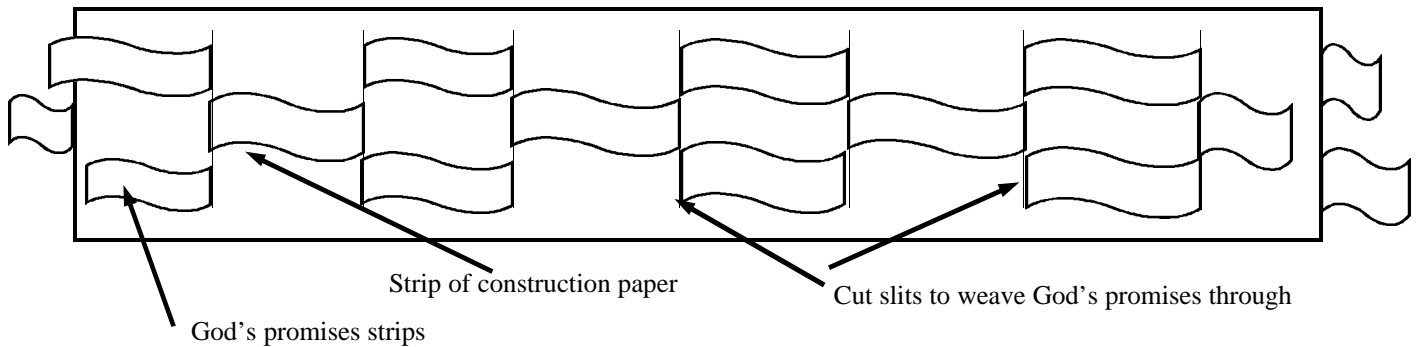
From Egypt to Midian



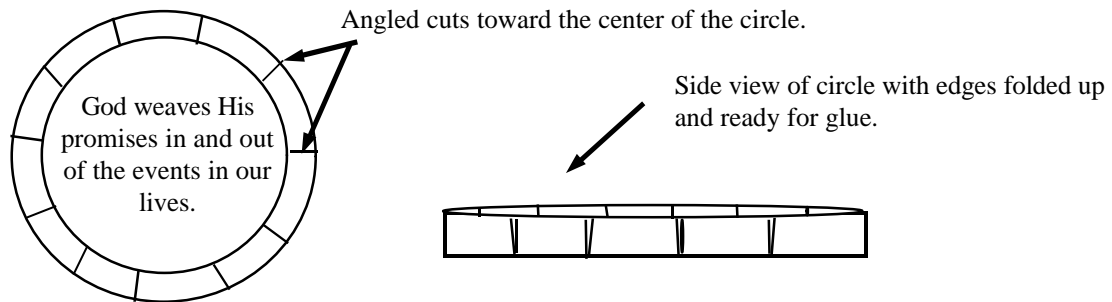
Basket Weaving Craft



1. Cut slits as indicated on long strips of construction paper.
2. Cut God's promises into strips, **1EXO01.GF8 Pg2**.
3. Each student will need to weave 3 strips in and out of the long piece of construction paper.



4. To construct the bottom of the basket make short angled cuts toward the center of the circle of construction paper to allow the edge to be folded up.



5. Put dabs of glue on the outside of these tabs around the circle.
6. With the message in the bottom of the basket, wrap the long woven piece around the round bottom, securing the bottom inside with the glue.
7. Attach edges of the woven strip to each other with glue or tape.
8. The basic basket is now complete.
9. Attach the handles as shown in diagram at the top of this page. They should lean slightly outward so as to expose the message in the bottom of the basket.

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

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Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

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Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

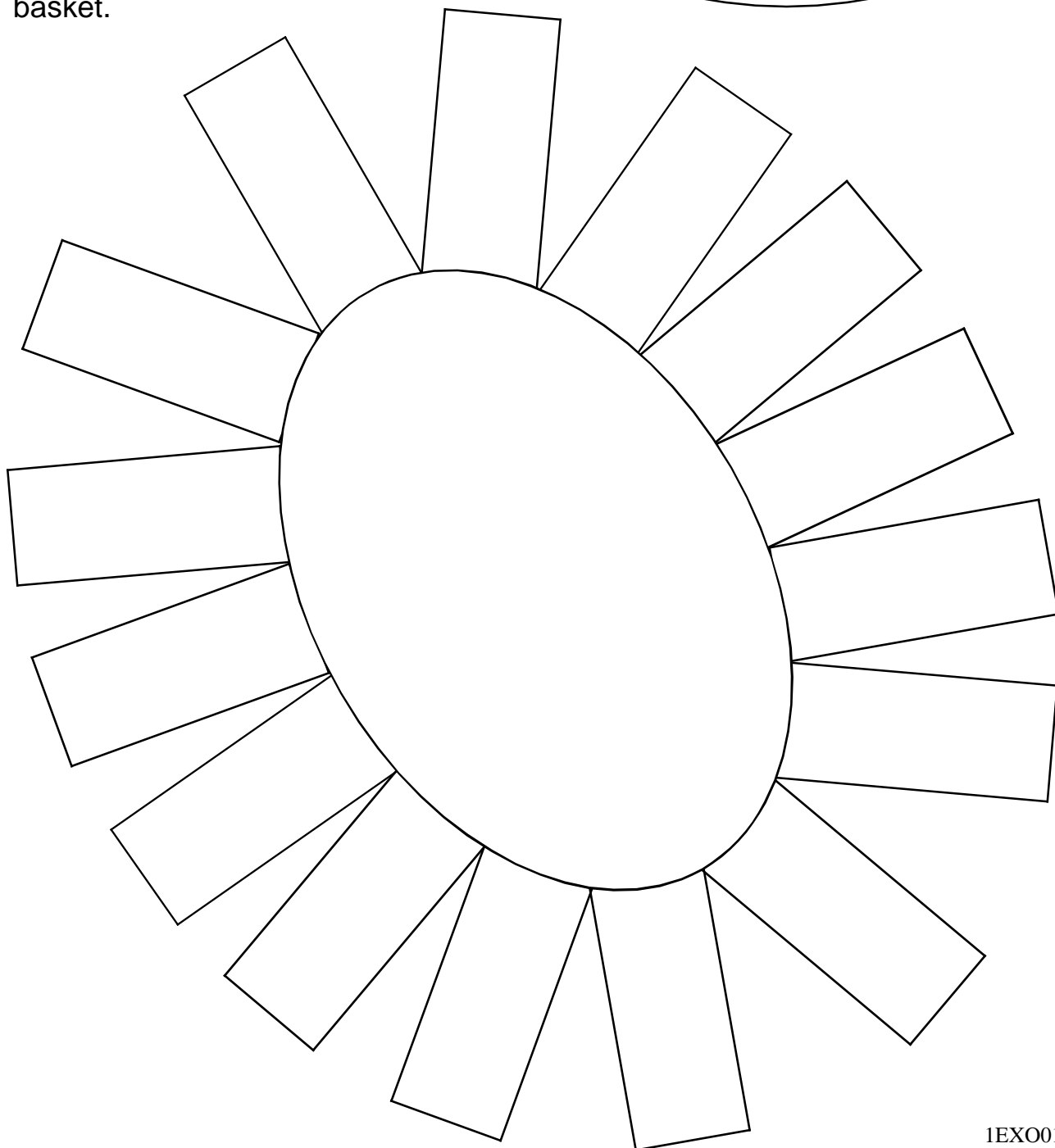
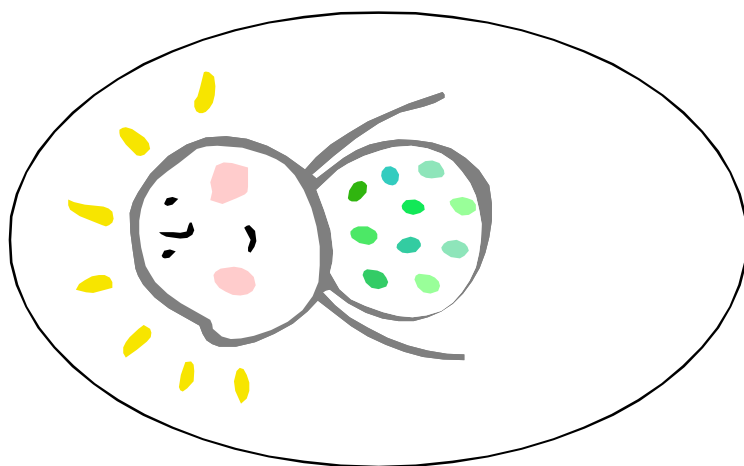
Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Peace  Faithfulness  Salvation  Strength  Forgiveness  Protection  Help  Mercy

Baby in a Basket

1. Cut around the outside of this "basket," and cut out baby Moses.
2. Fold the side pieces up all around.
3. "Weave" the sides of the basket several times around with yarn.
4. Wrap baby Moses in a Kleenex "blanket," and lay him in the basket.



Look up the verses given. Fill in the missing information.



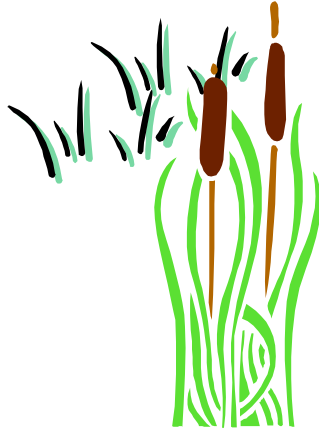
Operation: HEBREW CONTROL

Objective: “The Israelites have become much too numerous for us. Come, we must deal shrewdly with them or they will become even more numerous and, if war breaks out, will join our enemies, fight against us and leave the country.” Exodus 1:9,10

Strategy	Plan	Result (Did the plan work?)
Work them ruthlessly.	Exodus 1:11	Exodus 1:12
Reduce their population.	A. Exodus 1:15,16	Exodus 1:17,20
	B. Exodus 1:22	We know of one boy who escaped. His name was _____!

God Prepares Moses

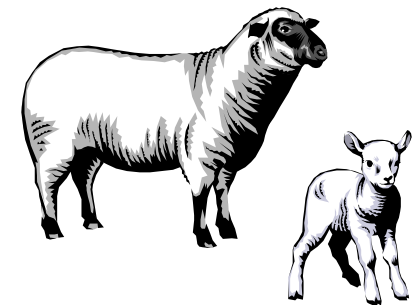
Draw Moses as a Hebrew baby, an Egyptian prince and as a shepherd in Midian. How might God have used each stage in Moses' life to prepare him for the task of leading His people? When do you think he first learned about the true God?



Hebrew Baby



Egyptian Prince



Shepherd in Midian

GOD'S PROMISES

Look up the following verses, and write them below, next to the appropriate promise. Can you find others? If so, list them on the back, and share them with the others in your group. Keep this as a handy reference in your Bible.

John 6:47, II Corinthians 5:17, Psalm 86:5, John 3:16, Romans 8:38-39, John 14:27, Romans 3:22,
I Corinthians 1:9, Hebrews 13:5, Philippians 4:19, Matthew 24:35, Deuteronomy 31:6, I Peter 5:7, Isaiah 41:10,
Romans 8:28

- _____ The stability of His Word
- _____ Mercy and forgiveness
- _____ Companionship
- _____ Righteousness
- _____ His best for you
- _____ Fellowship with Him
- _____ Peace
- _____ He is sufficient
- _____ His care for us
- _____ Strength and courage
- _____ Forgiveness
- _____ Unconditional love
- _____ Eternal life through Christ
- _____ He will be with us
- _____ Nothing can separate us from His love
- _____ New life in Christ Jesus

God Cares

Study this passage, and answer the questions below.

“God heard their groaning and He remembered His covenant with Abraham, with Isaac and with Jacob.”

“So God looked on the Israelites and was concerned about them.” Exodus 2:24,25

What three things did God do? Give one-word answers.

What did God hear? _____

What did He remember? _____

At whom did He look? _____

With what three people had God made His covenant?

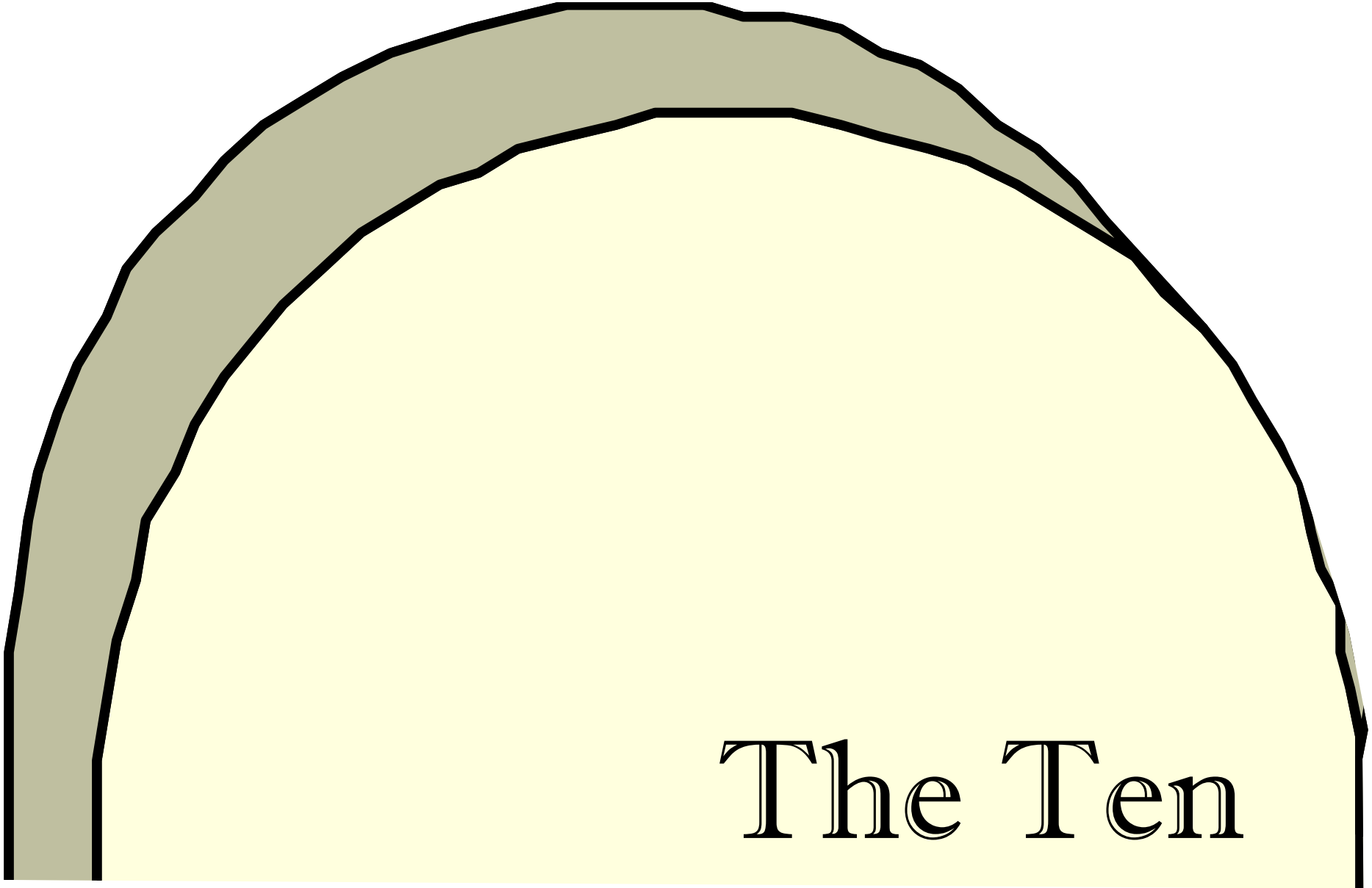
These verses tell us that God was _____.

What concerned Him? _____

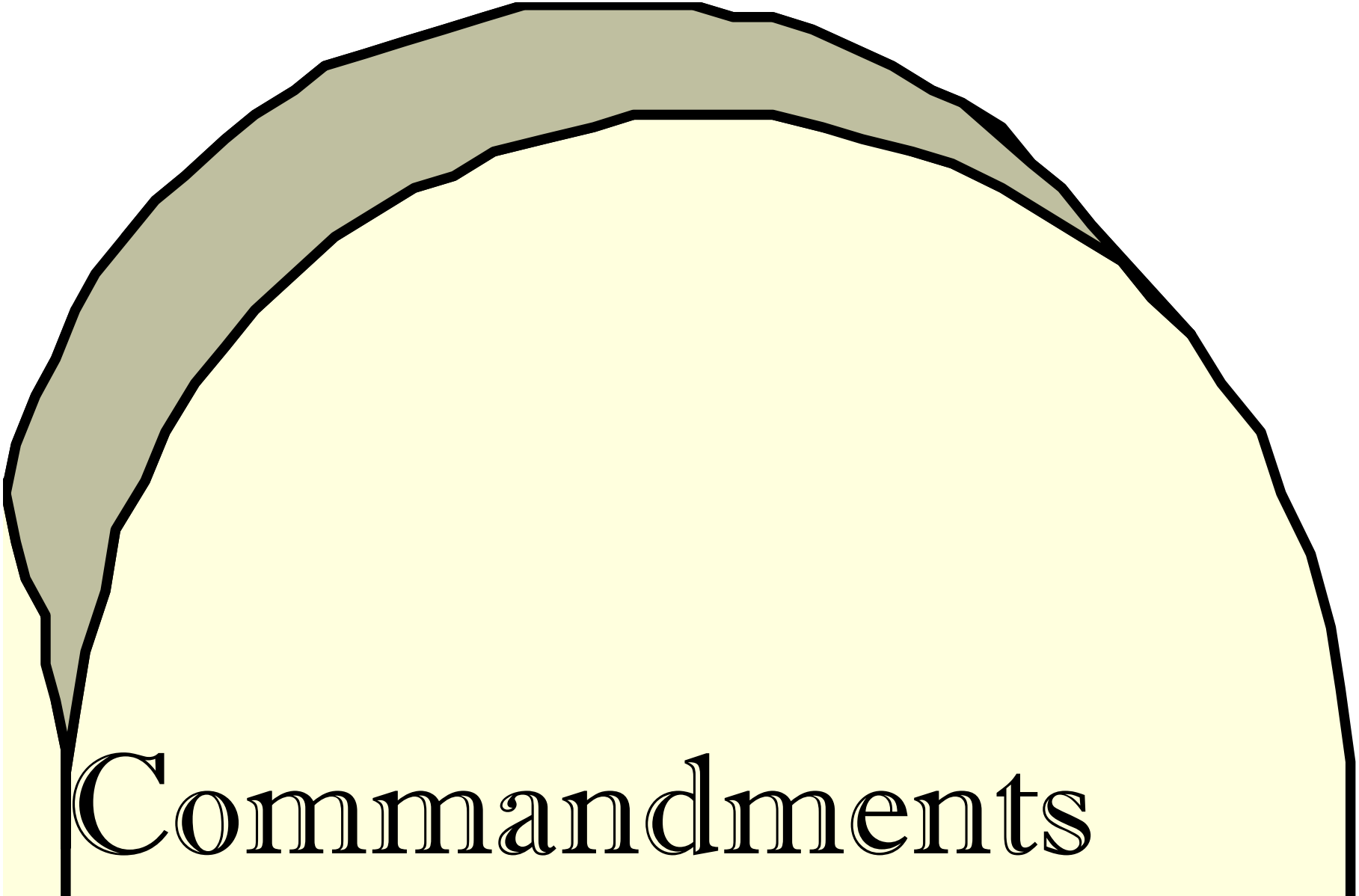
Use one or two words of your own to describe the God of these verses.

Memorize verse 24 (the first section).





The Ten



Commandments

I. You shall have no
other gods before
Me.

II. You shall not
make for yourself an
idol.

III. You shall not
misuse the name of
the Lord your God.

IV. Remember the
Sabbath day by
keeping it holy.

V. Honor your
father and your
mother.

VI. You shall not
murder.

VII. You shall not
commit adultery.

VIII. You shall not
steal.

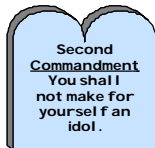
IX. You shall not
give false testimony
against your
neighbor.

X. You shall not
covet anything that
belongs to your
neighbor.



First and Second Commandments

Take-Home Sheet



Name: _____

Parent: This take-home sheet is to be brought back to Bible School next Sunday. You may need to assist your children in understanding the concepts of these verses and how they can apply them to their life. When your child completes each of the applications below, please sign the bottom so that he/she can receive the First and Second Commandment magnets.

- Memorize the 1st and 2nd Commandments and repeat them word for word to your parent.

Exodus 20:3 ~ "You shall have no other gods before Me."

Exodus 20:4 ~ "You shall not make for yourself an idol."

- Share these verses with 3 people who do not know about God. Write the names of those 3 people below.

- List 3 things that you did in order to keep God as your number one priority (most important thing in your life).

- Discuss with your parent what an idol is. Then list below at least 3 of the idols that can tempt you in your life.

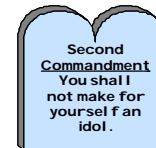
Signature of Parent: _____

Date: _____



First and Second Commandments

Take-Home Sheet



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Signature of Parent: _____

Date: _____